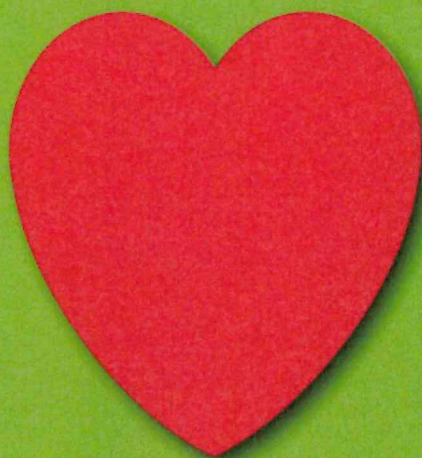


A photograph of several pink cosmos flowers in full bloom, set against a bright blue sky with soft, white clouds. The flowers have multiple layers of delicate, light pink petals and prominent yellow centers. The image has a slightly soft, painterly quality. The text 'Lorien Bel Air' is written in a large, dark, cursive script across the lower half, with 'April 2024' in a smaller, similar script below it.

Lorien Bel Air
April 2024



EARTH DAY CAN BE EVERY DAY!

Make your routine greener with a few simple ideas...



BE CONSCIOUS OF WATER USE

Turning off the tap while brushing your teeth can save up to **200 gallons** of water per month.



YOU CAN BE AN ENERGY SAVER

Remember to turn off the lights when leaving a room. Also, unplug any unused electronics.



REDUCE, REUSE

Replace disposable items with reusable ones where you can, like water bottles, shopping bags and more!



RECYCLE

Cut back on waste, boost your recycling efforts. Check your local recycling guidelines for more info.



Thank You!



HAPPY PASSOVER

SENDING YOU PEACE,
HAPPINESS, LOVE
AND EVERY BLESSING
FROM ABOVE.

ARBOR DAY

Much like Earth Day, Arbor Day is a holiday that celebrates the role of trees in our lives and promotes tree planting and care.



HISTORY:

Arbor Day was first observed in 1872, in Nebraska, but tree planting festivals are as old as civilization.

The tree has appeared throughout history and literature as the symbol of life.

FUN FACTS ABOUT TREES:



Trees keep our air supply fresh by absorbing carbon dioxide and producing oxygen.



Trees lower air temperature by evaporating water in their leaves.



Trees are the longest living organisms on earth.



Trees and other plants make their food through a process called photosynthesis.



Tree roots stabilize the soil and prevent erosion.



The inside of a tree is made of cork, phloem, cambium and xylem.



The xylem of a tree carries water from the roots to the leaves.

