



The Messenger

Daylight Savings Time starts March 11 at 2:00AM

March 2018

Things to celebrate in March: National Craft Month, National Nutrition Month, National Women's History Month, Social Workers Month, Caregiver Appreciation Day, Girl Scouts Day, National Potato Chip Day, Ides of March, Saint Patrick's Day, Spring (Vernal) Equinox, Palm Sunday, Good Friday, National Doctor's Day, Passover, Red Cross Month

Family Council will be held on March 5 at 6:00 pm in the first floor Conference room.

10 Facts about St. Patrick's Day

1. One thing we do know is that he wasn't Irish. He was born in either Wales or Scotland around 387 and his parents were probably Roman citizens.
2. He was kidnapped by Irish raiders and taken to Ireland where he was sold as a slave and forced to work for six years herding sheep.
3. At the age of 22, he escaped and fled to England where he spent the next 12 years at a monastery.
4. He returned to Ireland in 433 where he is reported to have used the shamrock to preach about the Holy Trinity.
5. He is not the only patron saint of Ireland: St Brigid of Kildare and St Columba share that honor too.
6. Although he is praised for the miracle of driving snakes out of Ireland, fossil evidence suggests that there never were any snakes in Ireland.
7. Although St Patrick's Day is associated with the color green, St Patrick himself preferred blue.
8. From 1903-1970, St Patrick's Day was classed as a religious holiday in Ireland and pubs were shut.
9. St Patrick is said to have died on March 17, 461 but the evidence for this is very slim.
10. March 17 is a holiday in Montserrat which was founded by Irish immigrants in the 17th century.

<https://www.express.co.uk/life-style/top10facts/780366/top-10-facts-about-st-patrick>

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The History of Girl Scout Day

Girl Scouts came into existence in 1912, when a woman named Juliette “Daisy” Gordon Low organized the first ever Girl Scout meeting in Savannah, Georgia, with just 18 girls from the surrounding area. Low had spent considerable time thinking about what could be done to help young women get outdoors and become more independent, self-reliant and resourceful so they could become better citizens in the future. From the very beginning, the Girl Scouts have been an organization run by women, for women, and over a hundred years after its creation, it has grown to 3.7 million members worldwide. It has been estimated that, since its inception, 50 million girls and women have been member of the organization. Membership is organized by age, and there are different activities available at each level, all suited to the individual needs of each age group. The Girl Scouts is an organization for American girls and American girls living abroad, traditionally ages 5 to 18. Girl Scouts typically meet in groups called a troop, with the troops being run by volunteers, who are often parents of troop members. This makes the Girl Scouts a very close-knit organization.

Girl Scout Day is celebrated on the date that Low organized the first Girl Scout meeting, on March 12th.

<https://www.daysoftheyear.com/days/girl-scout-day/>



The Ides of March

You may remember the soothsayer’s warning to Julius Caesar to “Beware the ides of March,” but the term didn’t originate with William Shakespeare. The earliest Roman calendar, which consisted of ten months beginning with Martius (March), was believed to have been created by King Romulus around 753 B.C. At that time, dates were expressed in relation to the lunar phase of the month using three markers: Kalends (Kal), Nones (Non) and Ides (Id). The first phase of the moon, the new moon, was denoted by Kalends and signified the first day of the month; the first quarter moon fell on either the fifth or seventh day of the month and was referred to as Nones; the full moon fell on either the 13th or 15th day of the month and was referred to as Ides. The ides of March—March 15—initially marked the first full moon of a new year.

During the late Roman Republic, a new year’s festival was held on the ides of March in which people would gather a mile outside of Rome on the Via Flaminia by the banks of the Tiber River. Participants celebrated with food, wine and music and offered sacrifices to the Roman deity Anna Perenna for a happy and prosperous new year. Between 222 and 153 B.C., the ides of March also signaled the beginning of the new consular year, in which two annually-elected consuls took office as leaders of the republic.

In 46 B.C., after consulting with the Alexandrian astronomer Sosigenes, Julius Caesar reformed the Roman calendar by adding ten days to the 355-day year, instituting January 1 as the first day of the new year (beginning in 45 B.C.) and introducing a leap year every four years. Shortly thereafter, he was granted the title Dictator Perpetuus or “dictator for life.” Concerned with Caesar’s increasing power and monarchical leanings, a group of Roman senators stabbed the ruler to death on March 15, 44 B.C.—forever linking the ides of March with the assassination of Julius Caesar.

<http://www.history.com/news/ask-history/what-are-the-ides-of-march>

Famous March Quotes

"March came in that winter like the meekest and mildest of lambs, bringing days that were crisp and golden and tingling, each followed by a frosty pink twilight which gradually lost itself in an elfland of moonshine." *L.M. Montgomery*

"Indoors or out, no one relaxes in March, that month of wind and taxes, the wind will presently disappear, the taxes last us all the year." *Ogden Nash*

"In March the soft rains continued, and each storm waited courteously until its predecessor sunk beneath the ground."
John Steinbeck

"March, when days are getting long, Let thy growing hours be strong to set right some wintry wrong." *Caroline May*

