

# LORIEN NEWSLETTER

## JANUARY ASSISTED LIVING

### NEW YEAR NEW BEGININGS

January brings a fresh start, renewed energy, and countless moments to look forward to here at Lorien. As we welcome 2026, our community is excited to embrace new opportunities for joy, connection, and meaningful engagement. From winter crafts to cozy social gatherings, this month is all about warmth, reflection, and togetherness. Let's make this new year our brightest chapter yet!

### RESIDENT OF THE MONTH

We are delighted to recognize Ms. June Homan as our Resident of the month. June brings such a gentle warmth to our community, greeting others with kindness and a bright smile each day. She enjoys connecting with others participating in activities, and gracious personality make her a true pleasure to have here at Lorien. We're so grateful to celebrate her this month.

### WINTER WELLNESS

This winter season is here, and we're focusing on staying warm, healthy, and active. Whether it's enjoying a cozy cup of cocoa, joining our daily exercise groups, or participating in creative activities, January offers many ways to keep spirits high. Remember to stay hydrated, dress warmly, and take time to relax and recharge.

### JANUARY HIGHLIGHTS

January 1<sup>st</sup> - Catholic Mass

January 9<sup>th</sup> - Entertainment W/ Steve Flynn

January 15<sup>th</sup> - Resident Council Meeting

January 16<sup>th</sup> - Entertainment w/ Carl Carington

January 21<sup>st</sup> - Entertainment W/ Chyp Davis

January 22<sup>nd</sup> Cowboy Magic W/ Cowboy Joe

January 28<sup>th</sup> - Entertainment W/ Bruce Thomas

