

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026 Lorien Mays Chapel Calendar of Events						
						
4 <u>11:00</u> Target Games (2 <sup>nd</sup> FL DR)  <u>2:00</u> Movie Matinee (2 <sup>nd</sup> FL DR)	5 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Coffee/Hot Chocolate Social /January Trivia (2 <sup>nd</sup> FL DR) <u>2:30</u> Bowling (2 <sup>nd</sup> FL DR)	6 Room visits to fill out menu <u>2:00</u> Catholic Communion Service (2 <sup>nd</sup> FL DR) <u>3:00</u> Musical Entertainment by Bruce (2 <sup>nd</sup> FL DR) Room visits to fill out menu	7 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Noodle Volleyball (2 <sup>nd</sup> FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	8 <u>11:00</u> Chair Exercise & Guess the Word (2 <sup>nd</sup> FL DR) <u>2:30</u> Resident Council (2 <sup>nd</sup> FL DR)	9 <u>9:30</u> Activity Cart (3 <sup>rd</sup> FL) <u>11:00</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	10 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Games & Cards (2 <sup>nd</sup> FL DR) <u>2:00</u> Movie Matinee (2 <sup>nd</sup> FL DR)
11 <u>10:30</u> Balloon Volleyball (2 <sup>nd</sup> FL DR) <u>11:00</u> Bible Study -Courage in the Bible (2 <sup>nd</sup> FL DR) <u>2:00</u> Nail Polishing (2 <sup>nd</sup> FL DR and in rooms)	12 <u>11:00</u> Chair Exercise/Trivia (2 <sup>nd</sup> FL DR) <u>2:30</u> Keeping Sharp! Word Puzzles (2 <sup>nd</sup> FL DR)	13 Room visits to fill out menu <u>10:00</u> Episcopal Church (2 <sup>nd</sup> FL DR) <u>2:00</u> Catholic Communion Service (2 <sup>nd</sup> FL DR) Room visits to fill out menu	14 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Bingo (2 <sup>nd</sup> FL DR) <u>2:30</u> Musical Entertainment by Rayan (2 <sup>nd</sup> FL DR)	15 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Painting & Coloring (2 <sup>nd</sup> FL DR) <u>2:00</u> St Stephens Episcopal Church (2 <sup>nd</sup> FL DR) <u>3:00</u> Soda Counter-Root beer Floats (2 <sup>nd</sup> FL DR)	16 <u>9:30</u> Activity Cart (3 <sup>rd</sup> FL) <u>11:00</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	17 <u>11:00</u> Noodle Ball (2 <sup>nd</sup> FL DR) <u>2:00</u> Movie Matinee (2 <sup>nd</sup> FL DR)
18 <u>11:00</u> Target Games (2 <sup>nd</sup> FL DR)  <u>2:00</u> Movie Matinee (2 <sup>nd</sup> FL DR)	19 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Coffee/Hot Chocolate Social /MLK Trivia (2 <sup>nd</sup> FL DR) <u>2:30</u> Keeping Sharp! MLK word puzzles (2 <sup>nd</sup> FL DR) Martin Luther King Jr. Day	20 Room visits to fill out menu <u>2:00</u> Catholic Communion Service (2 <sup>nd</sup> FL DR) <u>3:00</u> January Birthday Party with music by John (3 <sup>rd</sup> FL DR) Room visits to fill out menu	21 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Noodle Volleyball (2 <sup>nd</sup> FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	22 <u>11:00</u> Jeopardy (2 <sup>nd</sup> FL DR) <u>2:30</u> Musical Entertainment By Sea Depth (2 <sup>nd</sup> FL DR)	23 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Bowling (2 <sup>nd</sup> FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	24 <u>10:30 – 12</u> Nail Polishing (In rooms) <u>2:00 -2:45</u> Noodle Ball (2 <sup>nd</sup> FL DR) <u>3:30</u> Unmute Concert (2 <sup>nd</sup> FL DR)
25 <u>10:30</u> Balloon Volleyball (2 <sup>nd</sup> FL DR) <u>11:00</u> Bible Study -How the Bible came to be (2 <sup>nd</sup> FL DR) <u>2:00</u> Movie Matinee (2 <sup>nd</sup> FL DR)	26 <u>11:00</u> Alaska Word Games (2 <sup>nd</sup> FL DR) <u>2:30</u> Travel to Alaska (2 <sup>nd</sup> FL DR)	27 Room visits to fill out menu <u>2:00</u> Catholic Communion Service (2 <sup>nd</sup> FL DR) <u>3:30</u> Musical Entertainment by Tom (2 <sup>nd</sup> FL DR) Room visits to fill out menu	28 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Adaptive Twister (2 <sup>nd</sup> FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	29 <u>10:30</u> Chair Exercise (2 <sup>nd</sup> FL DR) <u>11:00</u> Painting & Coloring (2 <sup>nd</sup> FL DR) <u>2:30</u> Ice Cram Social (2 <sup>nd</sup> FL DR)	30 <u>10:30</u> Korean Methodist Service (2 <sup>nd</sup> FL DR) <u>11:00</u> Activity Cart #rd FL DR) <u>2:30</u> Bingo (2 <sup>nd</sup> FL DR)	31 <u>11:00</u> Noodle Ball (2 <sup>nd</sup> FL DR) <u>2:00</u> Movie Matinee (2 <sup>nd</sup> FL DR)

Activities are subject to change. Groups are held in the 2<sup>nd</sup> FL Dining Room. \* = Specialty Groups