March 2026
Harmony Park Programming

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Move Your Body Exercise 11:30 Ministry Services 1:00 Talk about Lunch and Aromatherapy 1:30 Table Games 2:00 Ice Cream Social with Music 2:30 Reading Club 3:00 Bowling with Easy Listening 4:00 60's & 70's Musical Documentary 6:00 Gentle Table Game 7:00 Sunday's Best Classical Movie	**2** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 10:30 Music Therapy w/ Paul and Pup 1:30 Nail Spa Party [P] 1:30 The Walking/Moving Club 2:00 Interactive Games/Table Games 3:30 Sip, Stir & Smile 4:00 Harmony Hour (sing along) 6:00 Air Hockey 7:00 Monday Movie Night	**3** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment 2:30 Joe Carroll Therapy Room Visits 3:00 Joe Carroll Music Performance 4:00 Warm Towels and Hand Massage 6:00 60's Funniest Videos 7:00 Classical Cinemagic	**4** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Zumba Exercise 1:30 Animal Documentary 2:00 Happy Hour with Lynn Roxy 3:00 The Game Zone 4:00 Canvas Painting Party [P] 6:00 Trivia/Ball Color Target 7:00 Mid Week Dance Movie	**5** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment [P] 1:30 Pampering & Care moment 3:00 Gentle Bowling Fun 4:00 Sing with Me 7:00 Classical Cinemagic	**6** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Dumbbell Exercise with Music 1:30 Bingo with Gifts 2:00 Canvas Paint & Sip 3:00 Baking Club 3:00 Sing with the Staffs 4:00 The Game Zone with Music 6:00 Friday Night Cinemagic	**7** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Yoga Exercise 1:30 Interactive Games/Table Games 2:30 Nature Show & Cookies 3:00 Dance & Sway – seated or standing slow dancing with music 4:00 Flower Arranging/Folding Laundry 6:00 Mix & Match Game 7:00 Saturday Movie Night
8 **Daylight Saving Time Begins** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Move Your Body Exercise 11:30 Ministry Services 1:30 Spintopia 2:00 Ice Cream Social with Music 2:30 Reading Club 3:00 Bowling with Easy Listening 3:30 International Women's Day Talk 4:00 60's & 70's Musical Documentary 6:00 Gentle Table Game 7:00 Sunday's Best Classical Movie	**9** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 10:30 Music Therapy w/ Paul and Pup 1:30 The Walking/Moving Club 2:00 Interactive Games/Table Games 3:30 Sip, Stir & Smile 4:00 Harmony Hour (sing along) 6:00 Air Hockey 7:00 Monday Movie Night	**10** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment 2:30 Joe Carroll Therapy Room Visits 3:00 Joe Carroll Music Performance 4:00 Warm Towels and Hand Massage 6:00 60's Funniest Videos 7:00 Classical Cinemagic	**11** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Zumba Exercise 11:00 Just Bead It 1:30 Animal Documentary 2:00 Happy Hour with Lynn Roxy 3:00 The Game Zone 4:00 Canvas Painting Party [P] 6:00 Trivia/Ball Color Target 7:00 Mid Week Dance Movie	**12** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment [P] 1:30 Pampering & Care moment 2:00 Julie Hall 3:00 Gentle Bowling Fun 4:00 Sing with Me 7:00 Classical Cinemagic	**13** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Dumbbell Exercise with Music 1:30 Bingo with Gifts 2:00 Canvas Paint & Sip 3:00 Baking Club 3:00 Sing with the Staffs 4:00 The Game Zone with Music 6:00 Friday Night Cinemagic	**14** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Yoga Exercise 1:30 Interactive Games/Table Games 2:30 Nature Show & Cookies 3:00 Dance & Sway – seated or standing slow dancing with music 4:00 Flower Arranging/Folding Laundry 6:00 Mix & Match Game 7:00 Saturday Movie Night
