

NEWSLETTER

June 2026



IN THIS ISSUE

| | |
|------------------------|----|
| Directory | 2 |
| Month in Review | 3 |
| Upcoming Events | 5 |
| Regular Events | 6 |
| June Birthdays | 10 |
| A Poem to Share | 11 |
| Noticeboard | 12 |
| Laughing Matters | 15 |
| Word Search | 16 |

Directory

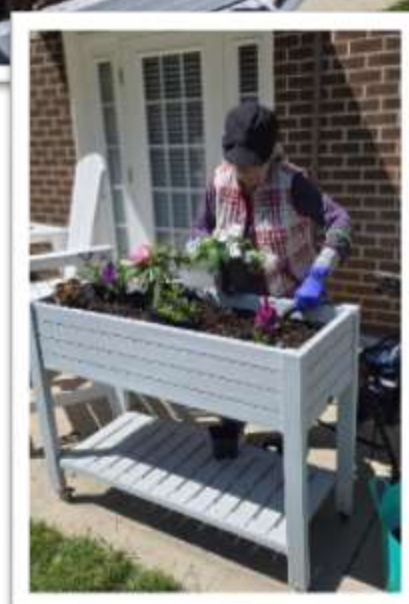
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These extensions are exclusively available for in-house phones. If you're calling from a cell phone or from outside the building, please dial 410-531-6000 and request the desired extension.

May in Review

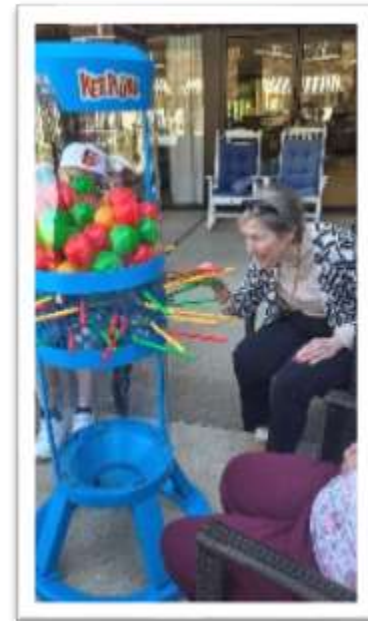
Flower Planting

Residents enjoyed a beautiful day planting flowers. Smiles bloomed alongside the flowers as everyone had fun getting their hands dirty and creating beautiful arrangements.



KerPlunk

Laughter and friendly competition made for a perfect afternoon of giant Kerplunk! Players carefully removed sticks and held their breath, hoping to keep the balls from falling down.



May in Review



Brookside Gardens

A beautiful day was spent exploring Brookside Gardens, where colorful blooms, peaceful walking paths and scenic views made for a relaxing and enjoyable outing.



Upcoming Events

Painting with Carlotta

Thursday June 11 2:30pm, 2nd Floor

Echoes of Nature

Monday June 15 2:30pm, 2nd Floor

Men's Club

Thursday June 18 12:00pm, 2nd Floor

Luau

Tuesday June 30 11:30am Fountain Courtyard

Duo Ameliora

Saturday June 27 3:00pm Lobby



Celebrating June

Say Something Nice Day

June 1

D-Day

June 6

Corn on the Cob Day

June 11

Flag Day

June 14

Men's Health Week

June 15–21

Father's Day

June 21

Day of the Seafarer

June 25

Take Your Dog to Work Day

June 26

“Happy Birthday to You” Day

June 27

Regular Events

Bible Study

Every Monday 10:30am 2nd Floor

Korean Culture Connection

Every Monday 3:20pm Parlor

Dr. Lazris Talk

Last Monday 10:00am 2nd Floor

Bayada Talk

Every 2nd Tuesday 11:00am Movie Theater

Movement Exploration

Every Tuesday & Thursday 10:00am Lobby

Ice Cream Social

Every Tuesday 1:30pm 2nd Floor

Just Bead It

Every 4th Tuesday 11:00am 2nd Floor

Tai Chi/Yoga

Every Wednesday 10:30am, 2nd Floor

Q & A

Every 4th Thursday 3:00pm 2nd Floor

Catholic Communion and Prayer

Every Thursday 2:00pm Parlor

Catholic Communion

Every Sunday 9:00am Parlor

Happy Hour

Every Friday 2:00pm Lobby

Jewish Services

Every 1st & 3rd Friday 10:45am, Parlor

Bingo!

