

NEWSLETTER

April 2026



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Directory

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Memory Care Director	Gloria Sani		gsani@lorienhealth.com
Staffing Director	Cedryc Lafontant	Ext. 4054	clafontant@lorienhealth.com
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Director of Sales	Julia Schneider	Ext. 4053	jschneider@lorienhealth.com
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These extensions are exclusively available for in-house phones. If you're calling from a cell phone or from outside the building, please dial 410-531-6000 and request the desired extension.

What We've Been Up to Lately

St. Patrick's Day

Harmony Hall was full of festive spirit on St. Patrick's Day. Residents enjoyed bagpipes, Irish dancers, shamrock shakes, and ice cream, and plenty of green all around.



Life in Our Community

Fraud & Scam Safety Tips

Residents recently welcomed the Howard County Police Department for an engaging Fraud & Scam Prevention Seminar. It was a great opportunity to learn simple, practical ways to stay safe from today's most common scams. Key reminders included being cautious with unexpected calls, texts, or emails, avoiding sharing personal or financial information, and taking a moment to pause and verify anything that feels urgent or suspicious.

The session also highlighted what to do if you ever feel targeted—such as contacting your bank right away, reporting the incident to the FTC at **FTC.gov/complaint**, and reaching out to the major credit bureaus: **Experian (888-397-3742)**, **Equifax (866-349-5191)**, and **TransUnion (833-395-6938)**. Residents were also encouraged to report concerns to local police for additional support.

It was an informative and empowering program that helped everyone feel more confident navigating the digital world safely.



Upcoming Events

Painting with Carlotta

Mondays April 6 2:30pm, 2nd Floor

Piano Concert with Andrew Gordon

Monday April 6 6:00pm, Lobby

Echoes of Nature

Monday April 20 2:30pm, 2nd Floor

Rocktopia

Wednesday April 22 6:00pm, Movie Theater

Duo Ameliora

Saturday April 25 3:00pm Lobby

Mahjong Basics

Every Monday and Wednesday starting April 6
10:30am, 2nd Floor

Crafty Saturdays with Sage

Every Saturday in April 6:00pm, 2nd Floor

Game Night with Sage

Every Sunday in April 6:00pm, 2nd Floor



Celebrating April

Passover

Begins Sundown April 1

April Fool's Day

April 1

Easter

April 5

World Health Day

April 7

Siblings Day

April 10

Dolphin Day

April 14

Earth Day

April 22

Arbor Day

April 24

International Jazz Day

April 30

Regular Events

Bible Study

Every Monday 10:30am 2nd Floor

Dr. Lazris Talk

Last Monday 10:00am 2nd Floor

Bayada Talk

Every 2nd Tuesday 11:00am Movie Theater

Movement Exploration

Every Tuesday & Thursday 10:00am Lobby

Ice Cream Social

Every Tuesday 1:30pm 2nd Floor

Just Bead It

Every 4th Tuesday 11:00am 2nd Floor

Tai Chi/Yoga

Every Wednesday 10:30am, 2nd Floor

Q & A

Every 4th Thursday 3:00pm 2nd Floor

Catholic Communion and Prayer

Every Thursday 2:00pm Parlor

Catholic Communion

Every Sunday 9:00am Parlor

Happy Hour

Every Friday 2:00pm Lobby

Jewish Services

Every 1st & 3rd Friday 10:45am, Parlor

Bingo!

Every Monday, Wednesday, Saturday and Sunday 1:00pm, 2nd Floor



Orioles Game Day

Sign Up Now!

Get ready to cheer on the Orioles with a fun-filled afternoon at the ballpark! Join us for an unforgettable day at the ballpark with the Baltimore Orioles Picnic Perch experience!

 **Thursday, April 30**
 **Game Time: 12:35 PM**

Tickets are **\$52 per person** and include access to the all-you-can-enjoy Picnic Perch area on the Club Level.

A sneak peek at the all you can eat menu includes hot dogs, sausages, pulled pork bbq, popcorn, pretzels, nachos, salad, coleslaw, fresh fruit, sweet selections , assorted soft drinks and water.

Each ticket includes access to this delicious spread, ensuring you stay fueled throughout the game!

One of the highlights of the Picnic Perch is the exclusive access to the club level. This means that if the weather takes a turn, you can easily head indoors and continue enjoying the game from a comfortable, climate-controlled environment. It's the perfect way to ensure your day at the ballpark is memorable, no matter what Mother Nature has in store.

Spots are limited and will be filled **first come, first served**, so be sure to reserve early!

 **Sign up by April 21**
 Contact the Activities Team to reserve your spot

Don't miss this exciting day of baseball, great food, and Orioles spirit!



April Highlights

April is a month that truly embodies a sense of renewal. As spring unfolds, flowers start to bloom, trees regain their lush foliage, and longer, sunnier days beckon us to enjoy the great outdoors. It's a season characterized by rejuvenation, growth, and uplifted spirits—ideal for relishing nature, opening windows wide, and embracing the beauty that comes with the seasonal change.

