

September 2019

LORIEN ELKRIDGE

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Celebrating September

Labor Day
September 2

Grandparent's Day
September 8th

911 Remembrance Day
September 11th

International Day of Sign
Languages & Autumn begins
September 23

Rosh Hashanah begins
September 30th

Classical Music Month
Piano Month

CHICK HATCHING PROGRAM

4 week program,
starting September 17-19
and ending October 15-17.

It takes 21 days for the
eggs to hatch, then we have
about a week with the new
baby chicks. 2 baby chicks
join us from the start!
Please visit the 2nd floor
Activity Room.



LORIEN ELKRIDGE HERB GARDEN



Our residents assist with watering and tending to
the Herb Garden and we make delicious recipes.
Below Miss Dorothy is making Herb Cheese
Spread for everyone to enjoy at a
Food Club Social.



National American Sign Language Day is on September 23rd a day of observance celebrating American Sign Language. On April 15, 1817, the first school for the deaf in the United States opened. Students gathered there over the years and at subsequent deaf schools across our nation. The children intermingled Native American Signs, French Sign Language, and Martha's Vineyard Sign Language. This process brought forth modern American Sign Language.



LORIEN ELKRIDGE residents enjoyed a visit from HANDS OF HARMONY SIGN LANGUAGE CHOIR of Maryland. Showing the hearing world the beauty of sign language through music!

LORIEN ELKRIDGE NEWS

Please enjoy our employees & residents on the **LORIEN ELKRIDGE Lip Sync Video** on our Social Media Pages or go to **YouTube: LORIEN ELKRIDGE LIP SYNC BATTLE. "LIKE" & "SHARE" us!**



Greek to Me "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds." While this saying is not the official motto of the U.S. Postal Service, many recognize this as the postal worker's creed thanks to its inscription on the James A. Farley Post Office building in New York City, which was opened on September 7, 1914.

The famous motto comes from the classical Greek work *Histories* by the Greek historian Herodotus. While detailing the Persian Wars, Herodotus refers to the mounted courier service of the Persian Empire, known as the *angarium*. One of the architects of the Farley Post Office building was the son of a classics scholar, and he enjoyed reading Greek. When he happened upon the phrase, he decided to incorporate it into the building. Professor George Herbert Palmer of Harvard University was enlisted to translate Herodotus' words into the motto that is so well known today.

A Path Away from Pollution



The third Monday in September marks the start of Pollution Prevention Week. In 1990, the U.S. Congress passed the Pollution Prevention Act, charging the Environmental Protection Agency (EPA) with the responsibility of implementing the act. Over the past 30 years, the EPA and companies have teamed up to develop methods and technologies to dramatically reduce pollutants and contaminants in our environment.

The top three biggest sources of pollution are transportation (cars and planes), food production, and energy production. Electric car companies like Tesla have created vehicles that emit no pollution into the air. With the advent of renewable sources of electric energy and the development of more efficient batteries that allow for long-range travel, electric cars may become the primary mode of transportation around the world. Airplanes can emit less pollution if they are designed to be more efficient, fly more efficient flight paths, and use alternative fuels.

Farm pollution, particularly the runoff of fertilizers from agricultural land, harms waterways and oceans. Animal waste, too, leaches into soil and water. Farms prevent pollution by applying fertilizers in proper amounts at specific times of the year and using no-phosphorous fertilizers. They can also do their best to prevent water runoff and stabilize soil to minimize landslides. Forested buffer zones near waterways can also catch and filter runoff before it even reaches the water.

Burning fossil fuels to produce energy releases both carbon and other pollutants like mercury and methane into the environment. Alternative energy sources like solar and wind power help reduce pollution, but there are other solutions. Technologies exist to separate carbon dioxide from emissions, capture it before and after combustion, and then safely store it so that it never enters the environment. These excellent innovations could help clean up our Earth. All we need is the will to do the hard work.

