

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>February 2019</p>					<p>1. Pep Rally Day 9:45 Stretch 3rd 10:00 Football Banner 3rd 10:00 1:1 Fitness 3rd 10:30 Body Balance 2nd 10:45 Football Facts 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <i>Upon request</i> 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Patterson Mill Super Bowl Pep Rally 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 3:15 1:1 Fitness 3rd 6:00 Bingo 3rd</p>	<p>2. Groundhog Day 10:00 Girl Scout Groundhog Day Program 2nd 10:30 New Covenant Bible Study 2nd 1:00 Comfort Visits 3rd 2:00 Afternoon of Strings 3rd 6:00 Saturday Night Movie 2nd <i>Please follow directions on television stand</i></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3. Super Bowl 9:45 Stretch 2 nd 10:30 Saint Francis De Sales Catholic Church Service 2 nd 1:00 Comfort Visits 3 rd 2:00 Bingo 3 rd 6:00 Super Bowl 2019 (CBS)	4. Resident Council 10:00 Assisted Living Resident Council 2 nd 10:00 Target <i>Advance sign up</i> 10:30 Workout 2 nd 11:00 Long Term Care Resident Council 3 rd 11:30 Supper Time Stories 3 rd 1:30 Workout 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 4:00 Afternoon Thoughts 1:1 6:00 Coffee Social 2 nd	5. Chinese New Year 9:00 Coffee Cart 3 rd 9:45 Stretch 3 rd 10:00 Balloon Toss 3 rd 10:30 Stability Stamina 2 nd 10:30 Chinese New Year Craft 3 rd 11:00 1:1 Fitness 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 12:00 Chinese Lunch 1:00 Hand Massages <i>Upon request</i> 1:30 Zumba Chair 2 nd 2:00 Sax Time 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 3:15 1:1 Fitness 3 rd	6. 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Bible Study 2 nd 10:30 Music & Movement 2 nd 11:15 Country Fried Steak <i>Advance sign up</i> 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 3:30 Drink Cart 3 rd 4:00 Memory Game 1:1 6:00 Bingo 3 rd	7. 9:00 Drink Cart 3 rd 9:45 Volleyball 2 nd 10:00 Balloon Toss 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:15 Parachute 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 12:00 Dining Harp Music 1 st 1:00 Hand Massages <i>Upon request</i> 1:30 Zumba Chair 2 nd 2:00 Harp Performance 3 rd 3:00 Comfort Visits 3 rd 3:15 1:1 Fitness 3 rd 3:30 Snack Cart 3 rd 4:00 Name That 1:1 4:30 Dinner Out <i>Advance sign up</i>	8. 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Flower Arranging 3 rd 10:30 Body Balance 2 nd 11:00 Flower Delivery 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages <i>Upon request</i> 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 1:1 Fitness 3 rd 6:00 Bingo 3 rd	9. 10:00 Weekend Work Out 2 nd 10:30 Heaven Sent Bible Study 2 nd 11:00 Mad Lib 2 nd 1:00 Comfort Visits 3 rd 2:00 Bingo 3 rd 6:00 Saturday Night Movie 2 nd <i>Please follow directions on television stand</i>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10. Brownie Day 9:00 Brownies and Coffee Cart 3 rd 9:10 Saint Margaret Prayer Service 2 nd 10:30 Bingo 3 rd 1:00 Comfort Visits 3 rd 3:00 Mountain Christian Church Service 2 nd	11. 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Crossword Puzzle 2 nd 10:00 Dollar Tree Advance sign up 10:30 Music & Movement 2 nd 11:00 Love Poems 2 nd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages Upon request 1:30 Strength Training 2 nd 2:00 Open Cabinet & Ice Cream 1 st 2:30 Glamour Girls 3 rd 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 4:00 Afternoon Thoughts 1:1 6:00 Coffee Social 2 nd	12. 