

July 2026

Harmony Park Life Enrichment Programming



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LORIEN MEMORY CARE Harmony Park	🚩 Active Engagement ❤ Emotional ↔ Health & Wellness 🎵 Music & Memory 💧 Nutrition & Hydration 🌿 Outdoor Time & Sensory Connection 💖 Routine Reinforcement 🧩 You Matter		Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 10:30 💖 Hydration Connection 11:00 ↔ Restorative Stretching 1:30 🗣 Finish-the-Phrase 2:00 🎵 Happy Hour with Lynn Roxy 3:00 🗺 Trips and Travels 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Midweek Movie Matinee	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 2 10:30 💖 Hydration Connection 11:00 ↔ Chair Exercises with Bev 1:30 🗣 Puzzle and Piece Time 2:30 🚩 Pictionary 3:00 🗺 Bowling 4:00 🗣 Sing-A-Long 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Classical Cinemagic	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 3 10:30 💖 Hydration Connection 11:00 ↔ Dumbbell Exercise with Music 1:30 🚩 Crafts and Creations 3:00 🗺 Basketball Hoops 4:00 💖 Flower Arrangements 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO 7:00 🗣 Relax & Wind Down Corner	Independence Day Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 4 10:30 💖 Hydration Connection 11:00 ↔ Seated Yoga Exercise 1:30 💖 Independence Day Back in the Day 2:30 🗺 Nature Show & Cookies 3:00 🗣 America the Beautiful Music Hour 3:30 🌿 Coloring Club: Independence Edition 4:30 💖 Warm Towels Hand Massage 6:00 BINGO 7:00 🧩 Saturday Movie Night
Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 5 10:30 💖 Hydration Connection 11:00 ↔ Mindful Movement 11:30 🧩 Ministry Services 1:30 🚩 This Day in History 2:30 💧 Ice Cream Social with Music 3:00 🗣 Trivia 3:30 🗣 Color Sorting 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO 7:00 🗣 Sunday's Best Classical Movie	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 6 10:30 💖 Hydration Connection 10:30 🎵 Music Therapy w/ Paul and Pup 1:30 🧩 Hand Care Haven 3:00 🗣 Folding Laundry 4:00 🗣 Target Toss 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Monday Movie Night	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 7 10:30 💖 Hydration Connection 11:00 ↔ Chair Exercises with Bev 1:30 🚩 Pampering & Care Time 2:30 🗣 Stamp Art 3:00 🎵 Joe Carroll Music Performance 4:00 🚩 Keep It Up: Balloon Toss 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO 7:00 🧩 Classical Cinemagic	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 8 10:30 💖 Hydration Connection 11:00 🚩 Just Bead It 1:30 🗣 Finish-the-Phrase 2:00 🎵 Happy Hour with Lynn Roxy 3:00 🗺 Trips and Travels 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Midweek Movie Matinee	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 9 10:30 💖 Hydration Connection 11:00 ↔ Chair Exercises with Bev 1:30 🗣 Pictionary 2:00 🎵 Julia Hall Musical Performance 3:00 🗺 Tabletop Bowling 4:00 🗣 Nature Sound Relaxation 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Classical Cinemagic	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 10 10:30 💖 Hydration Connection 11:00 ↔ Dumbbell Exercise with Music 1:30 🚩 Crafts and Creations 3:00 🗺 Basketball Hoops 4:00 💖 Flower Arrangements 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO 7:00 🗣 Throwback Thursday Movie Night	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 11 10:30 💖 Hydration Connection 11:00 ↔ Seated Yoga Exercise 1:30 🚩 Virtual Tours Around The World 2:30 🗺 Nature Show & Cookies 3:00 🗣 Residents Pick 4:00 🌿 Color Sorting 4:30 💖 Warm Towels Hand Massage 6:00 BINGO 7:00 🧩 Saturday Movie Night
Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 12 10:30 💖 Hydration Connection 11:00 ↔ Mindful Movement 11:30 🧩 Ministry Services 1:30 🚩 This Day in History 2:00 🌿 Fidos For Freedom 3:00 💧 Ice Cream Social with Music 3:30 🗣 Coloring Club 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO 7:00 🗣 Sunday's Best Classical Movie	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 13 10:30 💖 Hydration Connection 10:30 🎵 Music Therapy w/ Paul and Pup 1:30 🧩 Hand Care Haven 3:00 🗣 Folding Laundry 4:00 🗣 Target Toss 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Monday Movie Night	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 14 10:30 💖 Hydration Connection 11:00 ↔ Chair Exercises with Bev 1:30 🚩 Pampering & Care Time 2:30 🗣 Stamp Art 3:00 🎵 Joe Carroll Music Performance 4:00 🚩 Keep It Up: Balloon Toss 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO 7:00 🧩 Classical Cinemagic	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 15 10:30 💖 Hydration Connection 11:00 ↔ Restorative Stretching 1:30 🗣 Finish-the-Phrase 2:00 🎵 Happy Hour with Lynn Roxy 3:00 🗺 Trips and Travels 4:00 🗣 Nature Sound Relaxation 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Midweek Movie Matinee	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 16 10:30 💖 Hydration Connection 11:00 ↔ Chair Exercises with Bev 1:30 🗣 Puzzle and Piece Time 2:30 🚩 Pictionary 3:00 🗺 Bowling 4:00 🗣 Sing-A-Long 4:30 💖 Warm Towels Hand Massage 6:00 🚩 BINGO 7:00 🧩 Classical Cinemagic	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 17 10:30 💖 Hydration Connection 11:00 ↔ Dumbbell Exercise with Music 1:30 🚩 Crafts and Creations 3:00 🗺 Basketball Hoops 4:00 💖 Flower Arrangements 4:30 💖 Warm Towels Hand Massage 6:00 🧩 BINGO	Room Visits Sensory Room Visits/Nature Moment (11am - 6pm) 18 10:30 💖 Hydration Connection 11:00 ↔ Seated Yoga Exercise 1:30 🚩 Virtual Tours Around The World 2:30 🗺 Nature Show & Cookies 3:00 🗣 Residents Pick 4:00 🌿 Color Sorting 4:30 💖 Warm Towels Hand Massage 6:00 BINGO 7:00 🧩 Saturday Movie Night
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