

NEWSLETTER

April 2025



IN THIS ISSUE

Directory	2
Month in Review	4
Upcoming Events	6
Regular Events	7
April Birthdays	8
A Poem to Share	9
Noticeboard	10
Laughing Matters	12
Employee of the Month	14
Word Search	15

Directory

Concierge/Front Desk		Ext. 4000	
Executive Director	Victoria Rosier	Ext. 4006	vrosier@lorienhealth.com
Business Office	Sam Salenieks	Ext. 4007	ssalenieks@lorienhealth.com
Director of Health & Wellness	Nayeli McCaffrey	Ext. 4009	nmccaffrey@lorienhealth.com
1st & 2nd Floor Coordinator	Claro Melendres	Ext. 4026	melendres@lorienhealth.com
3rd Floor Coordinator	Melissa Estel	Ext. 4032	mestel@lorienhealth.com
Director of Hospitality	Yuri Blanco	Ext. 4016	ybsandoval@lorienhealth.com
Director of Activities	Danny Dye	Ext. 4022	ddye@lorienhealth.com
Director of Sales	Julia Schneider	Ext. 4053	jschneider@lorienhealth.com
Director of Sales and Marketing	Chelsea McCartin	Ext. 4003	cmccartin@lorienhealth.com
HR Director	Corey Homes	Ext. 4011	cholmes@lorienhealth.com
Housekeeping/EVS Director	Jon Sweadner	Ext. 4042	jsweadner@lorienhealth.com
Maintenance Director	Joe Keagle	Ext. 4043	jkeagle@lorienhealth.com
Dining Director	Brian Kelley	Ext. 4013	bkelley@lorienhealth.com
Rehab Director	Krista Cantafio	Ext. 4052	krista.cantafio@powerback.com

These extensions are exclusively available for in-house phones. If you're calling from a cell phone or from outside the building, please dial 410-531-6000 and request the desired extension.

April Fun Facts



It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**

Birthstone: **Diamond**

Flower: **Daisy & Sweet Pea**

Pink Moon

Every April, sky watchers are treated to a stunning celestial event known as the Pink Moon. Despite its name, the Pink Moon isn't actually pink in color. Instead, it is named after the wild ground phlox, a pink flower that blooms in early spring and is native to North America. This full Pink Moon will achieve its peak illumination on Saturday, April 12, at 8:22 PM.

- The Hubble Space Telescope was launched on April 24, 1990, revolutionizing our understanding of the universe.
- The first modern Olympics opened in Athens on April 6, 1896, reviving the ancient tradition of international competition.
- On April 12, 1961, Yuri Gagarin became the first human to travel into space, marking a milestone in exploration.
- The famous novel "The Great Gatsby" by F. Scott Fitzgerald was published on April 10, 1925.

WOW!

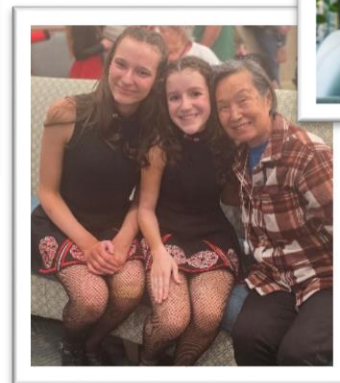
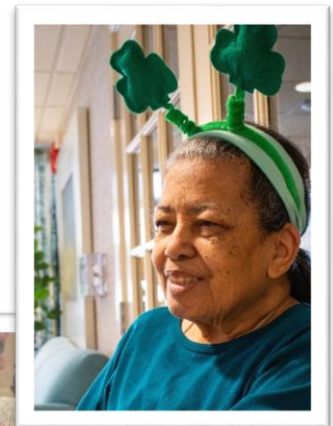
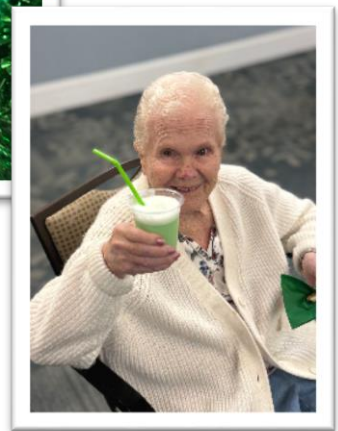
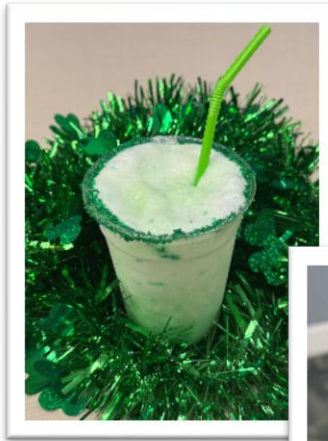
April 15, 1770: The Pencil Eraser

