

July 2019

Harmony Hall



Celebrating July

Picnic Month

Tour de France Month

Canada Day

July 1

Independence Day

July 4

Don't Step on a Bee Day

July 10

Yellow Pig Day

July 17

Zookeeper Week

July 21–27

Tell an Old Joke Day

July 24

Lipstick Day

July 29

The Men on the Moon

This year marks the 50th anniversary of NASA's historic Apollo 11 mission. On July 20, 1969, Commander Neil Armstrong and pilot Edwin "Buzz" Aldrin became the first humans to land on the moon. Six hours after landing, they did something even more daring: they set foot on lunar soil and walked on the moon. Armstrong's words captured the enormity of the moment: "That's one small step for a man, one giant leap for mankind." The astronauts became worldwide heroes, and their achievement vaulted them into both the history and science books, making them household names in the process.

The moon landing marked the pinnacle of achievement for a mission born of the Cold War-era "space race" between the United States and the Soviet Union. The mission was broadcast on television, and its importance was not lost on the astronauts involved. Michael Collins manned the command module, while Armstrong and Aldrin descended to the lunar surface in a module dubbed *Eagle*. When the craft touched down on the moon's Sea of Tranquility, Armstrong famously announced, "The Eagle has landed." Typically, in these situations, the junior ranking officer would take responsibility for the spacewalk, while the commander stayed behind. Aldrin had vied for the opportunity to be the first man to walk on the moon, but he well understood the symbolism of the mission's commander being first to set foot on alien soil, even if it meant a change of NASA protocol. For this reason, Armstrong made the first famous "small step." Aldrin was not far behind, however, and his poetic description of the lunar landscape's "magnificent desolation" has become just as memorable.

The two men spent over 21 hours on the moon. They collected samples of rock and dust, and planted an American flag. Aldrin even took Holy Communion. The entire Apollo 11 team safely returned to Earth to much fanfare, but not before they filled out a customs form declaring their place of departure as "Moon."



Music Appreciation

July 3: Music Appreciation with David: TBA

July 10: Music Appreciation with Mike: Felix Mendelssohn Bartholdy : Piano Concerto No. 1
July 17: Music Appreciation with David: TBA.

July 24: Music Appreciation with Mike: Camille Saint Saens: Symphony No.1

July 31: Music Appreciation with Mike: Ludwig van Beethoven's "Creatures of Prometheus."

Opera

July 5: Richard Wagner's "Der Fliegende Hollander;" (" the Flying Dutchman").

July 12: Giuseppe Verdi's "Rigoletto." The Duke of Mantua's court jester swears vengeance on his master with disastrous results.

July 19: Gioachino Rossini's "Le Comte Ory;" ("Count Ory"); a libidinous French Count takes advantage of the absence of the local men to move in on the local women using a variety of disguises.

July 26: "Jonas Kaufmann: An Italian Night."

Broadway Shows

July 6: Lerner and Loewe's " Camelot;" The fabled musical of the life and legend of King Arthur.

July 13: " Fosse" A compendium of musical numbers from shows directed and choreographed by legendary choreographer Bob Fosse

July 20: Leonard Bernstein's "Candide." A young man struggles to maintain his sense of optimism in the face of various troubles.

July 27: " The Wiz the musical." The fable of the Wizard of Oz in a new musical setting.

The Teddy Bears Picnic

On July 10, Teddy Bears Picnic Day, grab a blanket and head outdoors with your favorite plush friend. This holiday stems from a famous two-step melody penned by American composer John Walter Bratton in 1907. The words to the piece did not take shape until 1932 when Irish songwriter Jimmy Kennedy wrote about the fanciful gathering of teddy bears. Kennedy, who lived in Taunton, Somerset, England, is said to have gotten inspiration for the lyrics from a small wood near Stapleton Church in his town. Today, teddy bear picnics are the perfect occasions for kids to cozy up with their plush lovelies. Why are kids so attached to toys like teddy bears? Psychologists explain that these plush toys act as transitional objects for kids to separate from their parents. The cozy, reassuring warmth of a teddy bear helps kids cope when their parents are away. In light of this noble role, teddy bears deserve to be feted with a grand picnic. Of course, parents are invited, too.

July Upcoming Events

July 4th

Cookout Carmella's – 11:00am – 1:00pm

July 5th

Q&A with Debbie, Danny and Terry – 10:30am
2nd Floor

July 18th

Just Bead It – 10:30am 2nd Floor

July 24th

Dr. Lazris Talk – 10:00am 2nd Floor

July 25th

Resident Trip to Barebones – 10:30am Lobby

July 26th

Birthday Party – 2:00pm Lobby

July 30th

Kangaroo Kids – 2:00pm Carmella's

Religious Services & Events:

Tuesdays & Thursdays: Rosary Communion Service - Located in the Parlor at 3:00pm

Sundays: Catholic Communion Service- Parlor at 9:00am

4th Wednesdays: Catholic Mass Services at 2:30- Located in the Parlor

Sundays: Grace Christian Church - Located on 3rd Floor at 11:00am

2nd Sundays: St. John's Baptist Church at 2:30pm - Located on 3rd Floor

2nd and 4th Fridays: Jewish Services with Rabbi Baron at 11:00am - Located in the Parlor

On our updated website you can find the month's activity calendar, newsletter, and movie listings!

www.lorienhealth.com/locations/harmony-hall

Health Concerns

For Questions regarding Audiology, Dental, Eye Care and Podiatry services – please call HEALTHDRIVE AT (888) 964-6681, Option 3. If you want to sign up for any of these services contact Claro or Gimly at ext. 4026/4032.

