

Mt. Airy Assisted Living

October 2026

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Activities 9am/9:30am- Morning Greetings w/ the Daily Chronicle- <i>Rooms</i> 12:45pm- Mail Delivery <i>(and throughout the day as needed)</i> Room Visits- Throughout the day! <i>*Beauty Shop Opens on Tuesdays @9am- appointments are made at the front desk.</i> <i>*Every other Wednesday- Cat Pet Visits (with Wilbur or Jake)- See the Activity Department to get on the list!</i> *ACTIVITIES ARE SUBJECT TO CHANGE				10 Devotions -2D ¹ 10 Hallway Music-3rd 10:30 Alfred Hitchcock show T 1-3pm Flower Show @Mt. Airy Library 1:30 History Docs - T <i>Hidden Founders of American Democracy</i> 2:30 Kitchen Band Sing-Along -L 3:45 Happy Hour -1D 4 Brain Games- 3Dr	10:30 Trivia - L ² 10:45 Bunny Visit with Abby- Rms. 11 Chair Exercise w/Renee- L 2:30 Oktoberfest Social -L Music program by Brian Derek Food- Pretzel & Beer!	10:30 Oh Shoot! -L ³ <i>Dice Game</i> 11 BINGO - 3Dr 1:30 Bells - 2D 1:30 Spintopia - L 1:45 Theater Movie - Roxanne 2:45 Lobby Games/Cards with Cindy 3:30 Adaptive Art w/ Amanda-3E
10 Fellowship Gathering -ICP ⁴ 10:40 Church Service -L 11 Christ Church of Mt. Airy Service - 3E 1 Football-Ravens Game - T 2-3:30 Sunday Sundaes - ICP 2:30 Table Games/Porch-L 3:30 Weight Class -2D	10 Tai Chi - 2D ⁵ 10:30 Spintopia -2D 10:30 Card Bingo - 3dr 11:30 Table Chat 1:30 Craft with the Garden Club - 2D 2 Theater Movie <i>Crazy on the outside</i> 2 Entertainment -3E <i>MELISSA CHRISTENSON</i> 3 Book Talk - Lib.	9 Beauty Shop Opens ⁶ 10 Yoga Class - 2D 10 Hallway music-3rd 10:30 Art w/Cindy-3E 10:45 Word Mining -2D 11:40 Table Activities with Cindy- 3Dr 12:45 Mail Delivery 1:30 Ladies Circle -3E 1:30 Classical Music -2D 2:30 Nail Painting -3E 3 Name that Tune with Marsha- L	10 Weight Class -2D ⁷ 10 Hallway music-3rd 10:30 Armchair Travel to Spain - T 10:30 Kings in the Corner game- 2D 1:30 Bingo - 1D 2-3:30 Ice Cream Social -ICP 2 Music Entertainment by Joe D and Friends- L 4 Puzzle Time- 3dr with Amanda	10 Devotions -2D ⁸ 10 Hallway Music-3rd 10:30 Alfred Hitchcock show T 1:30 History Docs <i>Mark Twain</i> - T 2:30 Sing-Along w/Cheryl & Friends-L 3:45 Happy Hour -1D 4 Active Games - with Amanda- 3E	10:30 Word Games -L ⁹ 10:45 Bunny Visit with Abby- Rms. 11 Chair Yoga with Ashley- L 12:15 Lunch Music w Matt- 3dr 2 Happy Hour Social - ICP 3 Music Entertainment -L Acoustic Chicks	10:30 Oh Shoot! -L ¹⁰ <i>Dice Game</i> 11 BINGO - 3Dr 1:30 Spintopia - L 1:45 Theater Movie <i>The Philadelphia Story</i> 2:45 Lobby Games/Cards with Legend 3:30 Adaptive Art w/ Amanda-3E

Activities subject to change

KEY: L-LOBBY, ICP- ICE CREAM PARLOR, CY- COURTYARD-1D- 1ST FL. DAYROOM, 2D-2ND FL. DAYROOM,, 3Dr-3RD FL. DINING ROOM, 3E- 3RD FL. EDEN ROOM,