On this day, Joseph Priestley discovered that rubber could erase pencil marks. This simple invention changed the way people write and correct their work. Before erasers, people used bread crumbs to remove mistakes! Today, the pencil eraser remains a small but mighty tool in classrooms, offices, and art studios worldwide.

What We've Been Up to Lately

The Luck of the Irish

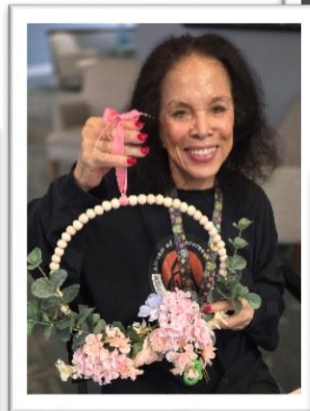
The luck of the Irish sprinkled its magic on the residents for St. Patrick's Day! They sipped on shamrock shakes that were green enough to make a leprechaun jealous. The air was filled with the enchanting tunes of a bagpiper, and they wrapped up the festivities with some toe-tapping moves from an Irish dance crew!



Life in Our Community

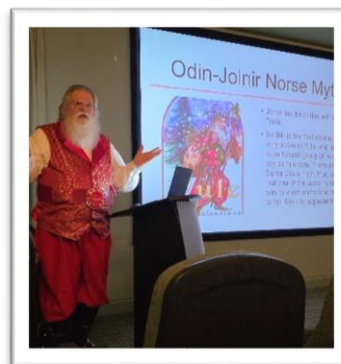
Spring Wreaths

As spring arrived, residents gathered to create vibrant wreaths, using flowers and greenery. This resulted in unique wreaths that now brighten their doors, celebrating the season's renewal.



History of Santa

Santa Ezra hitched up his sleigh and zoomed over to Harmony Hall to dish out the jolly gossip on his own legendary history!



Upcoming Events

The Life and Times of Mark Twain

Tuesday, April 8 6:00pm, Movie Theater

Easter Egg Hunt

Thursday, April 17 2:30pm, Lobby

Restaurant Trip to The Walrus Oyster & Ale House

Thursday, April 24 10:30am, Lobby

Dr. Lazris Talk

Monday, April 28 10:00am, 2nd Floor

S'mores Social

Monday, April 28 3:00pm, TBD

Piano Concert with Andrew Gordon

Monday, April 28 6:00pm, Lobby

Celebrating April

April Fool's Day

April 1

Tartan Day

April 6

Metric System Day

April 7

International Moment of Laughter Day

April 14

Passover

April 12–20

Easter

April 20

Earth Day

April 22

Arbor Day

April 25



Regular Events

Women's Bible Study

Every Monday 10:30am Parlor

Bayada Talk

Every 2nd Tuesday 11:00am Movie Theater

Movement Exploration

Every Tuesday & Thursday 10:00am Lobby

Ice Cream Social

Every Tuesday 1:30pm 2nd Floor

Just Bead It

Every 4th Tuesday 11:00am 2nd Floor

Tai Chi/Yoga

Every Wednesday 10:30am, Lobby

Music Appreciation

Every Wednesday 1:00pm, Movie Theater

Q & A

Every 4th Thursday 3:00pm 2nd Floor

Catholic Communion and Prayer

Every Thursday 2:00pm Parlor

Catholic Communion

Every Sunday 9:00am Parlor

Happy Hour

Every Friday 2:00pm Lobby

Jewish Services

Every Friday 10:45am Parlor

Bingo!