Family Council Meeting

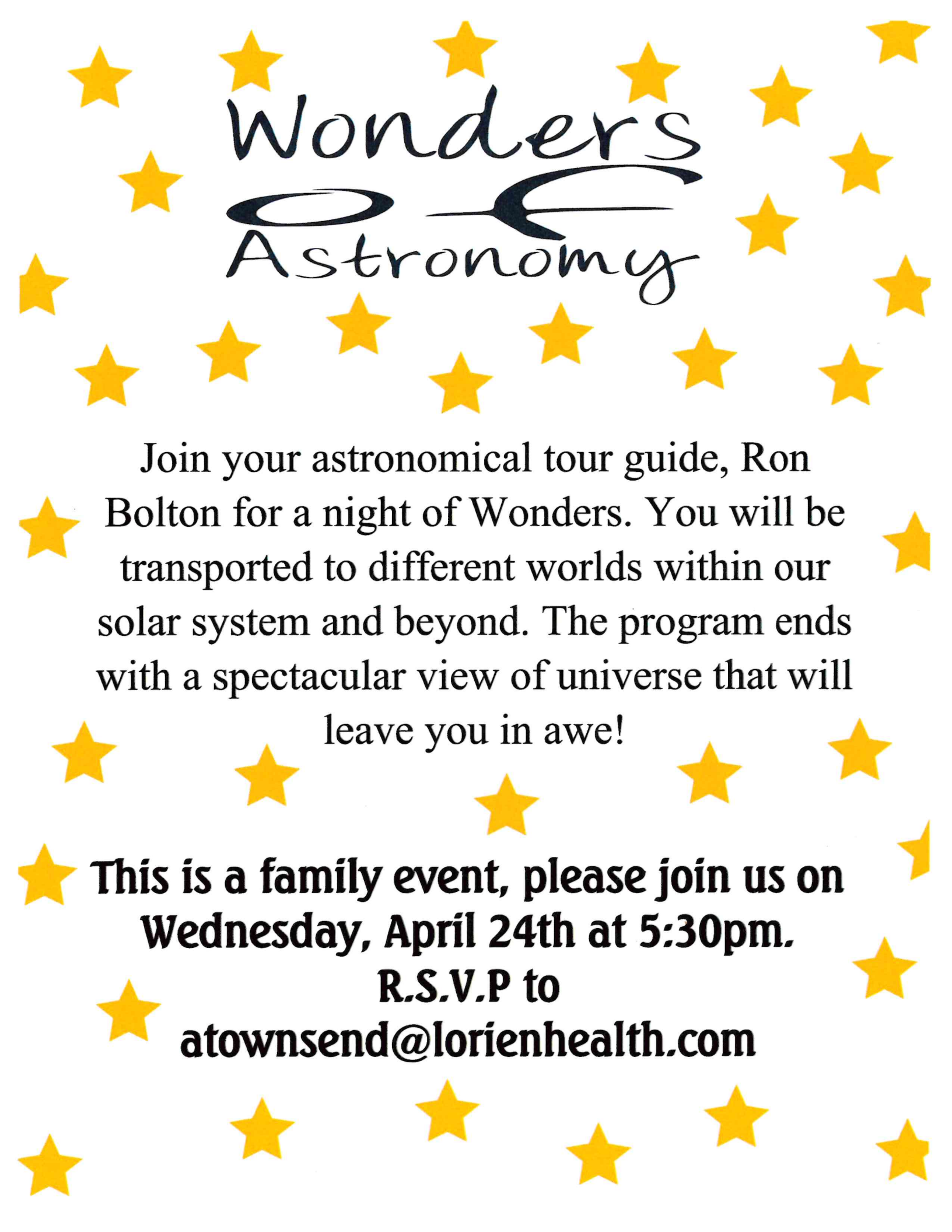
Does Your loved one need therapy?

This months Family Council Meeting will be with

Powerback
Rehabilitation®

Powerback is a leading national provider of physical therapy, occupational therapy, speech therapy, and wellness services. Their goal is to get patients back to doing what they love while providing care that is patient centered. We are fortunate to have Powerback at Lorient Bel Air as our therapy team. Come learn about the services they provide.

Wednesday, April 10th at 9:30am



Wonders Of Astronomy

Join your astronomical tour guide, Ron Bolton for a night of Wonders. You will be transported to different worlds within our solar system and beyond. The program ends with a spectacular view of universe that will leave you in awe!

**This is a family event, please join us on
Wednesday, April 24th at 5:30pm.**

**R.S.V.P to
atownsend@lorienhealth.com**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30			2024	

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: (ICP) = Ice Cream Parlor (L) = Library (MPR) = Multipurpose Room (BLR) = Balloon Room (BFR)= Butterfly Room (BR) = Bird Room (CY) = Courtyard Anyone can join any activity on any floor unless we have outbreak restrictions	1. April Fool's Day Morning 10:00 Fit in Time (MPR) 10:30 AL Resident Council (MPR) 10:30 Pets on Wheels w/Willow 11:00 LTC Resident Council (BR) Afternoon 1:30 Hallway Music Therapy with Chris (3rd) 1:30 Radio Social (BFR & BR) 2:00 Bingo W/ April Fool's Prizes (BFR & BR) Evening 5:00 April Fool's Social (BFR)	2. PB&J Day Beauty Shop for Assisted Living Morning 9:30-11:00 The Corner Store 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream W/Peanut Butter Toppings (ICP) 2:00 Color Therapy (ICP) 2:30 One on One Visits (all) Evening 5:30 Lady's Night With PB&J Cookies (BR) 5:30 Pets on Wheels w/Big Willow	3. Walk Day Morning 9:30 Walking Trail Trip <i>advanced sign up required call extension 1414</i> 10:00 Jeopardy Benefits of Walking Theme (BLR & BR) 10:30 Corn Hole (BLR & BR) 10:30 Pets on Wheels w/Max 10:45 Happiness Visits (all) 11:00 Artistic Expression (BR) Afternoon 1:15 Zumba (BR) 2:00 Bingo (BFR & BR) Evening 5:00 Wine Down Wednesday (L)	4. Get Your Groove On Morning 10:00 Card Club (BLR & BR) 10:30 Bowling (BLR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Grove Time With J&J Duo (CY or Café) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun or Hand Massage <i>call extension 1414 to get on the list</i>	5. Be Happy Day Beauty Shop for 3rd Floor Morning 9:30 Happy Reels (BFR & BR) 10:00 Smile Bingo (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Fit in Time (MPR) 2:00 Beer Happy Hour with Lynn (MPR)	6. Double Meaning Day Morning Bingo Handout 10:00 Double Meaning Word Game (BLR & BR) Afternoon 1:00 Pets on Wheels w/Peaches 1:30 Matinee "You Only Live Twice" (MPR) Evening 4:00 Young at Heart Club (BR)

