

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 2019					1.Peanut Butter Lover Day 9:45 Stretch 3rd 10:00 Peanut Butter Snack 3rd 10:00 1:1 Fitness 3rd 10:30 Body Balance 2nd 11:00 Peanut Butter Trivia 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages Upon request 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 3:15 1:1 Fitness 3rd 6:00 Bingo 3rd	2. 10:00 Weekend Work Out 2nd 10:30 New Covenant Bible Study 2nd 11:00 Trivia 2nd 1:00 Comfort Visits 3rd 2:00 Afternoon Strings 3rd 6:00 Saturday Night Movie 2nd Please follow directions on television stand

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3. National Anthem Day 9:45 Stretch 2 nd 10:00 National Anthem History and Song 2 nd 10:30 Saint Francis De Sales Catholic Church Service 2 nd 1:00 Comfort Visits 3 rd 1:30 Pets On Wheels W/Snickers 3 rd 2:00 Flag Bingo 3 rd	4. Resident Council 8:00 Coffee Coffee <i>Advance sign up</i> 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Assisted Living Resident Council 2 nd 10:30 Music & Movement 2 nd 11:00 Long Term Care Resident Council 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 4:00 Afternoon Thoughts 1:1 6:00 Evening Social 2 nd	5. Mardi Gras 9:00 Coffee Cart 3 rd 9:45 Stretch 3 rd 10:00 Balloon Toss 3 rd 10:00 Pets On Wheels W/Jack 3 rd 10:30 Stability Stamina 2 nd 10:30 Mardi Gras Nails 3 rd 11:00 1:1 Fitness 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Zumba Chair 2 nd 2:00 Mardi Gras Party with Sax Time 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 3:15 1:1 Fitness 3 rd	6. 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Bible Study 2 nd 10:30 Music & Movement 2 nd 11:00 Ash Wednesday Service 2nd 11:15 Fish Sandwich <i>Advance sign up</i> 11:30 Music Therapy 3 rd 11:30 Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Ice Cream Social 1 st 2:00 Pets On Wheels W/Bethanie 3 rd 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 3:30 Drink Cart 3 rd 4:00 Memory 1:1 6:00 Bingo 3 rd	7. Men's Club Night 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Balloon Toss 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:15 Parachute 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 12:00 Dining Harp Music 1 st 1:00 Hand Massages <i>Upon request</i> 1:30 Zumba Chair 2 nd 2:00 Harp Program 3 rd 3:00 Comfort Visits 3 rd 3:15 1:1 Fitness 3 rd 3:30 Snack Cart 3 rd 4:00 Name That 1:1 6:00 Men's Club with Roy 2 nd	8. Silver Reader Van 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Flower Arranging 3 rd 10:30 Body Balance 2 nd 11:00 Flower Delivery 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Silver Reader Van 1 st 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 1:1 Fitness 3 rd 6:00 Bingo 3 rd	9. 10:00 Weekend Work Out 2 nd 10:30 Heaven Sent Bible Study 2 nd 11:15 Current Event 2 nd 1:00 Comfort Visits 3 rd 2:00 Bingo 3 rd 6:00 Saturday Night Movie 2 nd <i>Please follow directions on television stand</i>
						Turn Your Clocks Forward

