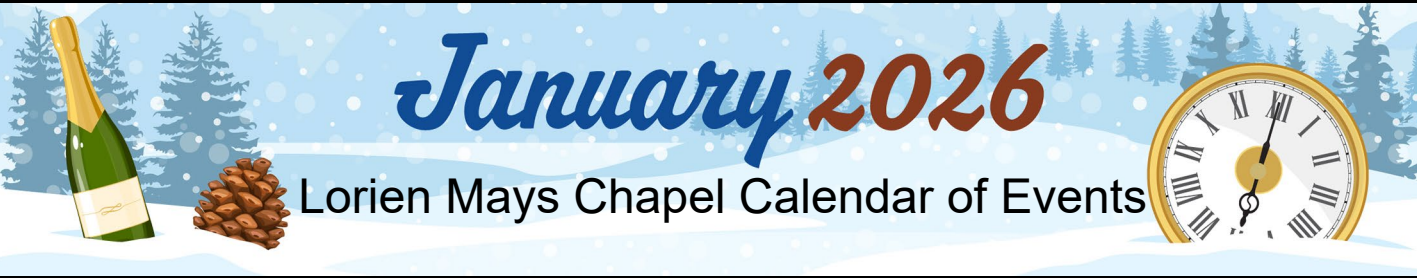


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 9:00 Calendars passed out 11:00 Twister Target Game (2 <sup>nd</sup> FL DR) 2:00 St Stephens Episcopal Church (2 <sup>nd</sup> FL DR) 3:30 New Year's Day Resolutions/Discussion With Cookies (2 <sup>nd</sup> FL DR) New Year's Day	<b>2</b> 9:30 Activity Cart (3 <sup>rd</sup> FL) 11:00 Chair Exercise (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>3</b> Independent Activities
<b>4</b> 11:00 Target Games (2 <sup>nd</sup> FL DR) 2:00 Movie Matinee (2 <sup>nd</sup> FL DR)	<b>5</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Coffee/Hot Chocolate Social /January Trivia (2 <sup>nd</sup> FL DR) 2:30 Bowling (2 <sup>nd</sup> FL DR)	<b>6</b> Room visits to fill out menu 2:00 Catholic Communion Service (2n FL DR) 3:00 Musical Entertainment by Bruce (2 <sup>nd</sup> FI DR) Room visits to fill out menu	<b>7</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Noodle Volleyball (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>8</b> 11:00 Chair Exercise & Guess the Word (2 <sup>nd</sup> FL DR) 2:30 Resident Council (2 <sup>nd</sup> FL DR)	<b>9</b> 9:30 Activity Cart (3 <sup>rd</sup> FL) 11:00 Chair Exercise (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>10</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Games & Cards (2 <sup>nd</sup> FL DR) 2:00 Movie Matinee (2 <sup>nd</sup> FL DR)
<b>11</b> 10:30 Balloon Volleyball (2 <sup>nd</sup> FL DR) 11:00 Bible Study -Courage in the Bible (2 <sup>nd</sup> FL DR) 2:00 Nail Polishing (2 <sup>nd</sup> FL DR and in rooms)	<b>12</b> 11:00 Chair Exercise/Trivia (2 <sup>nd</sup> FL DR) 2:30 Keeping Sharp! Word Puzzles (2 <sup>nd</sup> FL Dr)	<b>13</b> Room visits to fill out menu 10:00 Episcopal Church (2 <sup>nd</sup> FL DR) 2:00 Catholic Communion Service (2 <sup>nd</sup> FL DR) Room visits to fill out menu	<b>14</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Bingo (2 <sup>nd</sup> FL DR) 2:30 Musical Entertainment by Rayan (2 <sup>nd</sup> FL DR)	<b>15</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Painting & Coloring (2 <sup>nd</sup> FL DR) 2:00 St Stephens Episcopal Church (2 <sup>nd</sup> FL DR) 3:00 Soda Counter-Root beer Floats (2 <sup>nd</sup> FL DR)	<b>16</b> 9:30 Activity Cart (3 <sup>rd</sup> FL) 11:00 Chair Exercise (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>17</b> 11:00 Noodle Ball (2 <sup>nd</sup> FL DR) 2:00 Movie Matinee (2 <sup>nd</sup> FL DR)
<b>18</b> 11:00 Target Games (2 <sup>nd</sup> FL DR) 2:00 Movie Matinee (2 <sup>nd</sup> FL DR)	<b>19</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Coffee/Hot Chocolate Social /MLK Trivia (2 <sup>nd</sup> FL DR) 2:30 Keeping Sharp! MLK word puzzles (2 <sup>nd</sup> FL DR) Martin Luther King Jr. Day	<b>20</b> Room visits to fill out menu 2:00 Catholic Communion Service (2 <sup>nd</sup> FI DR) 3:00 January Birthday Party with music by John (3 <sup>nd</sup> FL DR) Room visits to fill out menu	<b>21</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Noodle Volleyball (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>22</b> 11:00 Jeopardy (2 <sup>nd</sup> FI DR) 2:30 Musical Entertainment By Sea Depth (2 <sup>nd</sup> FL DR)	<b>23</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Bowling (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>24</b> 10:30 – 12 Nail Polishing (In rooms) 2:00 -2:45 Noodle Ball (2 <sup>nd</sup> FL DR) 3:30 Unmute Concert (2 <sup>nd</sup> FL DR)
<b>25</b> 10:30 Balloon Volleyball (2 <sup>nd</sup> FL DR) 11:00 Bible Study -How the Bible came to be (2 <sup>nd</sup> FL DR) 2:00 Movie Matinee (2 <sup>nd</sup> FL DR)	<b>26</b> 11:00 Alaska Word Games (2 <sup>nd</sup> FL DR) 2:30 Travel to Alaska (2 <sup>nd</sup> FL DR) Australia Day (Observed)	<b>27</b> Room visits to fill out menu 2:00 Catholic Communion Service (2 <sup>nd</sup> FI DR) 3:30 Musical Entertainment by Tom (2 <sup>nd</sup> FL DR) Room visits to fill out menu	<b>28</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Adaptive Twister (2 <sup>nd</sup> FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>29</b> 10:30 Chair Exercise (2 <sup>nd</sup> FL DR) 11:00 Painting & Coloring (2 <sup>nd</sup> FL DR) 2:30 Ice Cram Social (2 <sup>nd</sup> FL DR)	<b>30</b> 10:30 Korean Methodist Service (2 <sup>nd</sup> FL DR) 11:00 Activity Cart #3rd FL DR) 2:30 Bingo (2 <sup>nd</sup> FL DR)	<b>31</b> 11:00 Noodle Ball (2 <sup>nd</sup> FL DR) 2:00 Movie Matinee (2 <sup>nd</sup> FL DR)

Activities are subject to change. Groups are held in the 2<sup>nd</sup> FI Dining Room. \* = Specialty Groups