

September 2019

Harmony Hall



Celebrating September

Happy Cat Month

Sewing Month

**International Enthusiasm
Week**

September 1–7

Labor Day (U.S.)

September 2

**International Day of
Democracy**

September 15

World Alzheimer's Day

September 21

**International Day of Sign
Languages**

September 23

World Heart Day

September 29

A Brief History of Argentina

Sebastian Cabot was the explorer who, in September of 1527, built a fort at the confluence of the Paraná and Carcarañá Rivers, thereby establishing the first European outpost in present-day Argentina. There is no better time than September, Hispanic Heritage Month, to celebrate these beginnings. Intrigued by rumors of silver and gold in the region, Cabot renamed the main estuary *Río de la Plata*, or River of Silver. Alas, Cabot never returned, and his fort was destroyed less than two years later.

The story of the settlement of Argentina really begins with the Jesuits, who agreed to play peacemaker between the King of Spain, the conqueror of Argentina, and local aboriginal peoples. When Jeronimo Luis de Cabrera founded the city of Córdoba in central Argentina, it became a Jesuit stronghold. The Jesuits established the Universidad Nacional de Córdoba in 1613, and it remains one of the oldest and most valuable centers of education in South America. Our current Pope, Pope Francis, is a Jesuit from Argentina, and is the first pope from the Americas and the first from the southern hemisphere.

While Córdoba was the epicenter of life during colonial times, Buenos Aires is the cultural and political capital of Argentina today. On July 9, 1816, Buenos Aires formally declared its independence from Spain. Several years of fighting would pass before Argentina, along with Peru, Paraguay, and Chile, would win independence. Buenos Aires officially became the capital in 1880, and soon ranked among the major European capitals of the time. Construction booms led to tall buildings, an underground railway, wide avenues, and vibrant arts centers. Despite several government shake-ups and decades of economic chaos, Buenos Aires continues to be a flourishing capital city. Argentina ranks as one of the world's major tourist destinations, and, unlike Sebastian Cabot, visitors return to Argentina again and again to enjoy its cultural riches and natural wonders.



Music Appreciation

September 4: Music Appreciation with David;
TBA

September 11: Music Appreciation with Mike;
Edvard Grieg, Norwegian piano master

September 18 Music Appreciation with David;
TBA

September 25: Music Appreciation with Mike:
Kurt Weill :l from Berlin to Broadway - Part 1.

Opera

September 6th: Tchaikovsky's "Pique
Dame.(Queen of Spades)"

September 13th: Conclusion of Tchaikovsky's
'Pique Dame."

September 20th: Tan Dun's "The First Emperor."

September 27th: Conclusion of Tan Dun's "The
First Emperor." Opera JPGs to follow as time of
Presentation nears

Broadway

September 7th. "Victor Victoria" w/ Julie Andrews

September 14th. "Carousel."

September 21st. "First You Dream.; tye Music of
Kander and Ebb"

September 28th. "Notre Dame de Paris."

UPCOMING Events

September 2nd

Labor Day Entertainment with Paul Jude –
2:00pm 2nd Floor

September 6th

Q&A with Debbie, Danny and Terry –
10:30am 2nd Floor

September 12th

Crab Feast – 11:00am – 1:00pm Carmella's

September 19th

Just Bead It – 10:30am 2nd Floor
Silk Flower Project with Gerry Musser –
2:30pm 2nd Floor

September 25th

Dr. Lazris Talk – 10:00am 2nd Floor

September 26th

Resident Trip to Friendly Farms – 10:30am
Lobby

September 29th

Rosh Hashanad Dinner – 4:30pm
Carmella's

Religious Services & Events:

Tuesdays & Thursdays: Rosary Communion Service - Located in the Parlor at 3:00pm

Sundays: Catholic Communion Service- Parlor at 9:00am

4th Wednesdays: Catholic Mass Services at 2:30- Located in the Parlor

Sundays: Grace Christian Church - Located on 3rd Floor at 11:00am

2nd Sundays: St. John's Baptist Church at 2:30pm - Located on 3rd Floor

2nd and 4th Fridays: Jewish Services with Rabbi Baron at 11:00am - Located in the Parlor

On our updated website you can find the month's activity calendar, newsletter, and movie listings!

www.lorienhealth.com/locations/harmony-hall

Health Concerns

For Questions regarding Audiology, Dental, Eye Care and Podiatry services – please call HEALTHDRIVE AT (888) 964-6681, Option 3. If you want to sign up for any of these services contact Claro or Gimly at ext. 4026/4032.