Every Monday, Wednesday, Saturday & Sunday 1:00pm 2nd Floor



April Birthdays

In April, we celebrate birthdays with:

- **Youngman Chung** 04/01
- **Tara Waters** 04/02
- **Joann Kandel** 04/06
- **Ronald Beck** 04/06
- **Mary Cunningham** 04/07
- **Tatsuyo Ezzell** 04/10
- **John Argyle** 04/15
- **Anna Benz** 04/24
- **Mike Rizzo** 04/30



Aries (Mar 21 – Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Taurus (Apr 21 – May 20)

Taurus are practical and well-grounded. They surround themselves with love & beauty.

Poem to Share

The Garden

By Ralph Waldo Emerson

The garden is the place I go,
To let my heart and spirit grow.
Amidst the flowers, soft and bright,
I find my peace, my soul's delight.

The buzzing bees, the singing birds,
Speak nature's love without mere words.
Each leaf and petal, green and fair,
Whispers joy beyond compare.

The garden's beauty, calm and deep,
Lulls my worries fast asleep.
For in this haven, pure and free,
The world and I find harmony.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Suzanne Waller**
- **John Shadid**
- **Youngnam Chung**
- **Sunhon Davis**
- **Richard Braithwaite**
- **Michael Morris**

We hope that you enjoy your time here!

FRIDAY HAPPY HOURS

2:00PM LOBBY

Friday April 4th
Steve Flynn

Friday April 11th
Julie Hall

Friday April 18th
Vintage Entertainment

Friday April 25th
Paul Jude

IN MEMORIAM

In honor of our beloved friends & family, their memories will always be cherished in our hearts. They will be profoundly missed by everyone who had the privilege of knowing them.

- **Eleanor Sadler**

TUESDAY EVENING HAPPY HOURS

6:00PM LOBBY

Tuesday, April 1st
Larry & Bill

Tuesday, April 15th & 29th
Empty Ecstasy

Tuesday, April 22nd
Glory Daze Duo

Noticeboard



BEAUTY SALON

The hairdresser is available every Tuesday, Wednesday and Thursday from 10am to 2pm. To reach Brenda, dial ext 4049. If your calling from a cell phone or outside the building please call 410-531-6000 and request ext. 4049.

FAMILY BINGO NIGHT

Gather your family and friends to enjoy some quality time together. Join your loved ones on Thursdays for Bingo at 6:30pm on the 2nd Floor!



BRIDGE

If you're interested in learning how to play bridge, please sign-up with the activities team. Should there be sufficient interest, we will arrange a class taught by one of our residents who will guide you through the game.

CRAFT CORNER

Monday, April 14

2:30pm 2nd Floor

6:00pm 2nd Floor

Join us for a delightful Easter egg decorating session! Bring your creativity and enjoy this fun-filled activity. Don't miss the opportunity to display your egg-cellent creations!



RESIDENT TRIPS

10:45am

- 1st Tuesday of the month – Walmart
- 2nd Tuesday of the month – Giant (30 minutes)
- 3rd Tuesday of the month – Target
- 4th Tuesday of the month – Resident's Choice

1:00 – 2:00pm

Thursday – Giant

Laughing Matters



The Parking Lot

A routine police patrol was passing outside a bar in Forth Worth, Texas when the officer saw a very drunk man looking for his car in the car park. He kept watching him while the drunk proceeded to try his keys in 5 different cars and nearly fell over a motorbike.

Meanwhile the patrons of the bar started going home while the drunk kept looking for his car. He finally found his car and took a while to open the door. Once inside the car, he attempted to light a cigarette 6 times.

By now the car park was empty and the police patrol decided to go and talk to the drunk before he started the car. He approached the car and said to the man: 'You know, sir, you are not allowed to drive under the influence!'