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7. World Health Day Morning 10:00 World Health Word Game (BLR & BR) Afternoon 1:30 Mt. Christian Church Service (BFR) 2:00 Health Tips (BFR)	8. Giggle Day Morning 10:00 Fit in Time (MPR) 10:30 Giggle Time (MPR) 10:30 Pets on Wheels w/Willow 11:00 Artistic Expression (BR) Afternoon 1:30 Hallway Music Therapy with Chris (3rd Floor) 1:30 Radio Social (BFR & BR) 2:00 Bingo (BFR & BR) Evening 5:00 Warm Cookie Social (BFR)	9. Math Day Beauty Shop for Assisted Living Morning 9:30-11:00 The Corner Store 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream (ICP) 2:00 Math Test (ICP) 2:30 One on One Visits (all) Evening 5:30 Pets on Wheels w/Big Willow 6:00 Men's Club (BLR)	10. Family Council Morning 9:30 Family Council with Power Back Therapy 9:30 Dollar Tree advanced sign up required call extension 1414 10:00 Price Is Right (BLR & BR) 10:30 Corn Hole (BLR & BR) 10:45 Happiness Visits (all) 11:00 Artistic Expression (BR) Afternoon 1:15 Zumba (BR) 1:30 Pets on Wheels w/Zola 2:00 Bingo (BFR & BR) Evening 5:00 Wine Down (L)	11. Pet Day Morning 10:00 Card Club (BLR & BR) 10:30 Legion of Mary Rosary (BLR) 11:00 Dog Biscuit Making for Pets on Wheels (BR) Afternoon 1:30 Sax Time with Danny (CY or Café) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun or Hand Massage call extension 1414 to get on the list	12. Silver Reader Van Beauty Shop for 3rd Floor Morning 9:30 Radio Social (BFR & BR) 10:00 Bingo (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 12:30 Silver Reader Van initial sign up required call extension 1414 1:30 Fit in Time (MPR) 2:00 Happy Hour with Lynn (MPR)	13. Scrabble Day Morning Bingo Handout 10:00 Scrabble Word Game (BLR & BR) Afternoon 1:00 Pets on Wheels w/Peaches 1:30 Matinee "The Wedding Planner" (MPR) Evening 4:00 Young at Heart Club (BR)

