

Lorien Mt. Airy ALF

September 2025

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pet Visits- 10th & 24th- cat 10:30 Fridays- rabbit 12th- River- dog Tuesdays- Beauty Shop Opens @9am- make appointments at the front desk. *All Activities are Subject to Change	9:30a Morning Greetings & Daily Chronicle 1 10:30a Labor Day Program by Joshua Polack- L 1:30p Bingo- 2D 2 Theater Movie 2:45p Tai Chi- 2D 3:30p Book Talk with Cheryl-Lib. 3:30 Nail Care-Rooms	9-10a Morning Greetings 2 10a Yoga- 2D 10:15a Classic Movie Kiss Me Stupid-T 10:30a Word Games-2D 1:30 Classical Music Video- 2D 2-3:30 Ice Cream Social- ICP 3:30 Porch Chat	9-10 Morning Greetings 3 10 Weight Class-2D 10:30 Travelogue-2D 10:30 ART TIME-3E 1 Mail Delivery 2 Echo of Nature- Animal Visits-CY 3 Bingo- 2D 3:30 Porch Chat or Nail Care-3E	9-10 Morning Greetings 4 10 Devotions- 2D 10:30 Bingo- 3Dr 11:30 Table Talk 1 Mail Delivery 2 Porch Chat 2:30 Kitchen Band Sing-along- L 3:45 Happy Hour-1D	9-10 Morning Greetings 5 10:15 Trivia Time-L 10:30 Pet Visits-L 11 Chair Exercise-L 1 Mail Delivery 1:45 Porch Chat 2:30 Music Entertainment by Joe C.- L 3:45 Milkshakes (Ice Cream Parlor)	9-10 Morning Greetings 6 9 Room Visits by Cindy- 3rd floor 10:30 Dice Game "Oh Shoot"-2D 1 Mail Delivery 2 Theater Movie 2 Bell Choir-3E 2:30 Porch Chat 3:30 Art with Amanda- 3E
10 Fellowship-ICP 7 10:40a Church- L 11:30 Christ Church of Mt. Airy Service- 3E 1 Mail Delivery & Room Visits 2pm-4pm- Car Cruise-in, DJ & Ice Cream (Lorien Parking Lot) Happy National Assisted Living Week	9-10a Morning Greetings 8 10a Tai Chi- 2D 10:30a Photo Slideshow- T 10:45a Spintopia-2D 1p Mail Delivery 1:30 Garden Therapy program- 2D 2 BRAIN GAMES-3E 2 Theater Movie 3 Poetry Reading-lib 3:30p Porch Chat 3:30 Nail Care- 3E	9-10a Morning Greetings 9 10am Gentle Giants (Horses) outdoors - Prospect side 11:30 Table Talk-3Dr 1 Mail Delivery 2 Penny-Farthing Bike DEMO & HISTORY outdoors - Prospect side 3 Ice Cream from the Street Cow Bike-Outdoors	9-10 Morning Greetings 10 10 Cat Visits- Rooms 10 Weight Class-2D 10:30 Card Game-2D Kings in the Corner 10:30 ART TIME-3E 1:30 Bingo- 2D 2 Porch Chat/Room Visits 2:45 A Train Journey through Scotland-T 3 Travelogue-2D 3:30 Nail Care- rms	9-10 Morning Greetings 11 10 Devotions- 2D 10:30 Bingo- 3Dr 11:30 Table Talk 1 Mail Delivery 1:30 Bus Ride Sing-along with Marsha- Sign up with the Front Desk 2 Porch Chat 2:30 Sing-Along-L with Cheryl & Friends 3:45 HAPPY HOUR-1D	9-10 Morning Greetings 12 10:15 Trivia Time-L 10:30 Pet Visits-L w/Abby & River 11 Chair Exercise-L 1 Mail Delivery 1:45 Porch Chat 2:30 Live Entertainment-L Luau Performer 3:30 Luau Treat-(Ice Cream Parlor)	9-10 Morning Greetings 13 10a Bible Study with Cindy-3E 10:30a Word Game Spintopia- T 1 Mail Delivery 1 Dice Game- Oh Shoot- 2D 2 Theater Movie 2 Bell Choir-3E 3:30 Art with Amanda- 3E

Key: L- Lobby, ICP- Ice Cream Parlor, Lib.- Library, CY-courtyard, 1D-1st floor dayroom, 2D-2nd Floor dayroom, 3Dr- 3rd floor dining room, 3E- 3rd floor dayroom

