

October 15, 2020

Dear Lorien Residents and Families:

The flu season is here and the State of Maryland has issued new, complex guidance on flu prevention and related matters. Between the evolving COVID-19 infection control guidance and updated visitation policies, we know that another set of guidelines is a lot of information to process. I will focus today's update on emphasizing the key points of the new flu guidance that may affect Lorien residents directly.

Since the symptoms associated with COVID-19 and the flu are similar, we are being very cautious and implementing important measures to safeguard the safety of our residents and employees. For example, Lorien has made it <u>mandatory</u> for **all employees** to receive the flu vaccination. We also encourage all our residents to obtain a flu vaccination, but, of course, cannot require it.

Further, if a resident or staff member demonstrates either COVID-19 or flu symptoms, they will be promptly tested for both and we will take transmission-based precautions until a diagnosis or treatment plan is known. If a resident's roommate displays symptoms, the resident will also be placed on transmission-based precautions until the roommate who is symptomatic is tested and a treatment plan is known.

In addition to Lorien's infection prevention and control program, we are proactively installing over 200 iWave-C technology self-cleaning, bi-polar ionization generators, for actively treating the air quality in each of our facilities. We selected this technology because it produces and maintains excellent ionization output and capabilities and is designed to actively purify the supply air, killing any mold, bacteria and viruses in the coil and living space. While the State's guidance has not required installation of this technology, Lorien is taking this extra step on its own initiative and expense for the benefit and safety of our residents and staff.

It is important for your own health and safety, as well as your loved ones', to continue your personal infection control practices. We also encourage you to obtain a flu vaccination and to continue to practice social distancing, wear a mask properly, wash your hands, and practice cough and sneeze etiquette. Here is a helpful link from the CDC explaining this further: https://www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html.

Sincerely,

Lou Grimmel, Sr. CEO, Lorien Health Services