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10. Daylight Savings Begins 9:00 Coffee Cart 3 rd 9:10 Saint Margaret Prayer Service 2 nd 10:30 Bingo 3 rd 1:00 Comfort Visits 3 rd 3:00 Mountain Christian Church Service 2 nd	11. 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 St. Patty's Painting 2 nd 10:00 Target <i>Advance sign up</i> 10:30 Music & Movement 2 nd 11:00 Crossword Puzzle 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2 nd 2:00 Ice Cream with Gary 1 st 2:30 Glamour Girls 3 rd 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 4:00 Afternoon Thoughts 1:1 6:00 Evening Social 2 nd	12. 9:00 Coffee Cart 3 rd 9:45 Stretch 3 rd 10:00 Balloon Toss 3 rd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:00 1:1 Fitness 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Zumba Chair 2 nd 2:00 Banjo Jay 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 3:00 Pets On Wheels W/Ava 3 rd 3:15 1:1 Fitness 3 rd	13. 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Bible Study 2 nd 10:00 Pets On Wheels W/Taz 3 rd 10:30 Music & Movement 2 nd 11:15 Pot Roast <i>Advance sign up</i> 11:30 Music Therapy 3 rd 11:30 Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Ice Cream Social 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 3:30 Drink Cart 3 rd 4:00 Memory Game 1:1 6:00 Bingo 3 rd	14. Ask A Question Day 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Balloon Toss 3 rd 10:00 Ask A Question 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:15 Parachute 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Regal Movies <i>Advance sign up</i> 1:30 Zumba Chair 2 nd 2:00 Jazz Guitar 3 rd 3:00 Comfort Visits 3 rd 3:15 1:1 Fitness 3 rd 3:30 Snack Cart 3 rd 4:00 Questions 1:1 6:00 Gospel Music 3 rd	15. Misconception Day 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 St. Patty's Pins 3 rd 10:30 Body Balance 2 nd 11:00 Fact or Fiction 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 1:1 Fitness 3 rd 6:00 True or False Bingo 3 rd	16. Panda Day 10:00 Weekend Work Out 2 nd 10:30 Eternal Joy Bible Study 2 nd 11:00 Panda Painting 2 nd 1:00 Comfort Visits 3 rd 2:00 Variety Show with Mike, Sue and Ron 3 rd 6:00 Saturday Night Movie 2 nd <i>Please follow directions on television stand</i>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17. Saint Patrick's Day 9:10 Saint Margaret Prayer Service 2nd 10:00 Bag Pipe Performance for Saint Patty's Day 3rd 12:00 Irish Lunch for all 1:00 Comfort Visits 3rd 3:00 Emmorton Baptist Church Service 2nd	18. Oatmeal Cookie Day 9:45 Stretch 2nd 10:00 Catholic Communion 2nd 10:00 Dollar Tree <small>Advance sign up</small> 10:00 1:1 Fitness 3rd 10:30 Music & Movement 2nd 11:00 Crossword Puzzle 2nd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <small>Upon request</small> 1:30 Strength Training 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:15 1:1 Fitness 3rd 4:00 Afternoon Thoughts 1:1 6:00 Evening Social With Oatmeal Cookies and Coffee 2nd	19. 9:00 Coffee Cart 3rd 9:45 Stretch 3rd 10:00 Balloon Toss 3rd 10:00 Pets On Wheels w/Jack 3rd 10:30 Stability Stamina 2nd 10:30 Nails 3rd 11:00 1:1 Fitness 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <small>Upon request</small> 1:30 Zumba Chair 2nd 2:00 Accordion Show 3rd 3:00 Comfort Visits 3rd 3:00 Bingo 2nd 3:15 1:1 Fitness 3rd	20. Spring Begins 9:45 Stretch 2nd 10:00 Bible Study 2nd 10:00 1:1 Fitness 3rd 10:30 Music & Movement 2nd 11:15 Chicken Salad <small>Advance sign up</small> 11:30 Music Therapy 3rd 11:30 Spring Time Stories 3rd 1:00 Hand Massages <small>Upon request</small> 1:30 Strength Training 2nd 2:00 Acoustic Visits 3rd 2:00 Ice Cream 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:15 1:1 Fitness 3rd 3:30 Spring Handout 3rd 4:00 Spring Memories 1:1 6:00 Flower Bingo 3rd	21. Balance Test 9:00 Coffee Cart 3rd 9:45 Volleyball 2nd 10:00 Balloon Toss 3rd 10:00 Jeopardy 2nd 10:30 Stability Stamina 2nd 10:30 Nails 3rd 11:15 Parachute 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 12:00 Piano Dining Music 1st 1:00 Balance Test 2nd 1:30 Zumba Chair 2nd 1:30 Scenic Trip <small>Advance sign up</small> 2:00 Paper Spring Flowers 3rd 3:00 Comfort Visits 3rd 3:15 1:1 Fitness 3rd 3:30 Snack Cart 3rd 4:00 Name That 1:1 6:00 Bingo 3rd	22. 