Every Monday, Wednesday, Saturday and Sunday 1:00pm, 2nd Floor

Mahjong Basics

Every Monday and Wednesday 10:30am, 2nd Floor

Walking Club

Every Monday, Wednesday and Friday 9:30am, 2nd Flower Courtyard

Crafty Saturdays with Sage

Every Saturday 6:00pm, 2nd Floor

Game Night with Sage

Every Sunday 6:00pm, 2nd Floor

Flag Day

This year marks a significant milestone as we celebrate the 250th anniversary of the United States, highlighting our nation's enduring spirit of freedom, unity, and resilience. Flag Day, celebrated annually on June 14th, honors the adoption of the Stars and Stripes as the official flag of the United States in 1777. Over the years, this iconic symbol has evolved to represent the growth and diversity of our nation, featuring 50 stars for each state and 13 stripes that signify the original colonies. The flag serves as a powerful reminder of the sacrifices made by countless Americans in the pursuit of liberty and justice.



The history of the American flag is rich and intriguing. The first official design was approved by the Continental Congress on June 14, 1777. Since then, the flag has undergone several transformations, with stars added as new states joined the union. It has witnessed pivotal moments in American history, soaring high during battles, moon landings, and peace treaties. As a symbol of hope and perseverance, the flag has inspired generations to strive for a brighter future. Known affectionately as “Old Glory,” the “Stars and Stripes,” and the “Star-Spangled Banner,” the flag features 13 horizontal red and white stripes symbolizing the original 13 colonies. The canton, the blue rectangle in the upper left corner, holds 50 white stars representing the 50 states, arranged in alternating rows of six and five. Throughout American history, there have been 27 flag designs, with the arrangement of stars in the canton changing each time a state was added. Before the 48-star flag, canton designs lacked an official star arrangement; sometimes they were arranged in a circular pattern, while other times, they followed a star pattern. Since 1777, one thing remains unchanged: the American flag has always stood for freedom.

As we celebrate this important milestone, let us take a moment to reflect on the values and ideals represented by the American flag. It stands as a beacon of hope and a testament to the enduring spirit of our country. Whether it is proudly displayed at a parade or gently waving in front of our homes, the flag unites us in our shared history and aspirations for a better tomorrow. In our assisted living community, we can commemorate Flag Day by sharing stories of patriotism, participating in flag-raising ceremonies, or simply appreciating the beauty of this beloved symbol. Together, let us honor the flag and the rich tapestry of American life it embodies.

Celebrating the 250th 4th of July

As we gather to celebrate this year's 4th of July, we are not just marking another year of independence but also a monumental milestone—our nation's 250th Independence Day! It's a moment to reflect on the rich tapestry of history that has shaped our country and to honor the enduring spirit of freedom and unity that binds us all.

The 4th of July, often synonymous with fireworks, barbecues, and parades, is a day of immense pride and joy for every American. It is a day when communities come together to commemorate the signing of the Declaration of Independence in 1776, a bold step towards liberty and self-governance. This year, as we celebrate the sesquicentennial anniversary, we look back at the journey that has brought us here—a journey filled with challenges, triumphs, and a continuous commitment to the ideals of democracy.

Activities and Festivities

In honor of this historic day, we have planned a fun-filled week of patriotic spirit and community pride for everyone to enjoy.

Monday June 29 — Red Day

Wear your favorite red outfit or accessories.

Tuesday June 30— Aloha America Day

Wear Hawaiian shirts, tropical florals, leis, or bright summer colors for a patriotic luau celebration.

Wednesday July 1— White Day

Wear your favorite white outfit or accessories.

Thursday July 2 — Blue Day

Wear your favorite blue outfit or accessories.

Friday July 3 — Patriotic T-Shirt Day

Wear your favorite USA, flag, eagle, military, baseball, or patriotic-themed shirt.

Saturday July 4— Grand Finale: 4th of July Celebration Day

Dress in your most festive patriotic outfit for the big celebration. Patriotic outfits, beads, scarves, socks, sunglasses, jewelry and fun accessories.

On the 4th of July, residents can enjoy a classic American cookout featuring summertime favorites. The celebration will also include lively entertainment from a barbershop chorus adding a special touch to our celebration.

May this 4th of July inspire us all to cherish the freedoms we hold dear and to continue striving for a nation that upholds justice and equality for all its citizens.

