

# Lorien Bel Air March 2023





The U.S. Senate passed legislation that would make daylight saving time permanent starting in 2023, ending the twice-annual changing of clocks in a move promoted by supporters advocating brighter afternoons and more economic activity called the Sunshine Protection.



# HAPPY SAINT PATRICK'S DAY!



- March 17th is actually the day St. Patrick died.
- St. Patrick wasn't even Irish! He was born in Roman Britain in the 4th Century A.D. and was taken to Ireland by slavers when he was a teenager.

- From 1903 to 1970, St. Patrick's Day was considered a religious holiday in Ireland, so there was no drinking and pubs were closed. When it became a national holiday, pubs were allowed to be open.

- About 13 million pints of Guinness Draught are sold on St. Patrick's Day each year.

- Blue was the color originally associated with St. Patrick's Day but it changed to green because he used shamrocks in his sermons.

- St. Patrick used the shamrock to represent the Holy Trinity.

- The odds of finding a four-leaf clover are about 1 in 10,000.



# Spring Riddle Me This...



The person who matches each riddle correctly fastest wins!

1. What kind of bow can't be tied? \_\_\_\_\_
2. Why did the worm cross the ruler? \_\_\_\_\_
3. What goes up when the rain comes down? \_\_\_\_\_
4. What can run fast, but can't walk? \_\_\_\_\_
5. What did summer say to spring? \_\_\_\_\_
6. What is a garden's favorite kind of pickles? \_\_\_\_\_
7. What's the best flower for a boy to give his mom? \_\_\_\_\_
8. What season is it best to go on a trampoline? \_\_\_\_\_
9. Why is April the cleanest month? \_\_\_\_\_
10. Why did the police arrest the bird? \_\_\_\_\_
11. What has to be broken before you can use it? \_\_\_\_\_
12. What do you call a grizzly bear caught in the rain? \_\_\_\_\_
13. What do you call the Easter bunny after Easter? \_\_\_\_\_
14. What kind of rain do you want at your party? \_\_\_\_\_
15. Why are birds terrible gift givers? \_\_\_\_\_



A. WATER

F. AN EGG

K. TIRED

B. A RAINBOW

G. HE WAS ROBIN

L. SPRING TIME

C. I'M GOING TO FALL

H. APRIL SHOWERS

M. DAFFO-DILLS

D. TO BE AN INCHWORM

I. AN UMBRELLA

N. THEY ARE CHEEP

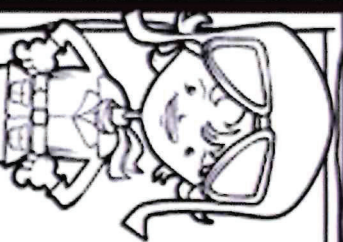
E. SON-FLOWER

J. SPRINKLES

O. A DRIZZLY BEAR



# Women's HISTORY MONTH



AMELIA EARTHART

Stand for something or you will fall for anything. Today's mighty oak is yesterday's nut that held its ground.

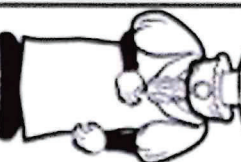
- Rosa Parks



SUSAN B. ANTHONY

I had rather make history than write it.

- Susan B. Anthony



No one can make you feel inferior without your consent.

-Eleanor Roosevelt

Alone we can do so little, together we can do

so much.

- Helen Keller

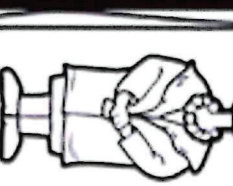


Don't follow the path. Go where there is no path and begin the trail.

- Ruby Bridges

But what do dreams know of boundaries?

- Amelia Earhart



ELEANOR ROOSEVELT

I had reasoned this out in my mind, there was one of two things I had a right to, liberty or death, if I could not have one, I would have the other.

- Harriet Tubman



HARRIET TUBMAN

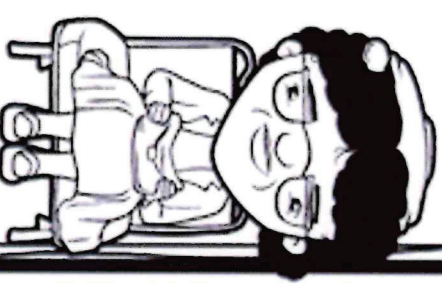
All adventures, especially into new territory,

are scary.

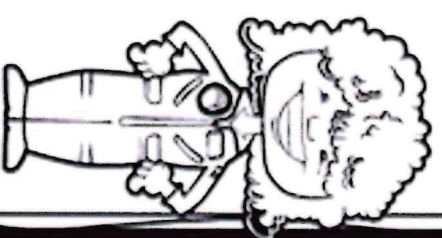
- Sally Ride



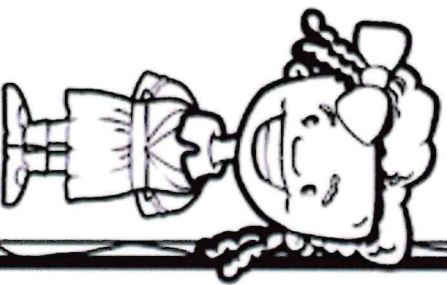
HELEN KELLER



ROSA PARKS



SALLY RIDE



RUBY BRIDGES



1909 Emmorton Road – Bel Air, Maryland 21015  
(410) 803-1400

## BEAUTY SHOP APPOINTMENT FORM

### How do you set up a hair appointment in the Beauty Shop?

To set up an appointment at the Lorien Bel Air Beauty Shop, please call (410) 803-1400, Ext. 1215, leave a message that includes the Resident's Name, Room number and Requested Service.

Perms are scheduled on the first Monday of the month unless the holiday falls on the first Monday. If that occurs, perms will be scheduled on the second Monday of the month. Since we are only open once a week there may be an occasion that perms are not scheduled during the month. If this occurs, residents requesting perms will be placed on the schedule for the next month.

All residents will receive a notice of their appointment time.

Payments should be made at the Front Desk in the form of CASH or CHECK only. ALL REFUNDS WILL BE RETURNED WITHIN 4-6 WEEKS.

Thank you for trusting us to take care of your family member.

Today's Date:

Date of Service:

Name of Resident:

Room#

Responsible Family Member:

Telephone#

How often would you like this service? ☐ One Time Only ☐ Weekly ☐ Bi-Weekly ☐ Monthly

### PLEASE CHECK THE REQUESTED SERVICE

Check Box	SERVICE REQUESTED	CODE	COST
	Color Only/Highlights	20030	\$60.00
	Comb Out	20040	\$16.00
	Perm	20055	\$80.00
	In-Room Service (Extra)	20060	\$5.00
	Nails Cut & Filed	20085	\$12.00
	Men's Hair Cut	20090	\$19.00
	Shampoo & Blow Dry & Curl	20110	\$34.00
	Shampoo & Blow Dry Only (No Curling Iron)	20115	\$25.00
	Shampoo & Set	20120	\$25.00
	Shampoo, Cut, Set or Blow Dry	20125	\$45.00
	Shampoo Only	20130	\$5.00
	Shampoo & Cut	20135	\$25.00
	Conditioner Treatments	20136	\$10.00
	Wax (Each Ared)	20150	\$12.00
	Hair Care - Miscellaneous	20140	-----

### ALL REFUNDS WILL BE RETURNED WITHIN 4-6 WEEKS

Would you like to include a tip for your stylist? All tips must be CASH ONLY. Please indicate the amount you would like to give your stylist: \$ \_\_\_\_\_