15 **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Move Your Body Exercise 11:30 Ministry Services 1:30 Spintopia 2:00 Ice Cream Social with Music 2:30 Reading Club 3:00 Bowling with Easy Listening 3:30 The Ides of March 4:00 60's & 70's Musical Documentary 6:00 Gentle Table Game 7:00 Sunday's Best Classical Movie 7:00 Sunday's Best Classical Movie	**16** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 10:30 Music Therapy w/ Paul and Pup 1:30 Echoes of Nature 1:30 The Walking/Moving Club 2:00 Interactive Games/Table Games 3:30 Sip, Stir & Smile 4:00 Harmony Hour (sing along) 6:00 Air Hockey 7:00 Monday Movie Night	**17** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** **St. Patrick's Day** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment 2:30 Joe Carroll Therapy Room Visits 3:00 Joe Carroll Music Performance 3:00 St. Patrick's Day Party 4:00 Warm Towels and Hand Massage 6:00 60's Funniest Videos 7:00 Classical Cinemagic	**18** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Zumba Exercise 1:30 Animal Documentary 2:00 Happy Hour with Lynn Roxy 3:00 The Game Zone 4:00 Canvas Painting Party [P] 6:00 Trivia/Ball Color Target 7:00 Mid Week Dance Movie	**19** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment [P] 1:30 Pampering & Care moment 3:00 Gentle Bowling Fun 4:00 Sing with Me 7:00 Classical Cinemagic	**20** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Dumbbell Exercise with Music 1:30 Bingo with Gifts 2:00 Canvas Paint & Sip 3:00 Baking Club 3:00 Sing with the Staffs 4:00 The Game Zone with Music 6:00 Friday Night Cinemagic	**21** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Yoga Exercise 1:30 Interactive Games/Table Games 2:30 Nature Show & Cookies 3:00 Dance & Sway – seated or standing slow dancing with music 4:00 Flower Arranging/Folding Laundry 6:00 Mix & Match Game 7:00 Saturday Movie Night
22 **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Move Your Body Exercise 11:30 Ministry Services 1:30 Spintopia 2:00 Ice Cream Social with Music 2:30 Reading Club 3:00 Bowling with Easy Listening 4:00 60's & 70's Musical Documentary 6:00 Gentle Table Game 7:00 Sunday's Best Classical Movie 7:00 Sunday's Best Classical Movie	**23** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 10:30 Music Therapy w/ Paul and Pup 1:30 The Walking/Moving Club 2:00 Interactive Games/Table Games 3:30 Sip, Stir & Smile 4:00 Harmony Hour (sing along) 6:00 Air Hockey 7:00 Monday Movie Night	**24** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment 2:30 Joe Carroll Therapy Room Visits 3:00 Joe Carroll Music Performance 4:00 Warm Towels and Hand Massage 6:00 60's Funniest Videos 7:00 Classical Cinemagic	**25** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Zumba Exercise 1:30 Animal Documentary 2:00 Happy Hour with Lynn Roxy 3:00 The Game Zone 4:00 Canvas Painting Party [P] 6:00 Trivia/Ball Color Target 7:00 Mid Week Dance Movie	**26** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment [P] 1:30 Pampering & Care moment 2:00 Julie Hall [P] 3:00 Gentle Bowling Fun 4:00 Sing with Me 6:00 Gentle Table Game [P] 7:00 Classical Cinemagic	**27** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Dumbbell Exercise with Music 1:30 Bingo with Gifts 2:00 Canvas Paint & Sip 3:00 Baking Club 3:00 Sing with the Staffs 4:00 The Game Zone with Music 6:00 Friday Night Cinemagic	**28** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Yoga Exercise 1:30 Interactive Games/Table Games 2:30 Nature Show & Cookies 3:00 Dance & Sway – seated or standing slow dancing with music 4:00 Flower Arranging/Folding Laundry 6:00 Mix & Match Game 7:00 Saturday Movie Night
29 **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Move Your Body Exercise 11:30 Ministry Services 1:30 Spintopia 2:00 Ice Cream Social with Music 2:30 Reading Club 3:00 Bowling with Easy Listening 4:00 60's & 70's Musical Documentary 6:00 Gentle Table Game 7:00 Sunday's Best Classical Movie	**30** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 10:30 Music Therapy w/ Paul and Pup 1:30 The Walking/Moving Club 2:00 Interactive Games/Table Games 3:30 Sip, Stir & Smile 4:00 Harmony Hour (sing along) 6:00 Air Hockey 7:00 Monday Movie Night	**31** **Room Visits** ***Sensory Room Visits/Nature Moment (11am - 6pm)*** 10:00 Hydration Bar ice Breaking 10:30 Joyful Conversation 11:00 Chair Exercises with Bev 1:00 Pampering & Care moment 2:30 Joe Carroll Therapy Room Visits 3:00 Joe Carroll Music Performance 4:00 Warm Towels and Hand Massage 6:00 60's Funniest Videos 7:00 Classical Cinemagic				

LORIEN MEMORY CARE
Harmony Park

- Active Engagement
- Health & Wellness
- Music & Memory
- Nutrition & Hydration
- Outdoor Time & Sensory Connection
- Routine Reinforcement
- You Matter

Location Keys

Harmony Park P