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14. Scientific Day Morning 10:00 Science Experiment (BLR & BR) Afternoon 1:30 New Covenant Church Service (BFR) 2:00 Current Events (BFR)	15. Titanic Day Morning 10:00 Fit in Time (MPR) 10:30 Titanic History and Scrabble (MPR) 10:30 Pets on Wheels w/Willow 11:00 Artistic Expression (BR) Afternoon 1:30 Hallway Music Therapy with Chris (3rd Floor) 1:30 Radio Social (BFR & BR) 2:00 Bingo (BFR & BR) Evening 5:00 Warm Cookie Social (BFR)	16. Orchid Day Beauty Shop for Assisted Living Morning 9:30-11:00 The Corner Store 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream (ICP) 2:00 Orchid Color Therapy (ICP) 2:30 One on One Visits (all) Evening 5:30 Lady's Night (BR) 5:30 Pets on Wheels w/Big Willow	17. Morning 9:30 Scenic Trip advanced sign up required call extension 1414 10:00 Wheel of Fortune (BLR & BR) 10:30 Corn Hole (BLR & BR) 10:45 Happiness Visits (all) 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream (ICP) 2:00 Orchid Color Therapy (ICP) 2:30 One on One Visits (all) Evening 5:30 Lady's Night (BR) 5:30 Pets on Wheels w/Big Willow	18. Animal Cracker Day Morning 10:00 Card Club (BLR & BR) 10:30 Tennis (BLR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Jamming with Vince and Animal Cracker Snack (CY or Café) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun or Hand Massage call extension 1414 to get on the list	19. Beauty Shop for 3rd Floor Morning 9:30 Radio Social (BFR & BR) 10:00 Bingo (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Fit in Time (MPR) 2:00 Happy Hour with Bobby (MPR)	20. Auction Day Morning Bingo Handout 10:00 Auction Game (BLR & BR) Afternoon 1:00 Pets on Wheels w/Peaches 1:30 Matinee "North by Northwest" (MPR) Evening 4:00 Young at Heart Club (BR)

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21. Morning 10:00 Word Games (BLR & BR) Afternoon 1:30 Emmorton Baptist Church Service (BFR) 2:00 Ask Google (BFR)	22. Earth Day Morning 10:00 Fit in Time (MPR) 10:30 Bingo (MPR) 10:30 Pets on Wheels w/Willow 11:00 Artistic Expression (BR) Afternoon 1:30 Planting Project, Garden Giggles, Lemonade and Music (CY)	23. Pink Moon Night Beauty Shop for Assisted Living Morning 9:30-11:00 The Corner Store 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream (ICP) 2:00 Pink Moon Color Therapy (ICP) 2:30 One on One Visits (all) Evening 5:30 Pets on Wheels w/Big Willow 6:00 Men's Club (BLR) Take time to check out the moon tonight	24. Astronomy Day Morning 9:00 Pets on Wheels W/Kuma 9:30 Walmart advanced sign up required call extension 1414 10:00 Family Feud (BLR & BR) 10:30 Corn Hole (BLR & BR) 10:45 Happiness Visits (all) 11:00 Artistic Expression (BR) Afternoon 1:15 Zumba (BR) 2:00 Star Bingo (BFR & BR) Evening 5:30 Wonders of Astronomy (MPR)	25. Morning 10:00 Card Club (BLR & BR) 10:30 Legion of Mary Rosary (BLR) 11:00 Artistic Expression (BR) Afternoon 1:30 Karaoke W/Tom (Café) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun or Hand Massage call extension 1414 to get on the list	26. Arbor Day Beauty Shop for 3rd Floor Morning 9:30 Radio Social (BFR & BR) 10:00 Tree Bingo (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Fit in Time (MPR) 2:00 Mud Slide Happy Hour with Brent (MPR)	27. Sculpture Day Morning Bingo Handout 10:00 Sculpture Craft (BLR & BR) Afternoon 1:00 Pets on Wheels w/Peaches 1:30 Matinee "Night at the Museum" (MPR) Evening 4:00 Young at Heart (BR)

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28. Blueberry Day Morning 10:00 Blueberry Word Game (BLR & BR) Afternoon 1:30 Saint Francis Church Service (BFR) 2:00 Blueberry Pie Social (BFR)	29. Wish Day Morning 10:00 Fit in Time (MPR) 10:30 Wish Making (MPR) 10:30 Pets on Wheels w/Willow 11:00 Artistic Expression (BR) Afternoon 1:30 Hallway Music Therapy with Chris (3rd Floor) 1:30 Radio Social (BFR & BR) 2:00 Wish Bingo (BFR & BR) Evening 5:00 Warm Cookie Social (BFR)	30. Beauty Shop for Assisted Living Morning 9:30-11:00 The Corner Store 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream & Color Therapy (ICP) 2:30 One on One Visits (all) Evening 5:30 Lady's Night (BR) 5:30 Pets on Wheels w/Big Willow				