

NEWSLETTER

August 2023

Harmony Hall



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Lincoln Penny

In 1909, the United States Mint produced the first coin ever to depict a president: Abraham Lincoln. When the Lincoln penny was launched on August 2, the public immediately took exception to the inclusion of a strange set of initials on the reverse face: *V.D.B.* Three days later, on August 5, Secretary of the Treasury Franklin MacVeagh suspended production of the coin and ordered the removal of the initials. Only 484,000 of these *V.D.B.* pennies were struck, of which only 40,000 exist in mint condition today. They remain some of the most sought-after coins by collectors.



In 1905, President Theodore Roosevelt organized a commission to redesign the national currency. He contacted famed sculptor August Saint-Gaudens, requesting that Saint-Gaudens create coinage resembling the beautiful coins of ancient Greece. While Saint-Gaudens designed both the \$20 and \$10 gold coins, the artist succumbed to cancer in 1907, having never lived to see his designs minted. Although Saint-Gaudens died, Roosevelt's dream of a new currency did not. Next, Roosevelt turned to artist Victor David Brenner—*V.D.B.*

Brenner was one of America's preeminent metal workers. Prior to his work on the penny, Brenner created a bas-relief plaque of Lincoln based on a Civil War-era photograph taken by Mathew Brady. Roosevelt was incredibly impressed with the Lincoln bas-relief. Moreover, Roosevelt greatly admired Lincoln, considering him the savior of the Union and the Republicans' greatest president, even considering himself the heir of Lincoln's political legacy. No wonder Roosevelt wanted Lincoln's bust on the penny.

Brenner's Lincoln bust, which still graces the penny today, remains the longest-running design in U.S. Mint history. Though they were removed in 1909, Brenner's initials were again added to the penny in 1918, this time below Lincoln's shoulder. While other collectible pennies are worth more, the *V.D.B.* penny's artistic and historical status amongst collectible coins makes it one of the most desirable.

July in Review

Jazz Concert

We were entertained with the sounds of jazz by Franklyn from BonnieJazz. His trumpet combined with big band tunes had us all dancing in our seats and singing along.



Lynn Roxy

Residents can enjoy the sounds of Lynn Roxy on the 3rd Floor several times a month. Come on up and dance and sing along with her



Armchair Travel

When people think of North Carolina, the word that comes to mind first is 'beautiful.' North Carolina is a diverse land, home to both mountains and sea, with more than 120 species of trees. The state's mountains are the perfect vantage point for viewing the brilliant kaleidoscope of colors they produce each fall. North Carolina has 300 miles of white sandy beaches, more than any other Atlantic Coast state except Florida.

North Carolina is rich in resources, with a stunning array of wild creatures, from painted buntings to white-tailed deer, bog turtles and our native brook trout. This is a great state for hunting, fishing, boating, and wildlife viewing, from one of our 10 national parks or in one of the 41 locations that are currently part of our state parks system.

Cultural and educational experiences are plentiful. The nation's first state-supported symphony and art museum continue to flourish in the state. Along with celebrated Native American and Civil War roots, we also commemorate the Wright Brothers' first moments of flight.

Summer theaters, wineries, craft breweries and festivals abound throughout the state. A nationally recognized zoological park and extensive system of aquariums support wildlife education.

North Carolina's roots are in farming and agriculture. Discover more than 400 destinations of local farms and fisheries, farmers markets, pick your own operations, local food and drink, farm stays and lodging, tours and trails, and community events.

North Carolina is rich in history and culture. Deep in the Great Smoky Mountains, visitors can experience one of the state's greatest cultural treasures: the tradition, fine arts, music and dance of the 10,000-year-old Cherokee culture. Across the state, battlefields and other sites tell tales of NC history in the Civil War. The Wright Brothers' National Memorial in Kill Devil Hills commemorates the first moments of flight that changed the world and forever linked the state to one of aviation's greatest triumphs.

Recreational opportunities range from celebrated golf courses to outdoor sports, to college and professional athletics. The state's beaches, national and state parks, and mountains offer boating, kayaking, fishing, hiking and skiing. Outdoor recreation areas include the Blue Ridge Parkway, Cape Hatteras and Cape Lookout national seashores, and 41 state parks and recreation areas.

North Carolina is recognized worldwide for its more than 550 golf courses. Pinehurst, established in 1895, is considered the home of American golf. Pinehurst most recently hosted the U.S. Open in 2014. Pinehurst No. 2 will be home to the U.S. Open for the

fourth time in 25 years when the national championship returns to Pinehurst Resort and Country Club in 2024.