9:45 Stretch 3rd 10:00 1:1 Fitness 3rd 10:00 Topic Ball 3rd 10:30 Body Balance 2nd 11:00 Around The World 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <small>Upon request</small> 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 3:15 1:1 Fitness 3rd 6:00 Bingo 3rd	23. 10:00 Weekend Work Out 2nd 10:30 Mount Zion Bible Study 2nd 11:00 Mad Libs 2nd 1:00 Comfort Visits 3rd 2:00 Ageless Games With Roy 3rd 6:00 Saturday Night Movie 2nd <small>Please follow directions on television stand</small>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24. 9:00 Coffee Cart 3rd 9:10 Saint Margaret Prayer Service 2nd 10:30 Mount Zion Methodist Church Service 2nd 1:00 Comfort Visits 3rd 2:00 Bingo 3rd	25. Maryland Day 9:45 Stretch 2nd 10:00 Walmart Advance sign up 10:00 1:1 Fitness 3rd 10:00 Crossword Puzzle 2nd 10:30 Music & Movement 2nd 11:00 Maryland Day Craft 2nd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages Upon request 1:30 Strength Training 2nd 2:00 Ice Cream with J & J 1st 2:30 Glamour Girls 3rd 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:15 1:1 Fitness 3rd 4:00 Afternoon Thoughts 1:1 6:00 Evening Social 2nd	26. 9:00 Coffee Cart 3rd 9:45 Stretch 3rd 10:00 Balloon Toss 3rd 10:30 Stability Stamina 2nd 10:30 Nails 3rd 11:00 1:1 Fitness 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages Upon request 1:30 Zumba Chair 2nd 2:00 Lady Bug Craft 3rd 3:00 Comfort Visits 3rd 3:00 Bingo 2nd 3:00 Pets On Wheels w/Ava 3rd 3:15 1:1 Fitness 3rd	27. 9:45 Stretch 2nd 10:00 1:1 Fitness 3rd 10:00 Bible Study 2nd 10:00 Pets On Wheels w/Taz 3rd 10:30 Music & Movement 2nd 11:15 Shrimp Salad Advance sign up 11:30 Music Therapy 3rd 11:30 Stories 3rd 1:00 Hand Massages Upon request 1:30 Strength Training 2nd 2:00 Acoustic Visits 3rd 2:00 Ice Cream 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:15 1:1 Fitness 3rd 3:30 Drink Cart 3rd 4:00 Memory Game 1:1 6:00 Bingo 3rd	28. Baseball Opening Day 9:00 Coffee Cart 3rd 9:45 Volleyball 2nd 10:00 Baseball Toss 3rd 10:00 Baseball Jeopardy 2nd 10:30 Stability Stamina 2nd 10:30 Nails 3rd 11:15 Parachute 3rd 11:30 Music Therapy 3rd 11:30 Baseball Stories 3rd 12:00 Baseball Mascot Visits 1:00 Hand Massages Upon request 1:30 Zumba Chair 2nd 2:00 Travel Time 3rd 3:00 Comfort Visits 3rd 3:15 1:1 Fitness 3rd 3:30 Caramel Popcorn Cart 3rd 4:00 Name That Baseball Player 1:1 4:00 Dinner Out Advance sign up	29. Silver Reader Van 9:45 Stretch 3rd 10:00 1:1 Fitness 3rd 10:00 Question Ball 3rd 10:30 Body Balance 2nd 11:00 This Day In History 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages Upon request 1:30 Silver Reader Van 1st 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 3:15 1:1 Fitness 3rd 6:00 Bingo 3rd	30. Doctor Day 10:00 Weekend Work Out 2nd 10:30 Dr. Talk 2nd 11:00 Doctor Word Game 2nd 1:00 Comfort Visits 3rd 2:00 Bingo 3rd 6:00 Saturday Night Movie 2nd Please follow directions on television stand

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31. 9:45 Stretch 3rd 10:30 Bingo 3rd 1:00 Comfort Visits 3rd 2:30 New Beginnings Church Of God Service 2nd						