

September 2026
Monthly CalendarAssisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LORIEN ELKRIDGE Care forward.		9:15 Friendly Visits 10:00 Coffee & Current Topics [LOB] 10:30 Morning Movement [LOB] 11:00 Trivia Tuesdays [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 BINGO! [LIB] 3:00 Banana Split Social [LIB]	9:15 Friendly Visits [LOB] 10:00 Good News Daily [LIB] 10:30 Morning Movement [LOB] 11:00 Hollywood Spotlight [LIB] 1:00 Mid-Day Check-in [1:1] 2:00 Selfcare Weds: Hand Spa [LIB] 4:30 Wine-Down Wednesday [DR]	9:15 Friendly Visits 10:00 Mindful Moments [LOB] 10:30 Gentle Yoga [LOB] 11:00 Memory Lane [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Zen Painting [CT] 3:00 BINGO [DR]	9:15 Friendly Visits 10:00 Good News Daily [CAF] 10:30 Music & Movement [CAF] 11:00 Price is Right Day: Higher or Lower Game [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 Baking Club [LIB] 3:00 Literary Lounge [LIB] 4:00 Happy Hour [DR]	9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Balloon Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Pokeno [LIB] 3:00 Domino Club [LIB] 3:00 Scrabble Meetup [LIB] 4:00 Card Player Club [LIB]
9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Sunday Crossword [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Eucharist Service [CATH] [CP] 2:30 Resident's Choice [CAF] 3:00 Ice Cream Sundae [CAF] 4:00 End of Day Check-In [1:1]	Happy Labor Day 9:15 Friendly Visits 10:00 Start of Day Cafe [CAF] 10:30 Chair Stretch [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 Crafty Corner [LIB] 3:30 Monday Matinee [MT] 6:00 Rummy Card Club [DR]	Tech Tuesdays 9:15 Friendly Visits 10:00 Good News Daily [LIB] 10:30 Seated Strength Training [LOB] 11:00 Wii Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Digital Caller: BINGO [LIB] 3:00 Kahoot! Trivia [LIB] 4:00 Margarita Tuesdays [DR]	Wellness Wednesdays 9:15 Friendly Visits 10:00 Start of Day Cafe [CAF] 10:30 Chair Stretch & Resistance [CAF] 11:00 Selfcare Weds: Hand Spa [LIB] 1:00 Mid-Day Check-in [1:1] 2:00 Resident Council Meeting [LIB] 4:30 Wine-Down Wednesday [DR] 6:00 Evening Devotions [CP] 7:00 NFL Kick-Off: Patriots at Seahawks [1:1]	Therapeutic Thursdays 9:15 Friendly Visits 10:00 Mindful Moments [LOB] 10:30 Gentle Yoga [LOB] 11:00 Memory Lane [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Zen Gardening [CT] 3:00 BINGO [DR] 5:30 Encore in the Theatre! [MT]	Patriot Day 9:15 Friendly Visits 10:00 A Moment of Remembrance: "You Inspire Me and I Inspire You" [CAF] 10:30 Music & Movement [CAF] 11:00 Tunes & Trivia: Name that Tune [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 In Flight Friday: Destination New York City [CAF] 3:00 Happy Hour w. Steve Flynn [CAF] 4:00 Literary Lounge [LOB] 6:00 Game Show Game Night [MT]	9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Balloon Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Pokeno [LIB] 3:00 Domino Club [LIB] 3:00 Scrabble Meetup [LIB] 4:00 Card Player Club [LIB]