When you'd rather watch sports than participate, North Carolina boasts an array of professional football, hockey, basketball and baseball teams. The Carolina Hurricanes hoisted hockey's biggest honor, the 2006 Stanley Cup. North Carolina is also the heart of the stock car racing world.

Four universities in the Atlantic Coast Conference, including North Carolina State University, The University of North Carolina at Chapel Hill, Wake Forest University and Duke University, provide plenty of sports rivalry. National Collegiate Athletic Association Conference contenders North Carolina Central University and Appalachian State University also compete nationally with the latter winning back-to-back championships.

So come along and enjoy the following activities planned for this month.

Armchair Travel to North Carolina

Thursday, August 7th

10:00am Movie Theater

Biltmore Estate Documentary

Monday, August 14th

10:00am Movie Theater

Krispy Kreme Doughnuts & Coffee

Monday, August 21st

10:00am 2nd Floor

North Carolina Trivia

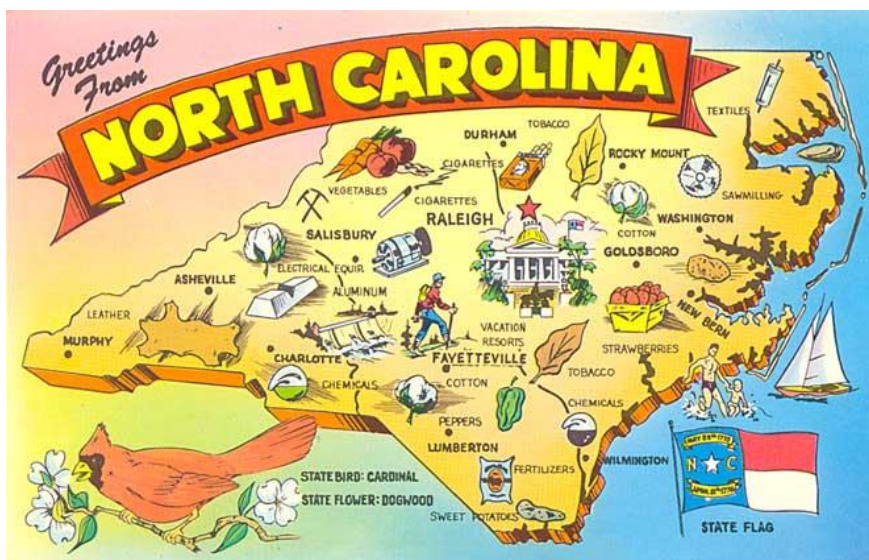
Wednesday, August 23rd

10:00am 2nd Floor

Kitty Hawk: The Wright Brothers' Journey of Invention

Thursday, August 24th

10:00am Movie Theater



Upcoming Events

Fun with Mary Kay!

Thursday, August 3rd
11:00am 2nd Floor

Root Beer Float Day

Tuesday, August 15th
1:30pm 2nd Floor

John Wayne Movie Marathon

Tuesday, August 15th
2:00pm – 4:00pm Movie Theater

CJC Klezmer Band

Sunday, August 27th
10:30am Lobby

Men's Club

Thursday, August 31st
11:30am 2nd Floor



Special Days

Homemade Pie Day

August 1

Farmers Market Week

August 6–12

Lighthouse Day

August 7

Garage Sale Day

August 12

Senior Citizen's Day

August 21

World Water Week

August 20–24

National Park Service Day

August 25

Be Kind to Humankind Week

August 25–31

Matchmaker Day

August 31

Regular Events

Movement Exploration

Every Tuesday 10:00am Lobby

Ice Cream Social

Every Tuesday 1:30pm 2nd Floor

Bridge

Every Tuesday 2:30pm 2nd Floor

Just Bead It

Every 4th Tuesday 11:00am 2nd Floor

Music Appreciation

Every Wednesday 1:00pm, Movie Theater

Dr. Lazris

Every 3rd Wednesday, 10:00am 2nd Floor

Catholic Communion and Prayer

Every Thursday, 2:00pm Parlor

Catholic Communion

Every Sunday, 9:00am Parlor

Happy Hour

Every Friday 2:00pm Lobby

Q & A

Every 4th Friday 10:00am 2nd Floor

Jewish Services

Every Friday 10:45am Parlor

Bingo!

Every Monday, Wednesday, Saturday & Sunday 1:30pm 2nd Floor



WOW!

