

July 2025

Lorien Columbia

Monthly Newsletter



Happy Birthday!

Nancy Lee B. (2nd)

Okgil L. (3rd)

Judy C. (3rd)

Frederick B. (3rd)

Richard G. (4th)

Susan K. (5th)

Dong L. (6th)

Ramesh K. (10th)

Mary A. (11th)

Harivansh S. (13th)

James W. (14th)

Victoria N. (15th)

John C. (16th)

Don J. (23rd)

Pamela E. (25th)

Kay Q. (25th)

Le N. (26th)

Holidays

Independence Day

July 4

Activity Highlights

Resident Council – July 1st

This is a resident run meeting where residents can discuss topics and concerns and pass on to leadership to continue the best possible advocacy and service to residents.

Residents can also keep up to date with facility policy or upcoming changes/events.

4th of July Cookout – July 3rd

Join your fellow residents in the courtyard or 1st Floor Dining

Room for a celebratory cookout! Menu includes hot dogs, hamburgers and all of your favorite sides! For those who do not want to eat in the courtyard or dining room, this menu is available in your room as well.

Lorien Luau – July 11th

Let's HULA! Authentic Hawaiian dancers will join us for a spectacular performance of dancing, warrior chants and fire spinning! Watch your Activities team try their best at it as well! We will also have a feast of traditional foods and frozen beverages!

Ocean City Day – July 18th

Come share some delicious boardwalk treats like fries and funnel cake, as well as take an Old Time photo just like the Ocean City boardwalk!

Baked Potato Bar – July 22nd

We will serve gigantic baked potatoes with all your favorite fixins! Pick between bacon, cheese, sour cream, butter, veggies and more! Can't come in person? Call Activities and let them know what you would like and we can bring it to you!

Welcome!

To all our new residents....WELCOME to Lorien Columbia! We hope your stay with us is restful and "Just what the doctor ordered!" If you are staying with us long term, welcome to your new home!

FAQs

Who can attend activities?

EVERYONE! All residents are welcome to attend all activities.

Is there any cost to the resident for activities?

The only activity that will cost a resident money are a Take Out Day or Trip. The resident will be asked to present payment upon delivery of their ordered food items or bring funds on the trip with them. All other activities are completely free!

How will I get to Activities?

If you are not able to take yourself to and from activities, nursing or activities staff members will take you back and forth. Activities can also accommodate Geri-chairs, if the resident is unable to tolerate a wheelchair.

How can I contact staff from other departments?

Phone extensions for all departments can be found at the bottom of your activity calendar.

If you have a facility phone in your room, simply dial the 4 digit ext. If you are using a cell phone, call the front desk at 410-531-5300 and either dial by extension or ask the front desk staff to transfer you.

In Room Activities

Books, Magazines, Coloring, Word Searches, Crossword and Sudoku books are available through Activities as well as small crafts, audio books, decks of cards and more! Call Activities to request. Staff also come around weekly to deliver items. Games and puzzles are also available in the dining rooms for you to play with your guests.

Manicures

Residents who wish to receive a manicure can contact Activities to be added to the list.

Activity Staff will come to the resident's room or the resident can come to the dining room. There are no scheduled appointment times. Staff will come to the room as they and the residents are available.

Please note, we are not professional manicurists. We provide polish removal, filing, clipping and polish application. We do not utilize gel, acrylic or dip services.

Manicures are completely free to residents.

\$ Activities

For all activities that have a \$ in front of them, you have the opportunity to win money. "Pay Day" for these activities is the first week following the month. Residents must still be living at the facility in order to receive their winnings.

Group Dining

On Mondays and Wednesdays, you can choose to have dinner with other residents in the first floor dining room. If you are interested in dining with others on these days, please contact Activities and let us know by 10:00 AM the morning of.

Beauty Shop / Hair Services

If you are interested in getting your hair done (cut, color, styling, blow drying), you can obtain a form from the Front Desk, Nursing Station or Business Office (ext. 1237). You are able to sign up for a recurring service or just a one-time service. The stylist is typically in on Thursdays and the Unit Coordinator will inform you of when your appointment is scheduled for. This is a paid service that will be billed to you.

