

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2020 Assisted Living Activity Schedule			1. New Year's Day 10:45 Mimosa Toast piano room 11:00 Tournament of Roses Parade piano room 12:00 Piano Music dining room 2:00 New Year's Day Celebration with Tom cafe	2. 9:30 Stability balloon room 10:00 Jeopardy balloon room 10:30 Yarn Club balloon room 11:30 Stories dining room 12:00 Harp dining room 1:00 Tea Social balloon room 1:30 Casino Trip advance sign up 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Men's Club butterfly room	3. 9:30 Walking balloon room 11:30 Stories dining room 1:00 Joint Therapy balloon room 2:00 Ice Cream parlor 3:15 Happy Hour piano room 6:00 Evening Bible Social balloon room	4. National Trivia Day 10:30 New Covenant Bible Study balloon room 11:00 Trivia Madness balloon room 2:00 Afternoon of Strings cafe 3:30 Nails balloon room 6:00 Theater Movie piano room

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5. 10:30 Saint Francis De Sales Catholic Service balloon room 1:30 Exercise Class balloon room 2:00 Jewelry Making balloon room 6:00 Bingo cafe	6. Council Day 9:30 Music & Movement balloon room 10:00 Resident Council balloon room 11:30 Stories dining room 1:00 Strength Training balloon room 2:00 Family Council With Lorien At Home & Ice Cream parlor 3:00 Sax Time cafe 6:00 Making Short Bread butterfly room	7. Old Rock Day 9:30 Stability Stamina balloon room 10:00 Planet Earth Club balloon room 10:30 Old Rock Craft balloon room 11:30 Stories dining room 1:30 Comedy Club balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Bingo cafe	8. Elvis Day 9:30 Music & Movement balloon room 10:00 Bible Study balloon room 11:15 Pizza advance sign up 12:00 Piano Music dining room 1:00 Strength Training balloon room 2:00 Ice Cream parlor 3:30 Poems library 6:00 Elvis Tribute piano room	9. 9:30 Stability balloon room 10:00 Jeopardy balloon room 10:30 Yarn Club balloon room 11:30 Stories dining room 1:00 Tea Social balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Gospel Music bird room	10. 9:30 Walking balloon room 11:30 Stories dining room 1:00 Joint Therapy balloon room 2:00 Ice Cream parlor 3:15 Happy Hour piano room 6:00 Evening Bible Social balloon room	11. Milk Day 10:30 Heaven Sent Bible Study balloon room 11:15 Social Media Class balloon room 2:00 Milk & Cookie Social balloon room 3:30 Nails balloon room 6:00 Theater Movie piano room

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12. 9:10 Saint Margaret Prayer Service balloon room 10:30 Current Events balloon room 1:30 Exercise Class balloon room 3:00 Mountain Christian Church Service balloon room 6:00 Bingo cafe	13. 9:30 Music & Movement balloon room 10:00 Target advance sign up 10:00 Morning Bingo balloon room 11:30 Stories dining room 1:00 Strength Training balloon room 2:00 Ice Cream parlor 3:00 Harmonica Performance cafe 6:00 Cooking With Ciara butterfly room	14. 9:30 Stability Stamina balloon room 10:00 Planet Earth Club balloon room 10:30 Wheel of Fortune balloon room 11:30 Stories dining room 1:30 Comedy Club balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Bingo cafe	15. Hat Day 9:30 Music & Movement balloon room 10:00 Bible Study balloon room 11:15 Alfredo advance sign up 12:00 Piano Music dining room 1:00 Strength Training balloon room 2:00 Ice Cream parlor 3:30 Hat Photo Shoot library 6:00 Bingo cafe	16. Balance Screening 9:30 Stability Stamina balloon room 10:00 Jeopardy balloon room 10:30 Yarn Club balloon room 11:30 Stories dining room 1:00 Balance Screening balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 4:00 Dinner Out advance sign up	17. 9:30 Walking balloon room 11:30 Stories dining room 1:00 Joint Therapy balloon room 2:00 Ice Cream parlor 3:15 Happy Hour piano room 6:00 Evening Bible Social balloon room	18. 10:30 Eternal Joy Bible Study balloon room 11:00 Sing A Long balloon room 2:00 Variety Show bird room 3:30 Nails balloon room 6:00 Theater Movie piano room

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19. Snow Day 9:10 Saint Margaret Prayer Service balloon room 10:30 Snow Flake Craft balloon room 1:30 Exercise Class balloon room 3:00 Emmorton Baptist Church Service balloon room 6:00 Bingo cafe	20. Martin Luther Jr. Day 10:00 MLK Jr. Day Word Game & Trivia balloon room 2:00 Celebrating MLK Jr. With Music by Chris Cafe	21. 9:30 Stability Stamina balloon room 10:00 Planet Earth Club balloon room 10:30 Wheel of Fortune balloon room 11:30 Stories dining room 1:30 Comedy Club balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Bingo cafe	22. Hot Dog Day 9:30 Music & Movement balloon room 10:00 Bible Study balloon room 11:15 Hot Dog Lunch advance sign up 12:00 Piano Music dining room 1:00 Strength Training balloon room 2:00 Ice Cream parlor 3:30 Poems library 6:00 Bingo cafe	23. Pie Day 9:30 Stability Stamina balloon room 10:00 Jeopardy balloon room 10:30 Yarn Club balloon room 11:30 Stories dining room 1:30 Staff Pie Eating Contest balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Pie Social butterfly room	24. Beer Day 9:30 Walking balloon room 11:30 Stories dining room 1:00 Joint Therapy balloon room 2:00 Ice Cream parlor 3:15 Beer Happy Hour piano room 6:00 Evening Bible Social balloon room	25. Chinese New Year 10:30 Mount Zion Bible Study balloon room 11:00 Word Puzzle balloon room 12:00 Chinese Lunch for all 2:00 Ageless Games bird room 3:30 Nails balloon room 6:00 Theater Movie "Crazy Rich Asians" piano room

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26. Spouse Day 9:10 Saint Margaret Prayer Service balloon room 10:30 Exercise Class balloon room 2:00 Mount Zion Methodist Church Service balloon room 3:30 Spouse Remembrance balloon room 6:00 Bingo cafe	27. 9:30 Music & Movement balloon room 10:00 Walmart Advance sign up 10:00 Morning Bingo balloon room 11:30 Stories dining room 1:00 Strength Training balloon room 2:00 Ice Cream parlor 3:00 J&J Duo cafe 6:00 Bingo cafe	28. 9:30 Stability Stamina balloon room 10:00 Planet Earth Club balloon room 10:30 Wheel of Fortune balloon room 11:30 Stories dining room 1:30 Comedy Club balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Bingo cafe	29. Puzzle Day 9:30 Music & Movement balloon room 10:00 Bible Study balloon room 11:15 Quesadillas advance sign up 12:00 Piano Music dining room 1:00 Strength Training balloon room 2:00 Ice Cream parlor 3:30 Word Puzzles library 6:00 Bingo cafe	30. Croissant Day 9:30 Stability Stamina balloon room 10:00 Jeopardy balloon room 10:30 Yarn Club balloon room 11:30 Stories dining room 1:00 Tea Social balloon room 2:00 Zumba balloon room 3:00 Wii Bowling balloon room 6:00 Making Croissants butterfly room	31. Pep Rally 9:30 Walking balloon room 11:30 Stories dining room 1:00 Joint Therapy balloon room 2:00 Ice Cream parlor 2:15 Football Party piano room 3:15 Happy Hour piano room 6:00 Evening Bible Social balloon room	