

March 23, 2020

Dear Lorien Residents and Families:

As we continue to face this unparalleled time of uncertainty, what we know for certain is that we are all in this together. Last week, your support and encouragement were felt and appreciated by every single Lorien team member. Thank you.

We understand that the evolving COVID-19 government mandates, specifically around restricting visitors, have been challenging. Lorien's "care forward" commitment has always gone beyond the physical health of our residents, and we know how critical connection is for the mind and soul. In an effort to help facilitate that connection with your loved ones, we've compiled a list of ideas to consider.

A few of my favorites include:

- **Virtual Visits:** Use virtual tools like FaceTime, Zoom or Skype to see each other as you tell stories about your day and check in.
- **Doodles & Pictures:** Send your loved one a special grandkid hand-drawn doodle or picture to put on a smile on his/her face.
- **Movie Night:** Pick a movie to watch at the same time and use a virtual visit tool to discuss and review it together. Several movies that are out in theaters have been released to rent early.
- **Dance Party:** Record the grandkids dancing to their grandparent(s) favorite song.

You can find more ideas below and on our frequently [updated resource page](#).

We ask that if you plan to send in pictures or drawings, please mail them directly to the facility. Please also refrain from dropping food off at the facilities at this time.

I want to close by reiterating that the health and safety of our residents and staff remain top priority. We also remain dedicated to communicating new developments as they occur.

Sincerely,



Lou Grimmel, Sr.  
CEO, Lorien Health Services

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### **Virtual Connection Ideas**

*For every activity that you did together in person, try to think of a creative way to do it virtually. We recommend setting up routine communication times, whether it's a daily call or setting up virtual family dinner sessions once or twice a week.*

#### **Virtual Visits:**

Use virtual tools like FaceTime, Zoom or Skype to see each other as you tell stories about your day and check in.

- [FaceTime](#) (iPhone, iPad, and iPod touch to other iOS devices or Mac computers)
- [Zoom](#)
- [Skype](#)

#### **Doodles & Pictures:**

Send your loved one a special grandkid hand-drawn doodle or picture to put on a smile on his/her face. *(Please mail these directly to the facility. We will take it from there!)*

#### **Send a Celebrity Greeting:**

[Cameo.com](#) allows you to connect your loved one with their favorite celebrity. Tell the celebrity what message you'd like to relay, and they will personalize it. *(fee for service, starting at \$25)*

#### **A Collective Hello:**

Record messages from multiple family members and friends, then upload the recordings to the [Tribute](#) platform. They will compile your video into one fun message. *(fee for service, starting at \$25)*

#### **Movie Night:**

Pick a movie to watch at the same time. Connect using a virtual visit tool to discuss and review it together. Several movies that are out in theaters have been [released to rent early](#).

#### **Riddle Challenge:**

Using a virtual tool, connect the family and play the riddle challenge. Share a riddle with the family, and the first one to solve it gets to pick the next one.

#### **Send an E-Card:**

Send a funny e-card using [JibJab](#), popping in family member faces on funny bodies!

#### **Dance Party:**

Record the grandkids dancing to their grandparent(s) favorite song.