THE ELEVENTH OF SEPTEMBER

Written by Roger J. Robicheau

**We mourn their loss this day this year
Those now with God, no danger near**

**So many loved ones left do stand
Confronting loss throughout our land**

**My heart goes out to those who do
No one can fathom what they view**

**I firmly pray for peace of mind
Dear God please help each one to find**

**And to our soldiers now at war
God guide above, at sea, on shore**

**They are the best, I have no doubt
Our country's pride, complete, devout**

**The finest force you'll ever see
All freedom grown through liberty**

**One final thought comes clear to me
For what must live in infamy**

**Absolutely – We'll Remember
The Eleventh – Of September**

Out of the Tiffany Blue



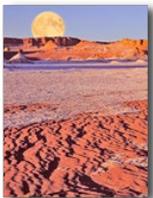
Long before those blue boxes from Tiffany & Co. promised jewelry, the store was a stationery emporium. It was founded on September 18, 1837, by Charles Lewis Tiffany and John B. Young in Brooklyn, Connecticut. In 1838, the storefront moved to Broadway in Lower Manhattan, and the store shifted its focus to luxury goods like ladies' silks, satins, and bonnets. In 1845, Charles Tiffany himself selected the color of robin's egg blue for its Blue Book, an annual catalog of its handcrafted jewels. In 1867, Tiffany's was recognized at the Paris World's Fair for its exquisite silver craftsmanship, launching it as an international brand and esteemed design house. By 1870, Tiffany & Co. had risen to become the preeminent purveyor of silver, jewelry, and timepieces in America.

Into the Wild

Humans have settled 77% of Earth's surface, so what places are left unexplored? This September, Wilderness Month, we will take a look at some of the world's wildest places.

Antarctica definitely tops the list of one of the wildest and most remote places on Earth, but who would want to go there? For those interested in cold and inaccessible places, far from the touch of civilization, there is the Kamchatka Peninsula in Russia's Far East. It is Russia's land of fire and ice, thanks to its proximity to the Arctic and its many volcanoes. It harbors an abundance of wildlife, including brown bears, wolves, reindeer, mountain sheep, whales, sea eagles, and the breeding grounds of the spoon-billed sandpiper. The peninsula was off-limits to outsiders until 1990 due to its strategic importance to Russia's submarine bases.

Papua New Guinea also remains one of the world's least-explored places. Scientists believe that many of the world's undiscovered plants and animals live deep within the rugged, inaccessible jungles of the country's interior. Due to a lack of infrastructure, travel to and around Papua New Guinea is extremely limited.



For those looking for an otherworldly experience, there is the barren yet beautiful Atacama Desert of Chile.

This high mountain desert gets almost no rainfall. Its 40,000 square miles is covered in salt basins, sand,

and lava. In fact, it is so devoid of life that NASA uses it to replicate conditions on Mars. It is so far from light pollution and radio interference that it is one of the best places in the world to spy on the universe, which is why two major observatories have been constructed here.

How much longer will such wild and untouched corners of Earth exist? No one knows. But there is still ample time to protect these pristine natural jewels. It may be as easy as following the old explorer's mantra: "Take only pictures, leave only footprints."

September Birthdays

Those born between September 1–22 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industriousness makes them smart problem-solvers and fact-finders. Those born between September 23–30 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities.

Queen Elizabeth I (monarch) – September 7, 1533
Col. Sanders (businessman) – September 9, 1890
Roald Dahl (writer) – September 13, 1916
Agatha Christie (writer) – September 15, 1890
Lauren Bacall (actress) – September 16, 1924
Greta Garbo (actress) – September 18, 1905
Michael Faraday (scientist) – September 22, 1791
Victoria Woodhull (politician) – September 23, 1838
Jim Henson (puppeteer) – September 24, 1936
Shel Silverstein (poet) – September 25, 1930



**A new Medicare Advantage
Plan for Nursing Home
residents.**