9:00 Coffee Cart 3 rd 9:45 Stretch 3 rd 10:00 Balloon Toss 3 rd 10:30 Stability Stamina 2 nd 10:30 Cards 3 rd 11:00 1:1 Fitness 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages Upon request 1:30 Zumba Chair 2 nd 2:00 Banjo Jay 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 3:15 1:1 Fitness 3 rd	13. 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Bible Study 2 nd 10:30 Music & Movement 2 nd 11:15 Meatloaf Advance sign up 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages Upon request 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:15 1:1 Fitness 3 rd 3:30 Drink Cart 3 rd 4:00 Memory Game 1:1 6:00 Bingo 3 rd	14. Valentine's Day 9:00 Valentine Drink Cart 3 rd 9:45 Heart Volleyball 2 nd 10:00 Red Balloon Toss 3 rd 10:00 Love Jeopardy 2 nd 10:30 Stability Stamina 2 nd 10:30 Nails 3 rd 11:15 Parachute 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages Upon request 1:30 Zumba Chair 2 nd 2:00 Valentine Craft 3 rd 3:00 Comfort Visits 3 rd 3:15 1:1 Fitness 3 rd 3:30 Chocolate Heart Cart 3 rd 4:00 Name That Couple 1:1 5:00 Valentine Candlelight Dinner Advance sign up	15. Silver Reader Day 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Heart Tree Craft 3 rd 10:30 Body Balance 2 nd 11:00 Heart To Heart Visits 3 rd 11:30 Music Therapy 3 rd 11:30 Supper Time Stories 3 rd 1:00 Hand Massages Upon request 1:30 Joint Therapy 2 nd 1:30 Silver Reader Van 1 st 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 3:15 1:1 Fitness 3 rd 6:00 Bingo 3 rd	16. 10:00 Weekend Work Out 2 nd 10:30 Eternal Joy Bible Study 2 nd 11:00 Current Events 2 nd 1:00 Comfort Visits 3 rd 2:00 Variety Show with Mike, Sue and Ron 3 rd 6:00 Saturday Night Movie 2 nd Please follow directions on television stand

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<p>17. 9:10 Saint Margaret Prayer Service 2nd 9:45 Stretch 3rd 10:30 Bingo 3rd 1:00 Comfort Visits 3rd 3:00 Emmorton Baptist Church Service 2nd</p>	<p>18. President's Day 9:45 Stretch 2nd 10:00 Catholic Communion Service 2nd 10:00 Walmart <i>Advance sign up</i> 10:00 1:1 Fitness 3rd 10:30 Music & Movement 2nd 11:00 President Day Word Scramble 2nd 11:30 Music Therapy 3rd 11:30 President Stories 3rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2nd 2:00 Ice Cream With Gary 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:15 1:1 Fitness 3rd 4:00 Name That President 1:1 6:00 Coffee Social 1st</p>	<p>19. 9:00 Coffee Cart 3rd 9:45 Stretch 3rd 10:00 Balloon Toss 3rd 10:30 Stability Stamina 2nd 10:30 Nails 3rd 11:00 1:1 Fitness 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <i>Upon request</i> 1:30 Zumba Chair 2nd 2:00 Accordion Show 3rd 3:00 Comfort Visits 3rd 3:00 Bingo 2nd 3:15 1:1 Fitness 3rd</p>	<p>20. 