

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10 Fellowship-ICP 1 10:40 Church Service-L 11 Christ Church of Mt. Airy Service- 3E 2 Sunday Sundaes-ICP 2-3:30 <i>Variety Hour</i> -L 3:30 Weight Class-2D	10 Tai Chi- 2D 2 10:30 Spintopia-2D 10:30 Balloon Volleyball-3E 1:30 Garden Club-2D 2 Theater Movie 3 Book Talk- Lib. 3:15 Table Games-3DR	10 Yoga- 2D 3 10:30 <i>Bible Study</i> 2G 11 Table Games- 3Dr 1:30 <i>Classical Music</i> -2D 1:30 Ladies Chat-3E 3 Travelogue-2D 3 Music & Nails-ICP	10 Weight Class-L 4 10:30 <i>Morning Stretch</i> -3E 10:45 <i>CARD GAME</i> - L 1:30 BINGO- 2D 2 ICE CREAM SOCIAL- ICP 2:30 TABLE GAMES/CHAT- L 3:30 1:1 Room Visits-3rd	10 Devotions-2D 5 10:30 Laugh-In- T 1 Mail Delivery 1:30 Craft w/Cindy-3E 2:30 Kitchen Band Sing-Along-L 3:45 Happy Hour-1D	10:30 Trivia- L 6 10:45 Bunny visit-L 11 Sittercise- L 1:30 Oreo Tasting <i>National Oreo Day-ICP</i> 2:30 Live Music by The Jazz Trio-L	8:15 Table Chat-3DR 7 10:30 Bingo- 3Dr 10:30 Oh Shoot-2D 1:30 Bell Choir- 2D 2 Theater Movie 3 CAMP FIRE CHAT-2D 3:30 CRAFT W/STEPH-3E	
10 Fellowship-ICP 8 10:40 Church Service-L 2-3:30 Sunday Sundaes-ICP 2-3:30 <i>Variety Hour</i> -L 3:30 Weight Class-2D Daylight Saving Time Begins	10 Tai Chi- 2D 9 10:30 Ribbon Wand Chair Exercise- 3E 1:30 Bingo-2D 2 Table Games-3Dr 2 Theater Movie 3 Poetry- Lib. 3 1:1 Room Visits-3RD FL	10 Yoga- 2D 10 10:30 Music & Nails-ICP 1:30 <i>Classical Music</i> -2D 1:30 Ladies Chat-3E 2 Bluegrass Band- L 2:45 Sip & Paint w/Marsha- ICP 3 Travelogue- 2D	10:30 Veteran 11 Talk-L <i>Keepers of Lighthouses</i> 1:30 Bingo- 2D 2 Ice Cream Social-ICP 3 Lobby Keno	10 Devotions-2D 12 10:30 I Love Lucy T 1 Mail Delivery 1:30 Craft w/Cindy-3E 2:30 Sing-Along-L 3:45 Happy Hour-1D	10:30 Word Game-L 13 10:45 BUNNY VISIT-L 11 Sittercise- L 1 <i>Mail Delivery</i> 2:30 Entertainment by Bob K- L 3:30 Milk Shakes	10:30 Bingo- 3Dr 14 10:30 OH SHOOT-2D 1:30 Bell Choir-2D 2 Theater Movie 3 Green Food Tasting game- ICP 3:30 TABLE GAMES-L 3 Craft Time w/Steph-3E	
10 Fellowship-ICP 15 10:40 Church Service-L 11 Christ Church of Mt. Airy Service- 3E 2 Sunday Sundaes-ICP 2:30 <i>Music by Marsha-L</i> 3:30 Weight Class-2D	10 Tai Chi- 2D 16 10:30 Penny Ante Game- 3Dr 1:30 <i>Council Meeting-2D</i> 2 Bingo- 3Dr 2:15 Keno- 2D 2 Theater Movie 3 Book Talk- Lib.	10 Yoga- 2D 17 10 Hymns & Catholic Mass-3E 1:30 <i>Classical Music- 2D</i> 2:30 St. Patrick's Day Happy Hour Social- L	10 Weight Class-L 18 10:30 <i>Morning Stretch-3E</i> 10:45 <i>CARD GAME- L</i> 1:30 BINGO- 2D 1:45 <i>PIANO MUSIC- 3E</i> 2 ICE CREAM SOCIAL-ICP 3 MUSIC ENTERTAINMENT By Joshua Polak- L	10 Devotions-2D 19 10:30 Carol Burnett T 1 Mail Delivery 1:30 Craft w/Cindy-3E 2:30 Sing-Along-L 3:45 Happy Hour-1D	10:30 Trivia- L 20 10:45 Bunny visit-L 11 Sittercise- L 1-4 Spring Sale-ICP 2:30 Musical Jam with Marsha- L 3:30 Spring Snack-L	8 TABLE CHAT-3DR. 21 10:30 Bingo- 3Dr 10:30 Oh Shoot-2D 12:30-4 Spring Sale-ICP 1:30 Bell Choir-2D 2 Theater Movie 3 Music & Nails- L	
10 Fellowship-ICP 22 10:40 Church Service-L 2-3:30 Sunday Sundaes-ICP 2-3:30 <i>Variety Hour</i> -L 3:30 Weight Class-2D	10 Tai Chi- 2D 23 10:30 Balloon Volleyball- 3E 1:30 Bingo-2D 2 TABLE GAMES-3DR 2 Theater Movie 3 Poetry- Lib. 3 1:1 Room Visits-3RD FL	10 Yoga- 2D 24 10:30 <i>Bible Study</i> 2G 11 <i>Reminiscing w/Steph- 3E</i> 1:30 <i>Classical Music-2D</i> 1:30 <i>Ladies Chat- Movie Day-T</i> 2 Bluegrass Band- L 3 Travelogue- 2D	10 Weight Class-L 25 10:30 Armchair Travel- to Ireland-T 10:45 <i>Card Game-L</i> 1:30 Bingo- 2D 2 ICE CREAM SOCIAL-ICP 2:30 Balloon Demo- L 3:30 1:1 Room visits	10 Devotions- 2D 26 1 MAIL DELIVERY 1:30 HISTORY DOCS- 2D 2:30 Sing-Along-L Opening Day- 3:05 Orioles-T 3:45 Happy Hour- 1D	10:30 Trivia- L 27 10:45 Bunny visit-L 11 Sittercise- L 1 Mail Delivery 2-4 Casino Event Fun, Games & More Lobby & ICP	8 TABLE CHAT-3DR. 28 10:30 GROUP TIME- 3E 10:30 Oh Shoot-2D 1:30 Bell Choir-2D or Spintopia-L 2 Theater Movie 3 Music & Nails-L 3 ART GALLERY- 3E	
10 Fellowship-ICP 29 10:40 Church Service-L 2-3:30 Sunday Sundaes-ICP 2-3:30 <i>Variety Hour</i> -L 3:30 Weight Class-2D Palm Sunday	10 Tai Chi- 2D 30 10:30 Chair Exercise-3E 1 Mail Delivery 1:30 Bingo-2D 2 Table Games- 3Dr 2 Theater Movie 3 Library Trip 3 1:1 Room Visits-3RD FL.	10 Yoga- 2D 31 10:30 <i>Word Mining-2D</i> 10:30 Table Games- 3Dr 1:30 <i>CLASSICAL MUSIC-2D</i> 2:30 Music Entertainment by Marsha- L 3 Travelogue-2D	9 am - Morning Greetings & Chronicles, Tuesdays- Beauty Shop Opens- Sign up at the Front Desk				

March 2026

Lorien Mt. Airy Assisted Living Activity Calendar