

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2019					1. Author's Day 9:00 Book & Magazine Cart 3rd 9:45 Stretch 2nd 10:00 Book Craft 3rd 10:00 Fitness 1:1 10:30 Body Balance 2nd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 3:15 Fitness 1:1 6:00 Evening Bible Social 3rd	2. All Saints Day 10:00 Weekend Work Out 2nd 10:30 New Covenant Bible Study 2nd 11:00 Saints Trivia 2nd 1:00 Comfort Visits 3rd 2:00 Afternoon of Strings 3rd 6:00 Saturday Night Movie 3rd <p>please follow directions on television stand</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3. Daylight Saving Time Ends 9:00 Coffee Cart 3 rd 9:45 Balloon Toss 2 nd 10:30 Saint Francis De Sales Catholic Church Service 2 nd 1:00 Comfort Visits 3 rd 1:30 Pets On Wheels With Snickers 3 rd 2:00 Bingo 3 rd 8:30 Ravens Vs Patriots	4. Resident Council 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Assisted Living Resident Council 2 nd 10:00 AC Moore advance sign up 10:30 Music & Movement 3 rd 11:00 Long Term Care Resident Council 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Ice Cream With Litzer Band 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 4:00 Poems 1 st 6:00 Bingo 3 rd	5. Blanket Bingo Night 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Planet Earth Club 2 nd 10:00 Balloon Toss 3 rd 10:00 Pets On Wheels With Jack 3 rd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Zumba Chair 2 nd 2:00 Sax Time 3 rd 3:15 Relaxation Therapy 3 rd 4:00 How Things Have Changed 1:1 6:00 Blanket Bingo 3 rd	6. 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Bible Study 2 nd 10:30 Music & Movement 2 nd 11:15 Chinese advance sign up 11:30 Music Therapy 3 rd 11:30 Stories 3 rd 12:00 Dining Music 1 st 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Pets On Wheels With Bethanie 3 rd 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 3:30 Question Ball 3 rd 4:00 Memory Game 1:1	7. 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Balloon Toss 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 12:00 Dining Harp Music 1 st 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:00 Casino advance sign up 1:30 Zumba Chair 2 nd 2:00 Harp Program 3 rd 3:15 Relaxation Therapy 3 rd 3:30 Snack Cart 3 rd 4:00 Name That 1:1 6:00 Men's Club 2 nd	8. Family Caregiver Day 9:00 Book & Magazine Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Flower Arranging 3 rd 10:30 Body Balance 2 nd 11:00 Flower Delivery 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 2:00 Family Care Giver Photos 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 Fitness 1:1 6:00 Evening Bible Social 3 rd	9. 10:00 Weekend Work Out 2 nd 10:30 Heaven Sent Bible Study 2 nd 11:15 Social Media Class 2 nd 1:00 Comfort Visits 3 rd 2:00 Bingo 3 rd 6:00 Saturday Night Movie 3rd please follow directions on television stand

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10. Vanilla Cup Cake Day 9:00 Coffee Cart 3 rd 9:10 Saint Margaret Communion Services 2 nd 9:45 Balloon Toss 3 rd 10:30 Bingo 3 rd 1:00 Comfort Visits 3 rd 1:00 Ravens Vs Bengals 2:00 Cup Cake Cart 3 rd 3:00 Mountain Christian Church Service 2 nd	11. Veterans Day 7:30 Veterans Day Breakfast 3 rd 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Veterans Day History Video 2 nd 10:00 Target advance sign up 10:30 Music & Movement 2 nd 11:00 Veterans Banner 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Harmonica Music with Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 4:00 Veterans Day Poems 1 st 6:00 Veterans Day Program 3 rd	12. 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Planet Earth Club 2 nd 10:00 Balloon Toss 3 rd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Zumba Chair 2 nd 2:00 Banjo Jay 3 rd 3:00 Pets On Wheels With Ava 3 rd 3:15 Relaxation Therapy 3 rd 4:00 How Things Have Changed 1:1 6:00 Bingo 3 rd	13. 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Bible Study 2 nd 10:00 Pets On Wheels With Taz 3 rd 10:30 Music & Movement 2 nd 11:15 Burgers advance sign up 11:30 Music Therapy 3 rd 11:30 Stories 3 rd 12:00 Dining Music 1 st 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 3:30 Question Ball 3 rd 4:00 Memory Game 1:1	14. Art Show With HCC 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Balloon Toss 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Zumba Chair 2 nd 1:30 Scenic Trip advance sign up 2:00 Travel Time 3 rd 3:15 Relaxation Therapy 3 rd 3:30 Snack Cart 3 rd 4:00 Name That 1:1 6:00 HCC Wine & Cheese Art Gallery 2 nd	15. Silver Reader Van 9:00 Book & Magazine Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Scarecrow Craft 3 rd 10:30 Body Balance 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Joint Therapy 2 nd 1:30 Silver Reader Van 1 st 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 Fitness 1:1 6:00 Gospel Music 3 rd	16. Button Day 10:00 Weekend Work Out 2 nd 10:30 Eternal Joy Bible Study 2 nd 11:00 Button Craft 2 nd 1:00 Comfort Visits 3 rd 2:00 Variety Show with Mike, Sue and Ron 3 rd 6:00 Saturday Night Movie 3 rd please follow directions on television stand