9:45 Stretch 2nd 10:00 Bible Study 2nd 10:00 1:1 Fitness 3rd 10:30 Music & Movement 2nd 11:15 Fried Shrimp <i>Advance sign up</i> 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <i>Upon request</i> 1:30 Strength Training 2nd 2:00 Acoustic Visits 3rd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:15 1:1 Fitness 3rd 3:30 Drink Cart 3rd 4:00 Memory Game 1:1 6:00 Bingo 3rd</p>	<p>21. Fitness Screening 9:00 Drink Cart 3rd 9:45 Volleyball 2nd 10:00 Balloon Toss 3rd 10:00 Jeopardy 2nd 10:30 Stability Stamina 2nd 10:30 Nails 3rd 11:15 Parachute 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 12:00 Piano Dining Music 1st 1:00 Fitness Screening 2nd 1:30 Zumba Chair 2nd 1:30 Regal Movies <i>Advance sign up</i> 2:00 Classical Music 3rd 3:00 Comfort Visits 3rd 3:15 1:1 Fitness 3rd 3:30 Snack Cart 3rd 4:00 Name That 1:1 6:00 Bingo 2nd</p>	<p>22. Sugar & Spice Country Store 10am-4 9:45 Stretch 3rd 10:00 1:1 Fitness 3rd 10:00 Hearts From Nature 3rd 10:30 Body Balance 2nd 11:00 Heart To Heart Visits 3rd 11:30 Music Therapy 3rd 11:30 Supper Time Stories 3rd 1:00 Hand Massages <i>Upon request</i> 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 3:15 1:1 Fitness 3rd 6:00 Bingo 3rd</p>	<p>23. 10:00 Weekend Work Out 2nd 10:30 Mount Zion Bible Study 2nd 11:00 Heart Ornament Craft 2nd 1:00 Comfort Visits 3rd 2:00 Ageless Games With Roy 3rd 6:00 Saturday Night Movie 2nd <i>Please follow directions on</i> <i>television stand</i></p>

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<p>24.</p> <p>9:00 Coffee Cart 3rd</p> <p>9:10 Saint Margaret Prayer Service 2nd</p> <p>10:30 Mount Zion Methodist Church Service 2nd</p> <p>1:00 Comfort Visits 3rd</p> <p>2:00 Bingo 3rd</p>	<p>25.</p> <p>9:45 Stretch 2nd</p> <p>10:00 Shoprite Advance sign up</p> <p>10:00 1:1 Fitness 3rd</p> <p>10:00 Crossword Puzzle 2nd</p> <p>10:30 Music & Movement 2nd</p> <p>11:00 Mad Lib 2nd</p> <p>11:30 Music Therapy 3rd</p> <p>11:30 Supper Time Stories 3rd</p> <p>1:00 Hand Massages Upon request</p> <p>1:30 Strength Training 2nd</p> <p>2:00 Ice Cream with J & J 1st</p> <p>2:30 Glamour Girls 3rd</p> <p>3:00 Comfort Visits 3rd</p> <p>3:00 Bowling 2nd</p> <p>3:15 1:1 Fitness 3rd</p> <p>4:00 Afternoon Thoughts 1:1</p> <p>6:00 Coffee Social 1st</p>	<p>26. Carnival Day</p> <p>9:00 Coffee Cart 3rd</p> <p>9:45 Stretch 3rd</p> <p>10:00 Balloon Toss 3rd</p> <p>10:30 Stability Stamina 2nd</p> <p>10:30 Carnival Trivia 3rd</p> <p>11:00 1:1 Fitness 3rd</p> <p>11:30 Music Therapy 3rd</p> <p>11:30 Supper Time Stories 3rd</p> <p>1:00 Hand Massages Upon request</p> <p>1:30 Zumba Chair 2nd</p> <p>2:00 Carnival Games 3rd</p> <p>3:00 Comfort Visits 3rd</p> <p>3:00 Bingo 2nd</p> <p>3:15 1:1 Fitness 3rd</p>	<p>27.</p> <p>9:45 Stretch 2nd</p> <p>10:00 1:1 Fitness 3rd</p> <p>10:00 Bible Study 2nd</p> <p>10:30 Music & Movement 2nd</p> <p>11:15 Turkey Bacon Melt Advance sign up</p> <p>11:30 Music Therapy 3rd</p> <p>11:30 Supper Time Stories 3rd</p> <p>1:00 Hand Massages Upon request</p> <p>1:30 Strength Training 2nd</p> <p>2:00 Acoustic Visits 3rd</p> <p>2:00 Open Cabinet & Ice Cream 1st</p> <p>3:00 Comfort Visits 3rd</p> <p>3:00 Bowling 2nd</p> <p>3:15 1:1 Fitness 3rd</p> <p>3:30 Drink Cart 3rd</p> <p>4:00 Memory Game 1:1</p> <p>6:00 Bingo 3rd</p>	<p>28.</p> <p>9:00 Drink Cart 3rd</p> <p>9:45 Volleyball 2nd</p> <p>10:00 Balloon Toss 3rd</p> <p>10:00 Jeopardy 2nd</p> <p>10:30 Stability Stamina 2nd</p> <p>10:30 Nails 3rd</p> <p>11:15 Parachute 3rd</p> <p>11:30 Music Therapy 3rd</p> <p>11:30 Supper Time Stories 3rd</p> <p>1:00 Hand Massages Upon request</p> <p>1:30 Zumba Chair 2nd</p> <p>2:00 Travel Time 3rd</p> <p>3:00 Comfort Visits 3rd</p> <p>3:15 1:1 Fitness 3rd</p> <p>3:30 Snack Cart 3rd</p> <p>4:00 Name That 1:1</p> <p>6:00 Bingo 3rd</p>		