'Driving under the influence? Me?' said the man brightly and sounding very sober.

'I doubt it very much Officer; I'm just the designated decoy!'

Survival of the fittest

Two lawyers walking through the woods spotted a vicious looking bear.

The first lawyer immediately opened his briefcase, pulled out a pair of sneakers and started putting them on.

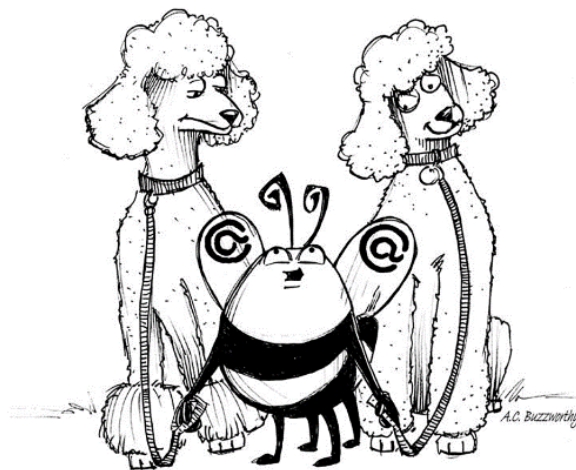
The second lawyer looked at him and said, "You're crazy! You'll never be able to outrun that bear!"

"I don't have to," the first lawyer replied. "I only have to outrun you."

Laughing Matters

Riddles and Puns

1. What do you call a great dog detective?
Answer: Sherlock Bones
2. What type of markets do dogs avoid?
Answer: Flea markets
3. What do fancy cats drive?
Answer: Fur-raris
4. What pep talk did the coach give the team of dogs and cats?
Answer: Stay paws-itive
5. What do you call a cat social?
Answer: A meow mix
6. Why don't cats like the summer?
Answer: It's the dog days
7. What's more amazing than a talking cat?
Answer: A spelling bee
8. Why did the Dalmatian go to the eye doctor?
Answer: Because it was seeing spots.



Walker Bee

Employee of the Month



JJ Buller

JJ was born in El Salvador and relocated to Houston, Texas, at the age of four. When he turned nine, he moved to Maryland. He graduated from Bladensburg High School in 2022 and is now enrolled at PG Community College. While working at Bath & Body Works, he also served as a companion to an elderly woman, which ignited his passion for working with seniors. In July 2024, he joined Harmony Hall in the Activities department. JJ hopes to further his education and pursue a career in the assisted living sector. In his free time, he enjoys crocheting, listening to music, watching movies, and spending time with friends. He is also a cat lover and has four furry companions. JJ's favorite aspect of working at Harmony Hall is engaging with the residents, learning their life stories, and lending a helping hand.

Word Search

BOOK TITLES



A	N	S	A	Q	P	Q	F	C	T	K	H	F	M
F	M	W	Z	H	O	P	R	J	D	M	E	P	I
W	E	M	M	A	L	E	A	P	Y	G	I	Y	E
P	T	R	U	M	L	R	N	L	I	C	D	G	M
M	A	E	L	M	Y	S	K	O	V	I	I	M	I
A	M	B	Y	A	A	U	E	L	A	N	S	A	D
T	O	E	S	T	N	A	N	I	N	D	G	L	D
O	R	C	S	I	N	S	S	T	H	E	R	I	L
N	P	C	E	L	A	I	T	A	O	R	A	O	E
E	H	A	S	D	Y	O	E	C	E	E	C	N	M
M	O	K	I	A	I	N	I	Q	Q	L	E	R	A
E	S	T	E	P	P	E	N	W	O	L	F	P	R
N	I	G	X	D	R	A	C	U	L	A	K	F	C
T	S	F	A	U	S	T	C	A	R	R	I	E	H

Metamorphosis
Dracula
Disgrace
Ulysses
Pollyanna

Heidi
Ivanhoe
Rebecca
Cinderella
Persuasion

Middlemarch
Pygmalion
Steppenwolf
Frankenstein
Atonement

Emma
Lolita
Carrie
Matilda
Faust