NEWSLETTER October 2024

Harmony Hall



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Directory

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These extensions are exclusively available for in-house phones. If you're calling from a cell phone or from outside the building, please dial 410-531-6000 and request the desired extension.

September in Review

Fall Wreath Making

The residents gathered together for a delightful afternoon filled with creativity and camaraderie as they embarked on a fun project: making their own fall wreaths for their doors. It was a perfect way to welcome the season and celebrate the creativity that thrives within Harmony Hall.









Upcoming Events

Rosh Hashana Service Thursday, October 3 4:00pm, Parlor

Tai Chi/Yoga Monday October 7 1:30, Lobby

Fall Foliage Trip Thursday October 17 10:00am, Lobby

Ladies Tea Party Thursday October 24 2:30pm, 2nd Floor

Harmony Hall Haunted Happenings Thursday October 31 1:30pm, Lobby

October Spotlight: The Light Bulb

In October 1879, Thomas Edison successfully tested a practical electric light bulb with a carbon filament that lasted 13.5 hours. This invention revolutionized life, marking the start of the electric age and symbolizing the power of innovation.

Celebrating October

Spinning and Weaving Week October 7–13

Free Speech Week October 21–27

Balloons Around the World Day October 1

World Animal Day October 4

> Handbag Day October 10

World Origami Days October 24–November 11

> National Mule Day October 26

> > Halloween October 31

Regular Events

Women's Bible Study Every Monday 10:30am Parlor

Bayada Talk Every 2nd Monday 10:30am Movie Theater

Movement Exploration Every Tuesday & Thursday 10:00am Lobby

Ice Cream Social Every Tuesday 1:30pm 2nd Floor

Just Bead It Every 4th Tuesday 11:00am 2nd Floor

Music Appreciation Every Wednesday 1:00pm, Movie Theater **Q & A** Every 4th Thursday 3:00pm 2nd Floor

Dr. Lazris Every 3rd Wednesday, 10:00am 2nd Floor

Catholic Communion and Prayer Every Thursday 2:00pm Parlor

Catholic Communion Every Sunday 9:00am Parlor

Happy Hour Every Friday 2:00pm Lobby

Jewish Services Every Friday 10:45am Parlor

Bingo! Every Monday, Wednesday, Saturday & Sunday 1:00pm 2nd Floor

October Birthdays

In October, we celebrate birthdays with:

- Janet Atkins
- Lois Boyko
- Barbara Dye
- Jo Gail Henry
- Kyung Ko
- Midge Singer
- Jill Hildenbrand
- Jeanne Knight
- Robert Perkins

Julie Andrews, Actor, 1st October 1935 Chevy Chase, Actor, 8th October 1943 John Lennon, Musician, 9th October 1940 Hugh Jackman, Actor, 12th October 1968 Margaret Thatcher, Prime Minister, 13th October 1925 Rita Hayworth, Actress, 17th October 1918 Joan Fontaine, Actress, 22nd October 1917 Pablo Picasso, Painter, 25th October 1881 Carrie Fisher, Actress, 21st October 1956 Bill Gates, Philanthropist, 28th October 1965



Libra (Oct 23 - Oct 22) Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

Poem to Share

A Dog's Love

Edgar A. Guest

A dog's love is something true, It comes without a price or fee. A loyal friend, steadfast and strong, Who walks with us, where we belong.

They ask for little, give so much, A gentle nudge, a soft, warm touch. In their eyes, we see a trust, A love that's pure, a bond that's just.

So cherish well this friend so dear, For in their heart, you're held near. In a dog's love, you'll always find, A faithful heart, forever kind.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Samuel Serio
- David Evans
- Lucia Limbach
- Dr. Rakesh Vinayek
- Edith Tenen
- Sandra Ward
- Blanche Lewis
- Mr. Cunningham
- Joyce Bellis
- Judy Whitfield
- Chang "Charlie" Yang
- Richard Ashlin
- Marie Lee
- Craig Heald
- So Ye Negril

We hope that you enjoy your time here!

RESIDENT TRIPS

<u>10:45am</u>

1st Tuesday of the month – Walmart
2nd Tuesday of the month – Giant (30 minutes)
3rd Tuesday of the month – Target
4th Tuesday of the month – Resident's Choice

<u>1:00 – 2:00pm</u>

Friday – Giant

FAMILY NIGHTS

Gather your family and friends to enjoy some quality time together. Join your loved ones on Mondays for Game Night and on Thursdays for Bingo at 6:30pm on the 2nd Floor!