Fascinating History and Fun Facts about April

April is rich in intriguing history and delightful facts! The name “April” is thought to originate from the Latin word *aperire*, which means “to open,” reflecting the blossoming flowers and budding plants of spring. Key holidays this month include:

- **April Fool's Day** (April 1): A time for light-hearted jokes and laughter.
- **Earth Day** (April 22): A reminder for us to nurture our planet.

April's birth flower is the **daisy**, symbolizing purity and cheerfulness, while its birthstone, the **diamond**, signifies strength and everlasting love.

Numerous significant events have taken place in April throughout history:

- In 1775, the American Revolutionary War commenced with the battles of Lexington and Concord.
- In 1912, the *Titanic* set sail—and tragically sank—marking a pivotal moment in maritime history.
- On April 30, 1789, George Washington was inaugurated as the first President of the United States in New York City.
- The famous board game Scrabble was copyrighted in April 1948, bringing generations together through the joy of words.
- The first Earth Day was observed in 1970, raising environmental consciousness worldwide.

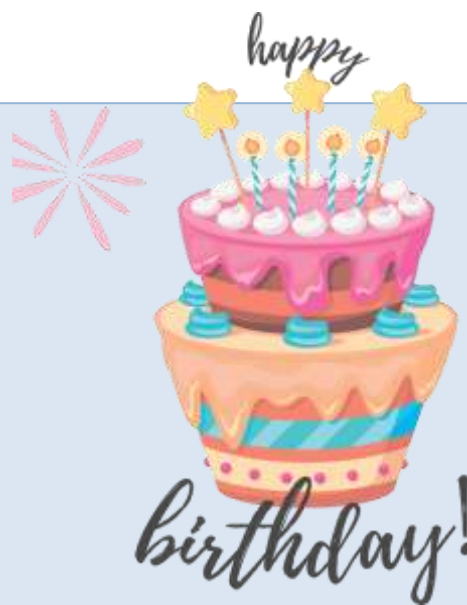
Additionally, April is the birth month of several illustrious figures, including **William Shakespeare**, **Leonardo da Vinci**, and **Ella Fitzgerald**.

With so much to honor, April is a splendid time to welcome new beginnings, appreciate the outdoors, and expand our knowledge. Whether it's sharing moments of laughter, noticing the initial signs of spring, or reflecting on historical milestones, this month offers something special for everyone.

April Birthdays

In April, we celebrate birthdays with:

- **Youngnam Chung** 04/01
- **Mary Cunningham** 04/07
- **Harvey Brook** 04/09
- **Tatsuyo Ezell** 04/10
- **Henry Choi** 04/14
- **John Argyle** 04/15
- **Jacqueline Green** 04/19
- **Anna Benz** 04/24
- **Doris Pass** 04/24
- **Patricia Longenecker** 04/27
- **Mike Rizzo** 04/30



Buddy Ebsen (actor) – April 2, 1908
Eddie Murphy (comedian) – April 3, 1961
Gregory Peck (actor) – April 5, 1916
Loretta Lynn (singer) – April 14, 1932
Clarence Darrow (lawyer) – April 18, 1857
Elizabeth II (queen) – April 21, 1926
Shirley Temple (actress) – April 23, 1928
Carol Burnett (comedian) – April 26, 1933
Willie Nelson (musician) – April 30, 1933

Aries (Mar 21 – Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Taurus (Apr 21 – May 20)

Taurus are practical and well-grounded. They surround themselves with love & beauty.

Poem to Share

Leisure

By W.H. Davies

What is this life if, full of care,
We have no time to stand and stare.

No time to stand beneath the boughs
And stare as long as sheep or cows.

No time to see, when woods we pass,
Where squirrels hide their nuts in grass.

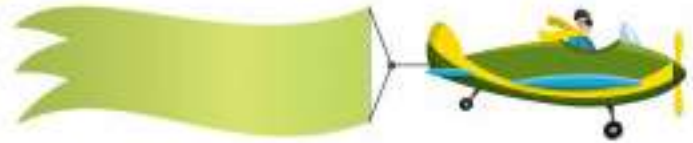
No time to see, in broad daylight,
Streams full of stars, like skies at night.

No time to turn at Beauty's glance,
And watch her feet, how they can dance.

No time to wait till her mouth can
Enrich that smile her eyes began.

A poor life this if, full of care,
We have no time to stand and stare.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Doris Pass**
- **William Burdett**
- **Charles Thornton**
- **Priscilla Kimlingen**
- **Helaman Ferguson**
- **Angeline Nie**
- **Frances Taylor**
- **Clinton Black**
- **Frederick Everly**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Jerry Musser**
- **Pete Moulton**

CONTINUOUS IMPROVEMENT

Your voice matters at Harmony Hall! We are excited to introduce our Community Feedback Box, located in Carmella's.