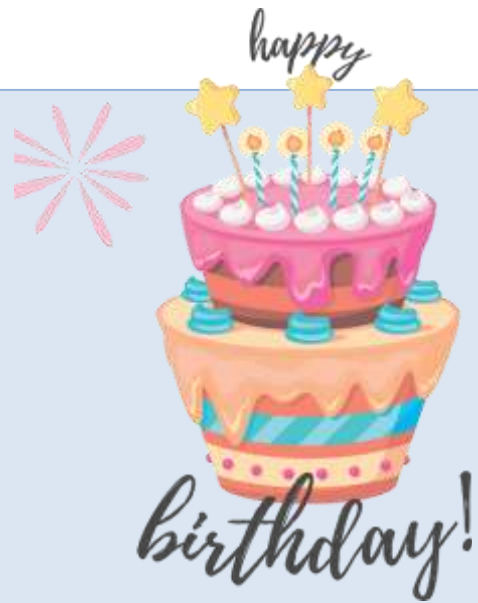
Happy 250th 4th of July to everyone in our community! Here's to freedom, unity, and the enduring American spirit.



June Birthdays

In June, we celebrate birthdays with:

- **Jay Woo** 06/01
- **Doris Ely** 06/02
- **Frederick Beckman** 06/03
- **Stephen Chorney** 06/05
- **Sang Yo** 06/07
- **Diana Norris** 06/07
- **Judy Whitfield** 06/08
- **Yong Soo Cho** 06/11
- **Lester Bruchey** 06/14
- **Kenneth Jennings** 06/15
- **Francis Putman** 06/18
- **Haeng Ja Finely** 06/19
- **Carol Stvan** 06/19
- **Eleanor Alland** 06/21
- **Joyce Paige** 06/30



Music Trivia

- World Music Day began in France in 1982.
- The piano has over 12,000 parts inside it.
- Singing in a group can improve mood and reduce stress.
- The world's oldest known musical instrument is over 40,000 years old.
- Many people can remember song lyrics more easily than shopping lists!

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Poem to Share

The Sunlight on the Garden

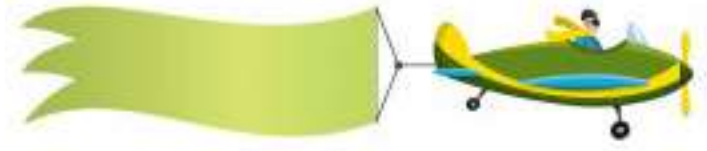
Louis MacNeice

The sunlight on the garden
Hardens and grows cold,
We cannot cage the minute
Within its nets of gold;
When all is told
We cannot beg for pardon.

But where the road runs onwards
And sings into the trees
There will the tramp of living,
The tune of passing bees,
And no one sees
The long wind's griefless laughter.

Yet we can still rejoice there,
Though every day be brief,
For beauty still surrounds us,
Beyond our care and grief,
And leaf with leaf
Makes music in the branches.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Joyce Allen**
- **Daniel Bobowicz**
- **John Crellin**
- **Jerry Hunter**
- **Elinor Kronmiller**
- **Dorothy Vermillion**
- **Charles & Marilyn Parlette**
- **Lorna Russell**

We hope that you enjoy your time here!

CONTINUOUS IMPROVEMENT

Your voice matters at Harmony Hall! We are excited to introduce our Community Feedback Box, located in Carmella's.

The feedback box is a clear fishbowl with paper and pens nearby. Whether you have a suggestion, praise, or a concern we welcome your input.

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

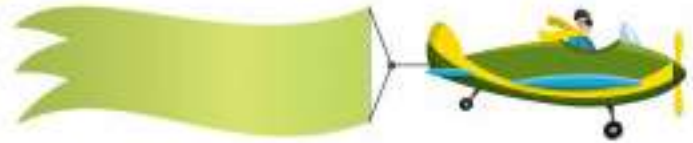
- **Youngnam Chung**
- **Rebecca Addison**
- **Robert Berlett**

CRAFTY SATURDAYS

Join us every Saturday evening at 6pm on the 2nd floor for a fun and relaxing craft session with Sage. Explore a variety of creative projects in a friendly, welcoming atmosphere. No experience needed, just bring your enthusiasm. Come craft, create, and have fun with us!



Noticeboard



BEAUTY SALON

The hairdresser is available for appointments every Monday and Wednesday from 10am to 3pm.

To book an appointment, please visit or call the concierge at extension 4000. If you are calling from a cell phone or outside the building, please dial 410-531-6000. They maintain a binder with

LAUNDRY ROOM HOURS

Monday – Friday

2:00pm to 9:00pm

Saturday & Sunday

All Day

FAMILY BINGO NIGHT

Gather your family and friends to enjoy some quality time together. Join your loved ones on Thursdays for Bingo at 6:30pm on the 2nd Floor!