HAPPINESS IS YELLING





CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to the activities department.

Thank you!

Noticeboard



BEAUTY SALON

The hairdressser is available every Tuesday, Wednesday and Thursday from 10am to 2pm.



EVENING HAPPY HOUR 6:00PM LOBBY

Tuesday October 8th & 29th *Empty Ecstasy*

Tuesday October 15th & 22nd Larry & Bill

LIBRARY

Step into a world of imagination and knowledge on the 2nd floor library! Whether you're a fan of epic tales, intriguing mysteries, or factual accounts, our fiction and non-fiction collections have something for everyone. Plus, challenge your mind with our selection of puzzles.

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CRAFTY CREATIONS

Come and join in the fun with this month's craft at 11:00am on the 2nd Floor.

<u>Thursday, October 15th</u> Beaded Keychain Wristlet



Laughing Matters

The Talking Dog



A man sees a sign in front of a house: "Talking Dog for Sale." Curious, he rings the doorbell. The owner tells him the dog is in the backyard. The man walks into the backyard and asks the dog, "Can you talk?"

"Yep," the dog replies.

"So, what's your story?" the man asks.

The dog looks up and says, "Well, I discovered my talking ability as a pup. I wanted to help, so I joined the CIA and traveled the world, gathering intelligence. I even sat in on high-level meetings with world leaders! Eventually, I retired, settled down, and now I enjoy relaxing in the sun."

The man is stunned. He asks the owner, "How much do you want for this incredible dog?"

"Ten dollars," the owner replies.

"Ten dollars? Why so cheap?"

"Well," the owner says, "he's a great storyteller, but he's a terrible liar!"

The Smart Parrot

A woman buys a parrot that used to belong to a sailor, and she soon discovers the bird knows quite a few colorful words. Hoping to train him out of his foul language, she says, "If you say anything inappropriate, I'll put you in the freezer for a minute to cool off."

The parrot tries to be good but slips up, so into the freezer he goes. After a minute, she lets him out and asks, "Have you learned your lesson?"

The parrot shivers and says, "Yes, ma'am, I won't say those words again. But, can I ask—what did the chicken do?"

Employee of the Month



Dave Danks

Dave was born and raised in West Chester, PA, where he graduated from Henderson High School. He began his career in the plumbing industry, later transitioning to carpentry. Twentyeight years ago, he relocated to Maryland. He has been happily married for 20 years and is a proud parent of four children, with a total of eight grandchildren and three great-grandchildren. His hobbies include riding motorcycles, camping, and spending time with dogs. He enjoys the variety in his work, loves assisting others, appreciates his co-workers, and considers them part of his Harmony Hall family. Crossword

GUESS THE ANIMAL CROSSWORD





Across

4. I am related to armadillos and I am very lazy I live in the tropical rain forests of Central and South America I like hanging upside down - 5

5. I am a burrowing plant-eating animal with long ears long hind legs and a short tail - *6*

6. I am a large vulture of the Andres and the national symbol of Peru - *6*

8. I am an Australian songbird capable of imitating almost any sound - *8*

9. I am a flightless seabird I use my wings as flippers under water - 7

10. I am a relative of the llama - 6

14. I am a nocturnal bird with large eyes and a hooked beak I hunt insects and small mammals for food - 3

17. I am an arctic whale with a long spiral ivory tusk - *7*

20. I am the largest living shark species I am harmless to humans - *10*

Down

2. I am a spiny egg-laying mammal with a long snout and claws native to Australia - *7*

3. I am a deer-like animal with huge antlers - 5

6. I am a South American mammal that resembles a giant long-legged guinea pig I am the largest living rodent - 8

7. I look like a small bear but I am not related to them I only eat eucalyptus leaves - *5*

I am a large water boa constrictor from South
 America - 8

12. I am rather small I can jump and I have very long antennae I have been quoted as one of the ten plagues of the Bible - 6

13. I am a small very intelligent African ape with black or brown fur and a slightly lighter and hairless face - 10

15. I am a wild shaggy-haired ox with a humped back - 5

16. I am an American wild cat - 6

18. I live in the ocean I have a beak-like snout and a curved fin on my back I am known for being sociable and intelligent - 7

19. I am a dog-like African mammal and scavenger with forelimbs that are longer than the hindlimbs and an erect mane - 5