Thank You

Please do not hesitate to call the Recreation Office at 410-531-6000 x 4022, and we will be happy to sign you up for the events you wish to attend.

Meet Your Neighbor

This is Sharon Tucker: She is a native Marylander. She was born in Frederick County Maryland and was raised in Baltimore City. She attended Morgan State University where she received a degree in Home Economics. Sharon was an Educator and taught in numerous places around the world. She taught in Baltimore City, Boston, Austin and even spent a year teaching in Liberia, West Africa. She moved back to the great state of Maryland in 1976 and has remained here since. She is our current President of the Harmony Hall Resident Association. She is a joy to know. She has a wonderful sense of humor and a kind heart. If you have not met her please get to know her.

Transportation Trips

1st Monday – Walmart

2nd Monday – Target

3rd Monday – The Dollar Store

4th Monday – The Mall in Columbia

10:30am to 12:30pm

Giant

Tuesday at 2pm (1 hour)

Friday at 11:15am (1/2 hour)

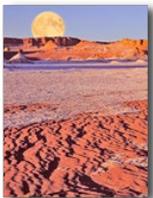
- Recreational trips are subject to time changes and cancellations when deemed necessary by Transportation
- If you need to schedule a transportation appointment, ask the Front Desk for more information

Into the Wild

Humans have settled 77% of Earth's surface, so what places are left unexplored? This September, Wilderness Month, we will take a look at some of the world's wildest places.

Antarctica definitely tops the list of one of the wildest and most remote places on Earth, but who would want to go there? For those interested in cold and inaccessible places, far from the touch of civilization, there is the Kamchatka Peninsula in Russia's Far East. It is Russia's land of fire and ice, thanks to its proximity to the Arctic and its many volcanoes. It harbors an abundance of wildlife, including brown bears, wolves, reindeer, mountain sheep, whales, sea eagles, and the breeding grounds of the spoon-billed sandpiper. The peninsula was off-limits to outsiders until 1990 due to its strategic importance to Russia's submarine bases.

Papua New Guinea also remains one of the world's least-explored places. Scientists believe that many of the world's undiscovered plants and animals live deep within the rugged, inaccessible jungles of the country's interior. Due to a lack of infrastructure, travel to and around Papua New Guinea is extremely limited.



For those looking for an otherworldly experience, there is the barren yet beautiful Atacama Desert of Chile. This high mountain desert gets almost no rainfall. Its 40,000 square miles is covered in salt basins, sand, and lava. In fact, it is so devoid of life that NASA uses it to replicate conditions on Mars. It is so far from light pollution and radio interference that it is one of the best places in the world to spy on the universe, which is why two major observatories have been constructed here.

How much longer will such wild and untouched corners of Earth exist? No one knows. But there is still ample time to protect these pristine natural jewels. It may be as easy as following the old explorer's mantra: "Take only pictures, leave only footprints."

September Birthdays

Those born between September 1–22 are Virgo's Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industriousness makes them smart problem-solvers and fact-finders. Those born between September 23–30 balance the scales of Libra. Libras epitomize fairness and balance, often striving to minimize conflict and seek compromise. They achieve this with their charming, sincere, and lovable personalities.

Queen Elizabeth I (monarch) – September 7, 1533
Col. Sanders (businessman) – September 9, 1890
Roald Dahl (writer) – September 13, 1916
Agatha Christie (writer) – September 15, 1890
Lauren Bacall (actress) – September 16, 1924
Greta Garbo (actress) – September 18, 1905
Michael Faraday (scientist) – September 22, 1791
Victoria Woodhull (politician) – September 23, 1838
Jim Henson (puppeteer) – September 24, 1936
Shel Silverstein (poet) – September 25, 1930

Tolkien's Literary Magic



Those familiar with the work of author J. R. R. Tolkien know that September 22 is Hobbit Day, commemorating the birthday of both Bilbo and his nephew Frodo Baggins. For this reason, the entire week containing September 22 is celebrated as Tolkien Week. For those unfamiliar with Tolkien's fantasy writings, the words *hobbit*, *orc*, *Mordor*, and *Silmarillion* may have no meaning at all. Tolkien, after all, invented all these fantastic words during the creation of his magical world of Middle Earth. The development of the world and legend of Middle Earth grew from Tolkien's desire to manufacture a mythology for England, one of elves and faeries. Some might say that he saw this through to extraordinary ends, going so far as to invent an entire pantheon of gods and new languages for his magical races of creatures. Bilbo's adventures with dwarves and dragons and Frodo's saga with the Ring of Power have become the pinnacle of high fantasy literature.