Thank You

Please do not hesitate to call the Recreation Office at 410-531-6000 x 4022, and we will be happy to sign you up for the events you wish to attend.

The Paperback Revolution

Before 1935, there was no such thing as a quality paperback book. But on July 30 of that year, the very first Penguin books were published in paperback, marking the start of a publishing revolution. In truth, soft-covered dime novels and pulpy tabloid-style books had been around for 100 years or more, but the first respectable paperbacks were the brainchild of publisher Allan Lane. His publishing house was suffering from declining sales, the result of the Great Depression. While on a train trip, Lane was perusing the book kiosks at the station. He was disappointed that he could find nothing worthy to read. It then occurred to him that he could fulfill that need by providing good quality books for the price of a pack of cigarettes. His Penguin imprint sold over three million copies in its first year. For this reason, July 30 is celebrated as Paperback Book Day.

Transportation Trips

1st Monday – Walmart

2nd Monday – Target

3rd Monday – The Dollar Store

**4th Monday – The Mall in Columbia
10:30am to 12:30pm**

Giant

Tuesday at 2pm (1 hour)

Friday at 11:15am (1/2 hour)

- Recreational trips are subject to time changes and cancellations when deemed necessary by Transportation
- If you need to schedule a transportation appointment, ask the Front Desk for more information

Sky-High Ambition



Before becoming a pilot of world renown, Amelia Earhart was a rough and tumble girl who sought adventure wherever she could find it in her small hometown of Atchison, Kansas. She was born on July 24, 1897, to Sam and

Amy Earhart. Amy did not believe in molding her daughters into “good little girls,” but instead dressed them in pants and allowed them to roam the neighborhood with rifles, hunting rats. It was out of this adventurous youth that the aviation hero Amelia Earhart was born.

Earhart’s first encounter with an airplane did not occur until around 1918, when she visited the Canadian National Expedition in Toronto. A World War I flying ace was demonstrating death-defying maneuvers when he spotted Earhart on the ground. In an attempt to fluster her, he dove close overhead, but Earhart stood her ground. It was at this moment that Earhart reported thinking “that the little red airplane said something to me as it swished by.” Two years later, U.S. Army Air Service pilot Frank Hawks gave Earhart a plane ride and rekindled her desire to take up flying. She worked multiple jobs to scrape together enough money for flying lessons. Just two years after her introduction to flying from Hawks, Earhart flew to 14,000 feet, setting a world record for female pilots. It was the first of many records she would set.

After Charles Lindbergh flew solo across the Atlantic in 1927, the stage was set for a woman to complete the same feat. At first, pilot Amy Guest expressed interest, but she ultimately declined, deeming the trip too perilous. It was Earhart who was chosen for the honor, and upon completion of the trans-Atlantic flight with a small team, she was hailed as a national hero. But the allure of crossing the Atlantic solo loomed large, and in 1932, she completed her famous solo Atlantic flight. Five years later, in 1937, Earhart disappeared on her attempted flight around the world, a sad and tragic loss. But Earhart’s legacy continues to inspire adventurers to this day.

July Birthdays

In astrology, those born July 1–22 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes, and are always willing to welcome people into their circle. Those born between July 23–31 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos’ social natures also make them excellent friends.

Thurgood Marshall (Justice) – July 2, 1908
Abigail Van Buren (advice columnist) – July 4, 1918
Tom Hanks (actor) – July 9, 1956
Henry David Thoreau (writer) – July 12, 1817
Roald Amundsen (explorer) – July 16, 1872
Phyllis Diller (comedian) – July 17, 1917
Nelson Mandela (politician) – July 18, 1918
Don Knotts (actor) – July 21, 1924
Walter Payton (football player) – July 25, 1954
Stanley Kubrick (director) – July 26, 1928
Henry Ford (automaker) – July 30, 1863

But Is It Art?



On July 9, 1962, artist Andy Warhol unveiled his exhibit of 32 Campbell’s soup cans at the Ferus Gallery in Los Angeles, California. Each painting depicted a different flavor of the ubiquitous soup. This was Warhol’s first solo exhibition of pop art, but the question remained: was it art? Warhol had often used familiar images from American consumer culture as his subject. His soup cans, unlike the mass-produced soup produced at the Campbell’s factory, were individually painted to look exactly alike, albeit with mechanical precision. The only difference between each canvas was the flavor of the soup. What drew Warhol to Campbell’s? He spoke about how often he used to eat it; he had the same Campbell’s soup for lunch for 20 years. The exhibit caused a mild stir, more due to the novelty of the subject matter than the art itself. Yet over the years, Andy Warhol and Campbell’s Soup have become strange bedfellows, more famous together than alone.