

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025 LORIEN ELKRIDGE						1 10:00AM - Coffee Chronicles 11:00AM - Name That Tune 2:00PM - Movie & Popcorn 3:00PM - Corn Hole Tournament 4:00PM - Puzzle Time
2 10:00AM - Coffee & Chronicles 11:00AM - Color Me Happy 2:00PM - Catholic Service 3:00PM - Bingo Club 4:30PM - Ice Cream Social Daylight Saving Time Ends	3 10:00AM - Brew Talk 11:00AM - Groove and Move 2:00PM – Jewelry Making 3:00PM - Volley Balloon Toss 4:00PM - Apple Cider Social	4 10:00AM - Sweet Sips 11:00AM - Gentle Fitness 2:00PM -SNF Resident Council 3:00PM - Bingo Club 4:00PM - Autumn Fun Facts	5 10:00AM - Morning Mingle 11:00AM - Gentle Stretch 2:00PM - Chair Yoga W/ Linda 3:00PM - Corn Hole Tournament 4:00PM - Donut Day	6 10:00AM - Morning Brew 11:00AM - Fitness Fun 2:00PM - Catholic Mass 3:00PM - Bingo Club 4:00PM -Snack & Social	7 10:00AM - Coffee Chronicles 11:00AM - Morning Movers 2:00PM - Movie & Popcorn 3:00PM -Tennis Toss 4:00PM - Cider Chat	8 10:00AM - Coffee Chronicles 11:00AM - Name That Price 2:00PM - Movie & Popcorn 3:00PM -The Hoop Loop 4:00PM - Ice Cream Social
9 10:00AM - Coffee & Chronicles 11:00AM - Color Me Calm 2:00PM - Catholic Service 3:00PM - Bingo Club 4:30PM -Tea & Conversation	10 10:00AM - Sips & Stories 11:00AM - Golden Moves 2:00PM - Bingo W/ DJ Smooth 3:00PM - Gratitude garland 4:00PM - Tea Talks	11 10:00AM - Grateful Grounds 11:00AM - Wellness Workout 2:00PM - Patriotic Painting 3:00PM - Bingo Club 4:00PM - Sundae Day Veterans Day Remembrance Day (Canada)	12 10:00AM - Cozy Chat 11:00AM - Move & Breathe 2:00PM - Chair Yoga W/ Linda 3:00PM - Baking Cookies 4:00PM - Fun Facts	13 10:00AM - Café’ Chat 11:00AM - Energy Boost 2:00PM - Mini Mani 3:00PM - Bingo Club 4:00PM - Snack & Social	14 10:00AM - Hot Cocoa and Conversations 11:00AM - Active Aging 2:00PM - Sing A - Long 3:00PM - Happy Hour W/ Carl Carrington 4:00PM - Peaceful Puzzles	15 10:00AM - Coffee Chronicles 11:00AM - Sing A- long 2:00PM - Movie & Popcorn 3:00PM - Word Search 4:00PM -Table Talk Circle
16 10:00AM - Coffee & Chronicles 11:00AM - Fall into Color 2:00PM - Catholic Service 3:00PM - Bingo Club 4:30PM - Hot Cocoa Social	17 10:00AM - Café Conversations 11:00AM - Sit & be fit 2:00PM - Chair Yoga W/ Linda 3:00PM – Pumpkin patch Painting 4:00PM - Popcorn Social	18 10:00AM - Cider Chat 11:00AM - Mindful motion 2:00PM - Karaoke Time 3:00PM - Bingo Club 4:00PM - Hot Cocoa and Cookies Social	19 10:00AM - Steamy Start 11:00AM - Flex & Flow 2:00PM - Entertainment W/ Chyp Davis 3:00PM - Word Search 4:00PM - Baking Cookies	20 10:00AM - Cup of Cheer 11:00AM - Morning Movers 2:00PM - The Price is Right 3:00PM - Bingo Club 4:00PM - Snack & Social	21 10:00AM - Coffee Chronicles 11:00AM - Morning Exercise 2:00PM - Movie & Popcorn 3:00PM - The Hoop Loop 4:00PM -Tea Talks	22 10:00AM - Coffee Chronicles 11:00AM - Pictionary Hour 2:00PM - Movie & Popcorn 3:00PM - Puzzle Time 4:00PM - Hot Cocoa Social
23 10:00AM - Coffee & Chronicles 11:00AM - Color Therapy 2:00PM - Catholic Service 3:00PM - Bingo Club 4:00PM - Ice Cream Social	24 10:00AM - Holiday Chat 11:00AM - Rise and Move 2:00PM - Chair Yoga W/ Linda 3:00PM - Leaf Lanterns 4:00PM - S’mores Treats	25 10:00AM -Thankful Talks 11:00AM - Balance & Stretch 2:00PM - Thanksgiving Trivia 3:00PM - Bingo Club 4:00PM -Table talk Circle	26 10:00AM - Warm Whispers 11:00AM - Chair Fitness 2:00PM - Bruce In Concert 3:00PM – Baking Cookies 4:00PM - Group Challenge	27 10:00AM - Cozy Conversations 11:00AM - Sit & Be Fit 2:00PM - Mini Mani 3:00PM - Bingo Club 4:00PM - Snack & Social Thanksgiving Day (U.S.)	28 10:00AM - Coffee Chronicles 11:00AM - Morning Exercise 2:00PM - Movie & Popcorn 3:00PM - Color Me Calm 4:00PM - Hot Cocoa Social	29 10:00AM - Coffee Chronicles 11:00AM - Word in a Word 2:00PM - Movie & Popcorn 3:00PM - Color Me Calm 4:00PM - Hot Cocoa Social
30 10:00AM - Coffee & Chronicles 11:00AM - Color your Joy 2:00PM - Catholic Service 3:00PM - Bingo Club 4:00PM - Popcorn Social						