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Fellowship Gathering-ICP 10:40 Church Service-L 1 Football Game-Commanders- T 2 Sunday Sundaes- ICP 2:30 Table Games/Porch-L 3:30 Weight Class-2D	10 Tai Chi- 2D 10 Hymns- 3E 10:30 Catholic Mass-3E 10:30 Spintopia-2D 1:30 Bingo- 1D 2 Theater Movie Mystic Pizza 2 Art Expression- 3E 3 Poetry Talk- Lib. 3:30 Room Visits	10 Yoga- 2D 10 Hallway music-3rd 10:30 Card Bingo-3E 10:45 Word Mining-2D 11:30 Table Time-3Dr 12:45 mail delivery 1:30 Ladies Circle-3E 1:30 Classical Music-2D 2-3:30 Bluegrass Band- L 2:45 Music & Nails- 3E	10 Hallway music-3rd 10:30 Stories of Service-L 1:30 Bingo- 1D 2-3:30 Ice Cream Social-ICP 2:30 Music by Joshua P- L 4 Table Games- 3Dr	10 Devotions-2D 10 Hallway Music-3rd 10:30 Alfred Hitchcock show-T 1:30 1:1 Visits 1:30 History Docs- T 2-3:30 Fall Festival- L 3:45 Happy Hour-1D	10:30 Trivia- L 10:45 Bunny Visit with Abby- Rms. 11 Chair Exercise w/Renee- L 1 Room Visits 2 Happy 1/2 Hour-ICP 2:30-3:30 Music Entertainment-L by Billy Lynch	10:30 Oh Shoot!-L 11 BINGO- 3Dr 1:30 Bells- 2D 1:30 Spintopia- L 2 Theater Movie Space Cowboys 3 Lobby Games 3:30 Hot Chocolate chat- ICP
10 Fellowship Gathering-ICP 10:40 Church Service-L 1 Ravens Game- T 2-3:30 Sunday Sundaes- ICP 2 Piano Students- L 3:30 Weight Class-2D	10 Tai Chi- 2D 10:30 Spintopia-2D 10:30 Music by Linda Leach-3E 11:30 Table Chat-3rd 1:30 Resident Council Meeting- 2D 2 Theater Movie 2:15 Bingo- 1D 2:30 PUZZLES & MORE-3E 3:30 Book Talk- Lib.	10 Yoga- 2D 10 Hallway music-3rd 10:30 Craft w/Cindy-3E 10:30 Comedy Show- T 10:45 Word Mining-2D 11:30 Table Time- 3Dr 1:15 Ladies Circle-3E 1:30 Classical Music-2D 2:15 Nails/Music- 3E 3:15 Peanut Auction-L	10 Weight Class-2D 10 Hallway music-3rd 10:30 Morning Stretches- 3Dr 10:30 Cards-2D 1:30 BINGO- 1D 2-3:30 Ice Cream Social-ICP 2:30 Music by Debbie Long- L 4 Table Games- 3Dr	10 Devotions-2D 10 Hallway Music-3rd 10:30 Alfred Hitchcock show-T 1:30 1:1 Visits 1:30 History Docs-T 2:30 Sing-Along -L w/Cheryl & Friends 3:45 Happy Hour- 1D 4 Brain Games- 3E	10:30 Word Games- L 10:45 Bunny Visit with Abby- Rms. 11 Exercise- L 1 Room Visits 2 Happy 1/2 Hour-ICP 2:30 Entertainment-L Music by Marsha 3:30 Lobby Chat	10:30 Oh Shoot!-L 11 BINGO- 3Dr 1:30 Bells- 2D 1:30 Spintopia - L 1:45 Theater Movie Fried Green Tomatoes 2:45 Lobby Games/Cards 3:30 Adaptive Art-3E
10 Fellowship Gathering-ICP 10:40 Church -L 11 Christ Church of Mt. Airy Service- 3E 1 Ravens Game- T 2-3:30 Sunday Sundaes- ICP 2:30 Table Games/Cards-L 3:30 Weight Class-2D	10 Tai Chi- 2D 10:30 Spintopia-2D 10:30 Art Expression-3E 11:30 Table Chat-3Dr 1:30 Bingo- 1D 2 Theater Movie Hocus Pocus 2:30 Puzzles & More-3E 3 Library Trip	10 Yoga- 2D 10 Hallway music-3rd 10:30 Card Bingo-3E 10:45 Word Mining-2D 11:30 Table Time- 3Dr 12:45 mail delivery 1:30 Ladies Circle-3E 1:30 Classical Music-2D 2-3:30 Bluegrass Band- L 2:45 Nails- 3E	10 Weights- 2D 10 Hallway music-3rd 10:30 Armchair Travel to Transylvania 10:30 Cards- 2D 1:30 BINGO- 1D 2-3:30 Ice Cream Social- ICP 2 Variety Hour- L 3 Fall Bell Choir Recital 4 Table Games- 3DR	10 Devotions-2D 10 Hallway Music-3rd 10:30 Alfred Hitchcock show-T 1:30 1:1 Visits 1:30 History Docs-T 2:30 Sing-Along -L w/Cheryl & Friends 3:45 Happy Hour- 1D 4 Active Games- 3E	10:30 Trivia-L 10:45 Bunny Visit with Abby- Rms. 11 Exercise- L 2 Photo Booth- ICP 2:30-4- Spooktacular Social-*name that tune, what's in the pumpkin, guessing jar + costume contest	10:30 Halloween Lobby Bingo 1 Room visits 2:15 Hot Apple Cider chat- ICP 3 Lobby Halloween Music Program by Brian Derek

Activities subject to change

Key: L-Lobby, ICP- Ice Cream Parlor, CY- Courtyard-1D- 1st fl. dayroom, 2D-2nd fl. Dayroom, 2G-2nd fl. garden room, 3Dr-3rd fl. Dining room, 3E- 3rd fl. Eden room,