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17. 9:00 Coffee Cart 3 rd 9:10 Saint Margaret Communion Services 2 nd 9:45 Balloon Toss 3 rd 10:30 Bingo 3 rd 1:00 Comfort Visits 3 rd 1:00 Ravens Vs Texans 3:00 Emmorton Baptist Church Service 2 nd	18. Apple Cider Day 9:00 Apple Cider Cart 3 rd 9:45 Stretch 2 nd 10:00 Catholic Communion Service 2 nd 10:00 Dollar Tree <i>advance sign up</i> 10:00 Fitness 1:1 10:30 Music & Movement 2 nd 11:00 Caramel Apple Treats 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>upon request</i> 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Ice Cream & Music With Chris 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 4:00 Poems 1 st 6:00 Apple Painting 3 rd	19. 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Planet Earth Club 2 nd 10:00 Balloon Toss 3 rd 10:00 Pets On Wheels With Jack 3 rd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>upon request</i> 1:00 Sensory Visits 1:1 1:30 Zumba Chair 2 nd 2:00 Accordion Show 3 rd 3:15 Relaxation Therapy 3 rd 4:00 How Things Have Changed 1:1 6:00 Bingo 3 rd	20. Peanut Butter Fudge Day 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Bible Study 2 nd 10:00 Fitness 1:1 10:30 Music & Movement 2 nd 11:15 Cold Cut <i>advance sign up</i> 11:30 Music Therapy 3 rd 11:30 Stories 3 rd 12:00 Dining Music 1 st 1:00 Hand Massages <i>upon request</i> 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 3:30 Making Peanut Butter Fudge 3 rd	21. Gingerbread Cookie Day 9:00 Gingerbread Coffee Creamer Cart 3 rd 9:45 Volleyball 2 nd 10:00 Balloon Toss 3 rd 10:00 Gingerbread Jeopardy 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Balance Screen 2 nd 1:00 Sensory Visits 1:1 1:30 Zumba Chair 2 nd 2:00 Jazz Music 3 rd 3:15 Relaxation Therapy 3 rd 3:30 Gingerbread Snack Cart 3 rd 4:00 Name That 1:1 4:00 Dinner Out <i>advance sign up</i>	22. 9:00 Book & Magazine Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Garden Club 3 rd 10:30 Body Balance 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>upon request</i> 1:00 Sensory Visits 1:1 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 Fitness 1:1 6:00 Evening Bible Social 3 rd	23. 10:00 Weekend Work Out 2 nd 10:30 Mount Zion Bible Study 2 nd 11:00 Career Talk 2 nd 1:00 Comfort Visits 3 rd 2:00 Ageless Games With Roy 3 rd 6:00 Saturday Night Movie 3 rd <i>please follow directions on television stand</i>

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24. 9:00 Coffee Cart 3 rd 9:10 Saint Margaret Communion Services 2 nd 9:45 Balloon Toss 3 rd 10:30 Bingo 1:00 Comfort Visits 3 rd 2:00 Mount Zion Methodist Church Service 2 nd	25. 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Walmart advance sign up 10:00 Fitness 1:1 10:00 Crossword Puzzle 2 nd 10:30 Music & Movement 2 nd 11:00 Fall Craft 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Ice Cream With J & J 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 4:00 Poems 1 st 6:00 School of Dance Performance 1 st 8:15 Ravens Vs Rams	26. Cake Day 9:00 Coffee Cart 3 rd 9:45 Volleyball 2 nd 10:00 Planet Earth Club 2 nd 10:00 Balloon Toss 3 rd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Zumba Chair 2 nd 2:00 Cake Social 3 rd 3:00 Pets On Wheels With Ava 3 rd 3:15 Relaxation Therapy 3 rd 4:00 How Things Have Changed 1:1 6:00 Bingo 3 rd	27. 9:00 Hot Tea Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Bible Study 2 nd 10:00 Pets On Wheels with Taz 3 rd 10:30 Music & Movement 2 nd 11:15 Pizza advance sign up 11:30 Music Therapy 3 rd 11:30 Stories 3 rd 12:00 Dining Music 1 st 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 Fitness 1:1 3:30 Question Ball 3 rd 4:00 Memory Game 1:1	28. Thanksgiving 9:00 Coffee Cart 3 rd 10:00 Thanksgiving Jeopardy 2 nd 10:30 Exercise Class 2 nd 11:30 Music Therapy 3 rd 12:00 Thanksgiving Day Dinner 1:00 Hand Massages upon request 2:00 Thanksgiving Celebration with Gary 3 rd 3:30 Comfort Visits 3 rd 6:00 Christmas Movie "Miracle on 34 th Street" 3 rd please follow directions on television stand	29. 9:00 Book & Magazine Cart 3 rd 9:45 Stretch 2 nd 10:00 Fitness 1:1 10:00 Ceramics Painting 3 rd 10:30 Body Balance 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages upon request 1:00 Sensory Visits 1:1 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 Fitness 1:1 6:00 Evening Bible Social 3 rd	30. 10:00 Weekend Work Out 2 nd 10:30 Trivia Madness 2 nd 11:00 Bracelet Making 2 nd 1:00 Comfort Visits 3 rd 2:00 Bingo 3 rd 6:00 Saturday Night Movie 3 rd please follow directions on television stand