LIBRARY

Help us maintain an organized library. Please return books to the two designated book return bins. If you have donations of books or puzzles, reach out to Danny or Ann-Margaret in Activities. Please refrain from dropping them off at the library. Thank you.



RESIDENT TRIPS

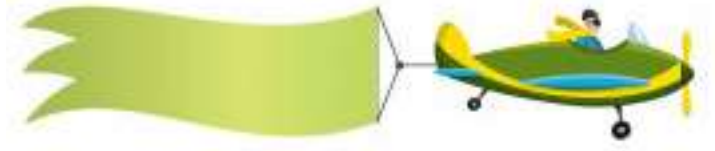
Tuesdays at 10:45 AM

- 1st Tuesday: Walmart
- 2nd Tuesday: Resident's Choice
- 3rd Tuesday: Target
- 4th Tuesday: Giant

Thursdays - Giant

- 1:00 PM weekly
- 4th Thursday: 2:00pm

Noticeboard



TUESDAY EVENING HAPPY HOURS 6:00PM LOBBY

June 2nd, 16th & 30th
Larry & Bill

June 9th & 23rd
Empty Ecstasy

FRIDAY HAPPY HOURS 2:00PM LOBBY

June 5th
Vintage Entertainment

June 12th
Michael Brown

June 19th
Steve Flynn

June 26th
Paul Jude

MAHJONG

Curious about Mahjong or looking to sharpen your skills? Join us every Monday and Wednesday starting April 6 for a fun, relaxed learning session! Whether you're brand new or just need a refresher, this is a great opportunity to learn the basics, build confidence, and enjoy friendly conversation along the way.

When: Mondays & Wednesdays at 10:30am
Where: 2nd Floor

Come give it a try – no experience needed, just bring your curiosity and we'll take care of the rest!



Laughing Matters



The Blind Pilots

Two men dressed in pilots' uniforms walk up the aisle of the aircraft. Both are wearing dark glasses, one is using a guide dog, and the other is tapping his way along the aisle with a cane.

Nervous laughter spreads through the cabin, but the men enter the cockpit the door closes, and the engines start up. The passengers begin glancing nervously around, searching for some kind of a sign that this is just a little practical joke. None is forthcoming.

The plane moves faster and faster down the runway, and the people sitting in the window seats realize they're headed straight for the water at the edge of the airport property. Just as it begins to look as though the plane will plow straight into the water, panicked screams fill the cabin.

At that moment, the plane lifts smoothly into the air. The passengers relax and laugh a little sheepishly, and soon all retreat into their magazines and books, secure in the knowledge that the plane is in good hands.

Meanwhile, in the cockpit, one of the blind pilots turns to the other and says, 'You know, Bob, one of these days, they're gonna scream too late and we're all gonna die' !!

Pub Entry Plan

Two guys were out walking their dogs on a hot day, when they pass by a pub. The first guy says "Let's go in there for a pint." Second guy, says, "They won't let us in with our dogs." First guy: "Sure they will, just follow my lead."

He goes up to the pub, and sure enough the doorman says, "I can't let you in here with that dog." He replies, "Oh, I'm blind and this is my seeing-eye dog." The doorman says, "Ok then, come on in."

The second guy sees this and does the same thing. He goes up to the pub, and the doorman says, "You can't come in here with a dog." He replies, "I'm blind and this is my seeing-eye dog." The doorman responds, "You have a chihuahua for a seeing-eye dog?" The second guy stops for a second, and exclaims, "They gave me a chihuahua?"

Word Search

MUSICAL INSTRUMENTS



Q X Y L O P H O N E A E A O
S I T A R E A B W C U S B V
V J I P T N A S I N M H U U
I N L U I C E N R U O C G V
O R L R J U O O R S Q L L U
L F A W O M H D R A S A E Z
A C P N R H N A F C A R U E
O W A A C I T D I C X I K L
O I H N L I S Q W O O N E A
P U E O U J V J S R P E L W
N R I G O L I H A D H T E P
F V T R U M P E T I O P L U
V C E L L O Z Z U A N H E C
B A G P I P E S E N E Y D S

Guitar

Violin

Piano

Clarinet

Drums

Saxophone

Xylophone

French Horn

Viola

Harmonica

Ocarina

Trumpet

Vuvuzela

Ukelele

Accordion

Bugle

Cello

Bagpipes

Flute

Sitar