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Fellowship-ICP 14 10:40 Church- L 11 Christ Church Service- 3E 1 Ravens Game-T 2-3:30 Sunday Sundae's ICP 2 Variety Hour- L 3:30 Weight Class- 2D	10 Tai Chi- 2D 15 10:30 Creative Coloring-3E 10:30 The Dean Martin Show- T 10:45 Spintopia-2D 1:30 Resident Council Meeting- 2D 2 Active Game Football- 3E 2 Theater Movie 2:15 Bingo- 2D 3:30 Book Talk- Lib.	10a Yoga- 2D 16 10 Hymns followed by Catholic Mass-3E 10:15a Classic Movie THE PAJAMA GAME- T 10:30 Word Games-2D 1:30 Classical Music-2D 2-3:30 Ice Cream Social- ICP 2 Music- Joe D- L 3:30 Porch Chat	10 Porch Chat 17 10:30 Veterans Talk- WARRIOR CONNECTIONS- LOBBY (all are welcomed) 1:30 Bingo-2D 2 1:1 Room Visits 3 Travelogue- 2D 3:30 Nail Care & Music- 3E	10 Devotions-2D 18 10:30 Bingo- 3E 11:30 Table Talk-3Dr 1 Mail Delivery 1:45 Craft with Cindy- 3E 2:30 Sing- Along- L 3:30 Porch Chat 3:45 Happy Hour	10:15 Trivia Time-L 19 10:30 Pet Visits-L 11 Chair Exercise-L with Renee 1 Mail Delivery 1:45 Porch Chat 2:30 Entertainment by Billy Lynch- L 3:30 Watermelon- ICP	9 Room Visits 20 by Cindy- 3RD FL. 10:30 Dice Game "Oh Shoot"-2D 1 Mail Delivery 2 Theater Movie 2 Bell Choir-3E 3:30 Art Gallery Display- 3E
10 Fellowship-ICP 21 10:40 Church- L 11:30 Porch Chat 1:35 O's game-T 2 Piano Student Concert- L 2-3:30 Sunday Sundae's- ICP 3:30 Weight Class-2D	10 Tai Chi- 2D 22 10:30 Creative Coloring-3E 10:30 I Love Lucy- T 10:45 Spintopia-2D 1:30 Bingo- 2D 2 Brain Games-3E 2 Nail Care w/Diana 2 Theater Movie 3:30 Poetry Readings-Lib	10a Yoga- 2D 23 10:15a Classic Movie ON GOLDEN POND- T 10:30 Word Games-2D 1:30 Classical Music-2D 2-3:30 Ice Cream Social- ICP 2 Bluegrass Band- L 3:30 Porch Chat	10 Weight Class-2D 24 10:30 Cards- 2D 10:30 CHAIR EXERCISE w/Cindy- 3E 1:30 Porch Chat 1:30 Bingo-2D 1:45 Music by Debbie Long- 3E 3 Travelogue- 2D 3:30 Nail Care & Music- 3E	10 Devotions-2D 25 10:30 Bingo- 3E 11:30 Table Talk-3Dr 1 Mail Delivery 1:45 Craft with Cindy- 3E 2:30 Sing- Along- L 3:30 Porch Chat 3:45 Happy Hour	10:15 Trivia Time-L 26 10:30 Pet Visits-L 11 Chair Exercise-L with Renee 1:45 Porch Chat 2:30 Entertainment Lorien Musical Jam- L 3:30 Cupcakes- ICP Sept. B-day Treat	10a Bible Study 27 with Cindy-3E 10:30a Word Game Spintopia- T 1 Dice Game- Oh Shoot- 2D 2 Entertainment-L Empty E. Band 3:30 Art with Amanda- 3E
10 Fellowship-ICP 28 10:40 Church- L 11 Christ Church Service- 3E 2-3:30 Sunday Sundae's ICP 2 Variety Hour- L 3:30 Weight Class- 2D	10 Tai Chi- 2D 29 10:30 Creative Coloring-3E 10:30 Armchair Travel-T 10:45 Spintopia- 2D 1:30 Bingo- 2D 2 Active Games- 3E 2 Theater Movie Jerry & Marge go Large 3 Library Trip- Sign up with Cheryl	10a Yoga- 2D 30 10:15a Classic Movie THE 7-YEAR ITCH- T 10:30 Word Games-2D 1:30 Classical Music-2D 2-3:30 Ice Cream Social- ICP 2-4 Table and Porch Chat 3 Bunco game- L	Activities 9a-10a- Morning Greetings & Daily Chronicle Visits Tuesdays- Beauty Shop Opens- make appointments at Front Desk Pet Visits- Cat (Wilbur or Jake) Sept 10th & 24th (mornings) Rabbit (Abby) Friday mornings Dog (River)- 2 Fridays a month (let our activities staff know if you would like a pet visit)			

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