Grandparents Day 9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Sunday Crossword [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Eucharist Service [CATH] [CP] 2:30 Grandparents Day Tea Party [LIB] 4:00 End of Day Check-In [1:1]	NALW: Kick-Off Day! 9:15 Friendly Visits 10:00 Start of Day Cafe [CAF] 10:30 Chair Stretch [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 Crafty Corner [LIB] 3:30 Monday Matinee [MT] 8:00 78th Emmy's Award Show [1:1]	NALW: 2026! Nat'l Hispanic Heritage Month Begins (-Oct. 15) 9:15 Friendly Visits 10:00 Good News Daily [LIB] 10:30 Seated Strength Training [LOB] 11:00 Wii Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Digital Caller: BINGO [LIB] 3:00 Kahoot! Trivia [LIB] 4:00 Margarita Tuesdays [DR] 5:30 Strategy & Board Games [DR]	NALW: 2026! 9:15 Friendly Visits 10:00 Good News Daily [CAF] 10:30 Chair Stretch & Resistance [CAF] 11:00 Smoothie Sip & Mingle [CAF] 11:30 Lunch n' Learn: Healthy Aging & Wellness by Goodwill Housing Strategies [LIB] 1:00 Mid-Day Check-in [1:1] 2:00 Selfcare Weds: Hand Spa [LIB] 3:00 NALW: Sip & Paint [LIB] 6:00 Evening Devotions [CP]	NALW: 2026! 9:15 Friendly Visits 10:00 Mindful Moments [LOB] 10:30 Gentle Yoga [LOB] 11:00 Memory Lane [LOB] 1:00 Fashion Show Prep [1:1] 2:00 NALW: Decades Fashion Show [LOB] 3:30 BINGO [DR] 5:30 Encore in the Theatre! [MT]	NALW: 2026! 9:15 Friendly Visits 10:00 Good News Daily [CAF] 10:30 Music & Movement [CAF] 11:00 Tunes & Trivia: Who Sang It? [CAF] 1:00 Mid-Day Check-in [1:1] 1:30 NALW: Senior Picture Day! [GCR] 3:00 Culture Kitchen [CAF] 4:00 Happy Hour [DR] 6:00 Game Show Game Night [MT]	Oktoberfest Begins (-Oct. 4) 9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Balloon Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Pokeno [LIB] 3:00 Domino Club [LIB] 3:00 Scrabble Meetup [LIB] 4:00 Card Player Club [LIB]
9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Sunday Crossword [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Eucharist Service [CATH] [CP] 2:30 Resident's Choice [CAF] 3:00 Ice Cream Sundae [CAF] 4:00 End of Day Check-In [1:1]	Nat'l Dog Week (-27) World Alzheimer's Day 9:15 Friendly Visits 10:00 Start of Day Cafe [CAF] 10:30 Chair Stretch [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 Crafty Corner [LIB] 3:30 Monday Matinee [MT] 6:00 Rummy Card Club [DR]	Autumn Begins Centenarians' Day 9:15 Friendly Visits 10:00 Good News Daily [LIB] 10:30 Seated Strength Training [LOB] 11:00 Wii Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 BINGO [CAF] 3:00 Crafty Corner [CAF] 4:00 The Purple Table Dinner: A Seat for A Cause [LIB]	Libra Day 9:15 Friendly Visits 10:00 Start of Day Cafe [CAF] 10:30 Chair Stretch & Resistance [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 Selfcare Weds: Hand Spa [LIB] 4:30 Wine-Down Wednesday [DR] 6:00 Evening Devotions [CP]	9:15 Friendly Visits 10:00 Mindful Moments [LOB] 10:30 Gentle Yoga [LOB] 11:00 Memory Lane [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Zen Gardening [CT] 3:00 BINGO [DR] 5:30 Encore in the Theatre! [MT]	9:15 Friendly Visits 10:00 Good News Daily [CAF] 10:30 Music & Movement [CAF] 11:00 Tunes & Trivia: One Hit Wonders [CAF] 1:00 Mid-Day Check-in [1:1] 2:00 In Concert Series w. Cellist Allinda [MT] 3:30 Monthly Birthday Party [GLO] 6:00 Game Show Game Night [MT]	9:30 Friendly Visits 10:00 Coffee & Chat [LOB] 10:30 Balloon Sports [LOB] 1:00 Mid-Day Check-in [1:1] 2:00 Pokeno [LIB] 3:00 Domino Club [LIB] 3:00 Scrabble Meetup [LIB] 4:00 Card Player Club [LIB]
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