August in History: Pluto Downgraded

The redefinition of Pluto as a "dwarf planet" in 2006 by the International Astronomical Union prompted scientific discussions, reshaped our understanding of the solar system, and sparked renewed curiosity about celestial objects.

August Birthdays

In August, we celebrate birthdays with:

Rosemary Leonard	08/04
Irene Bressler	08/16
Julia Kommers	08/22
Conrad Benz	08/23



P. D. James (writer) – August 3, 1920
Meghan Markle (royal) – August 4, 1981
Charlize Theron (actress) – August 7, 1975
Whitney Houston (singer) – August 9, 1963
Viola Davis (actress) – August 11, 1965
Magic Johnson (athlete) – August 14, 1959
Julia Child (chef) – August 15, 1912
Orville Wright (aviator) – August 19, 1871
Kobe Bryant (athlete) – August 23, 1978
Sean Connery (actor) – August 25, 1930
Maria Montessori (educator) – August 31, 1870

Leo (July 22 -August 21)

Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

Virgo (Aug 22 – Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

A Poem to Share

Hope is the thing with feathers

By Emily Dickinson

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,

And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.

I've heard it in the chilliest land,
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.

"Hope is the thing with feathers" by Emily Dickinson beautifully personifies hope as a bird that resides in the soul and uplifts the spirit. The poem suggests that hope is a constant companion, singing its tune regardless of the circumstances. It conveys the resilience of hope, even in the face of adversity, and emphasizes that hope requires nothing in return.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **John Flannery**
- **Julius Chapman**
- **Irene Rinaldi-Pollack**
- **Grace Adams**

We hope that you enjoy your time here!

ARTS & CRAFTS

Come and join in the fun with this month's crafts at 2:30pm on the 2nd Floor.

Thursday, August 24th
Scented Cooling Spray



RESIDENT TRIPS

10:45am

- 1st Tuesday of the month – Walmart
- 2nd Tuesday of the month – Giant (30 minutes)
- 3rd Tuesday of the month – Target
- 4th Tuesday of the month – Resident's Choice

1:00 – 2:00pm

Friday – Giant

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to the activities department.

Thank you!

Laughing Matters



The Celebrity

One day a famous old Celebrity went to a Nursing Home to see all of his friends again and see how everyone was doing.

When he got there he was immediately greeted by everyone because they recognized him instantly.

He said hi to all of his friends warmly but then noticed one man didn't say anything to him, or even give him a glance.

This was puzzling. Didn't the man know who he was? Surely he'd seen some of his movies or his TV show! He finally decided to talk to the man.

The Celebrity went up to the old man and stood in front of him, asking: "Do you know who I am"?

The old man looked at him and quickly said: "No, but you can go to the front desk and they'll tell you".

Missing

I've hunted near, I've hunted far,
I even looked inside my car,

I've lost my glasses, I'm in need,
To have them now so I can read.

I loudly swear, and I curse,
Did I leave them in my purse?

Are they behind the sofa or under the bed?
OH! There they are - on my head!

By Anne Scott

Employee Spotlight



Meet Van Malcolm

Van was born and raised in the great state of Maryland. He grew up in both Prince Georges and Montgomery Counties. Van graduated high school from Takoma Academy. He then graduated from Columbia Union College with a degree in Business Administration and a minor in Biology. After college, he had a long career in carpentry and iron working. Van is celebrating 41 years of marriage this month. He has one daughter and two sons as well as three grandchildren. He enjoys woodworking, shooting and fishing in his spare time. He has been working for Lorien for five years. He enjoys his job because he loves carpentry work and truly likes the people he works with. You will find him all over this building with a smile on his face. Take time to say hi to Van!

Word Search

CAT BREEDS



B O E H R D B I R M A N M T
 U M A I N E C O O N Q Y O U
 R B N M T L I B O B T A I L
 M O G A P E R S I A N N A M
 E M O L O E S P H Y N X Q J
 S B R A G E T R B E N G A L
 E A A Y J R A G D O L L S Z
 B Y O A T B U R M I L L A M
 L T B N T O N K I N E S E A
 O S I B E R I A N V Y U U N
 C M L G Y S N O W S H O E X
 R U S S I A N B L U E C R A
 D X C H A R T R E U X L A B
 J T L S I A M E S E A K Z B

Siamese
 Angora
 Burmese
 Chartreux
 Burmilla

Ragdoll
 Bengal
 Bombay
 Siberian
 Tonkinese

Russian Blue
 Himalayan
 Toyger
 Maine Coon
 Bobtail

Sphynx
 Birman
 Manx
 Snowshoe
 Persian