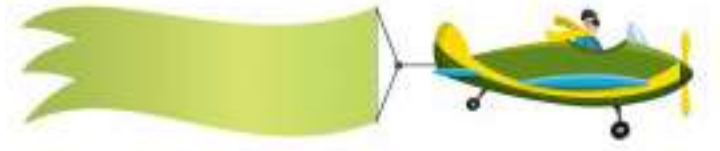
The feedback box is a clear fishbowl with paper and pens nearby. Whether you have a suggestion, praise, or a concern we welcome your input.

ARTS & CRAFTS

Join us every Saturday evening at 6pm on the 2nd floor for a fun and relaxing craft session with Sage. Explore a variety of creative projects in a friendly, welcoming atmosphere. No experience needed, just bring your enthusiasm. Come craft, create, and have fun with us!



Noticeboard



BEAUTY SALON

The hairdresser is available for appointments every Monday and Wednesday from 10am to 4pm.

To book an appointment, please visit or call the concierge at extension 4000. If you are calling from a cell phone or outside the building, please dial 410-531-6000. They maintain a binder with available dates and time slots.

LIBRARY

Help us maintain an organized library. Please return books to the two designated book return bins. If you have donations of books or puzzles, reach out to Danny or Ann-Margaret in Activities. Please refrain from dropping them off at the library. Thank you.

LAUNDRY ROOM HOURS

Monday – Friday

2:00pm to 9:00pm

Saturday & Sunday

All Day

RESIDENT TRIPS

Tuesdays at 10:45 AM

- 1st Tuesday: Walmart
- 2nd Tuesday: Resident's Choice
- 3rd Tuesday: Target
- 4th Tuesday: Giant

Thursdays from 1:00 PM to 2:00 PM

- April 2, April 9 & April 16: Giant

FAMILY BINGO NIGHT

Gather your family and friends to enjoy some quality time together. Join your loved ones on Thursdays for Bingo at 6:30pm on the 2nd Floor!



Noticeboard



TUESDAY EVENING HAPPY HOURS 6:00PM LOBBY

April 7th & 21st
Larry & Bill

April 14th & 28th
Empty Ecstasy

FRIDAY HAPPY HOURS 2:00PM LOBBY

April 3rd
Vintage Entertainment

April 10th
Michael Brown

April 17th
Steve Flynn

April 24th
Paul Jude

MAHJONG

Curious about Mahjong or looking to sharpen your skills? Join us every Monday and Wednesday starting April 6 for a fun, relaxed learning session! Whether you're brand new or just need a refresher, this is a great opportunity to learn the basics, build confidence, and enjoy friendly conversation along the way.

When: Mondays & Wednesdays at 10:30am
Where: 2nd Floor

Come give it a try – no experience needed, just bring your curiosity and we'll take care of the rest!



Laughing Matters



The Talking Parrot

A burglar was quietly robbing a house when he heard a voice: "Jesus is watching you."

Then he saw a parrot in a cage and asked: "Did you just talk to me?"

The parrot replied "Yes."

Relieved, the burglar asked: "What's your name?"

The parrot responded, "Clarence".

The burglar said: "That's a stupid name, what idiot named you Clarence?"

The parrot answered, "The same idiot who named the rottweiler Jesus".

The Preacher's Promise

A preacher said: "If I had all the beer in the world, I'd take it and throw it into the river." And the congregation cried, "Amen!"

He continued: "And if I had all the wine in the world, I'd take it and throw it in the river". And the congregation cried, "Amen!"

"And if I had all the whiskey and rum in the world, I'd take it all and throw it in the river". Again the congregation cried, "Amen!" The preacher sat down

The deacon then stood up & said: "For our closing hymn, let's turn to page 126 of our hymn books and sing, "We shall drink from that river".

A Lesson Learned

Finding one of her students making faces at others on the playground, Ms. Smith stopped to gently reprimand the child.

Smiling sweetly, the Sunday school teacher said, "Johnny, when I was a little girl, I was told if that I made ugly faces, it would freeze and I would stay like that."

Little Johnny looked up and replied, "Well, Ms. Smith, you can't say you weren't warned."

Across

4. Cheerful, yellow spring flower (8)
5. What season is Easter associated with? (6)
7. A hen makes these (4)
8. The search for Easter Eggs (4)
9. A baby sheep (4)
11. The hen's baby (6)
13. Used to color eggs (3)
14. Make eggs look pretty (8)
15. Traditional Easter hats usually tied with ribbons (7)
16. Used to collect Easter eggs (6)

Down

1. An animal that looks like a rabbit with long ears (4)
2. In the song 'Easter Parade' what avenue do they walk down? (5)
3. In 'Alice in Wonderland' what color is the rabbit with the pocket watch? (5)
5. Easter is always on this day of the week (6)
6. Female star of the film 'Easter Parade'? Judy _____ (7)
10. Another word for rabbit (5)
12. Most popular Easter present (9)
13. A female rabbit (3)