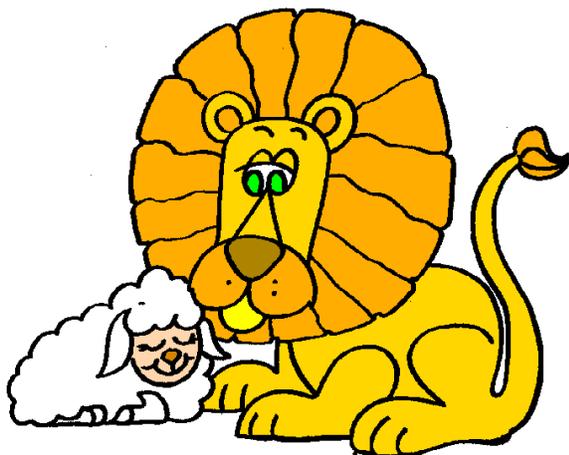
"The stormy March has come at last, With winds and clouds and changing skies; I hear the rushing of the blast That through the snowy valley flies." *William C. Bryant*

"March is the month God created to show people who don't drink what a hangover is like." *Garrison Keillor*

"March is the month of expectation, the things we do not know, The persons of prognostication are coming now. We try to sham becoming firmness, But pompous joy betrays us, as his first betrothal betrays a boy." *Emily Dickinson*

"In march winter is holding back and spring is pulling forward. Something holds and something pulls inside of us too."
Jean Hersey

<http://www.wiseoldsavings.com/march-quotes/>



March Fun Facts

[The month of March](#) was named for the Roman god of war, Mars. Traditionally, this was the time of year to resume military campaigns that had been interrupted by winter.

International Women's Day is celebrated on March 8!

March has two full Moons this year! The first full Moon, the *Full Worm Moon*, occurs on the 1st at 7:51 P.M. EST. The second, the *Full Sap Moon* (also a [Blue Moon](#)), occurs on the 31st at 8:37 A.M. EDT.

Daylight Saving Time begins on Sunday, March 11, at 2:00 A.M. Don't forget to set your clocks forward!

St. Patrick's Day is March 17. It falls on a Saturday this year.

The **Ides of March** falls on March 15, and has long been considered an ill-fated day. Beware the [Ides of March!](#)

The **vernal equinox**, also called the **Spring Equinox**, marking the beginning of spring in the Northern Hemisphere, occurs on Tuesday, March 20 at 12:15 P.M. EDT. On this day, the Sun rises due east and sets due west. In the Southern Hemisphere, this date marks the **autumnal equinox**

According to lore, the last three days of March have a reputation for being stormy. **Easter Sunday** arrives on April 1, 2018, culminating the Holy Week for Christian churches and commemorating the resurrection of Jesus Christ.

<https://www.almanac.com/content/month-march-holidays-fun-facts-folklore>

Red Cross Month

March is Red Cross Month, a time when the American Red Cross honors our nation's heroes who help people in need in their community, across the country and around the world. A nationwide observance, here are some photos from around the country showing how our cities and towns honor the American Red Cross in March.

More than 300,000 of these heroes help families find shelter after a home fire. They donate blood to help trauma victims and cancer patients. They deliver comfort items to military members in hospitals around the world. They use their lifesaving skills to save someone from a heart attack, drowning, or choking. They volunteer their time to help those in need.

During Red Cross Month, become a hero too. Join the Red Cross.

1. [Become a Red Cross volunteer](#). You can help in your local community.
2. [Give blood](#) and help a patient on their road to recovery.
3. [Take a class](#); be able to help during an emergency.
4. [Make a plan](#). Develop a preparedness plan with members of your household.
5. [Make a financial donation](#). Your support will allow us to help those in need.

A LITTLE HISTORY For more than 135 years, American Red Cross workers have been an essential part of our nation's response to war, natural disaster and other human suffering. [Read about the Red Cross in American history here](#).

Since 1906, the office of president has been part of the structure of the American Red Cross. United States President Woodrow Wilson agreed to serve in this position in 1913, establishing a tradition followed by all subsequent presidents to become Honorary President of the American Red Cross. That title was changed to Honorary Chairman in 1947.

In 1943, President Franklin D. Roosevelt designated March as Red Cross Month. Since that time, all of our U.S. presidents have designated March as Red Cross Month to recognize how our organization helps people across the country and around the world. [Read the Presidential Proclamation for American Red Cross Month](#).

<http://www.redcross.org/news/article/Red-Cross-Month-A-Time-to-Recognize-Community-Heroes>

National Anthem Day

Our National Anthem is The Star Spangled Banner. It was written by Francis Scott Key. He wrote the lyrics on September 14, 1814, during the Battle of Fort McHenry in the War of 1812. It was originally called "Defence of Fort McHenry". There were many patriotic songs, and The Star Spangled Banner became another one of them, one that struck at the heart of Americans, and gained popularity over the years. But, for a long time, America did not have an official national anthem.

It wasn't until over 100 years later, that The Star Spangled Banner became our national anthem. On March 3, 1931, President Herbert Hoover signed a congressional resolution officially making "The Star Spangled Banner" the national anthem of the United States of America

On this special day, proudly fly the USA flag at your home and place of business. Take this as an opportunity to sing the National Anthem, or listen to it being sung. And, look for chances to show your patriotism.

A rich history.....

Many people think the *Star Spangled Banner* was written during the Revolutionary War. It was actually written during the war of 1812 (1812-1814).

In August 1814, the British army detained Dr. William Beanes as a prisoner of war. He was a friend of Francis Scott Key. On Sept. 13, 1814, Francis Scott Key and a U.S. negotiator boarded a British vessel where Beanes was being held. He negotiated his friends' release. But then, Francis Scott Key was detained that day along with the negotiator. They were held until after the attack on Fort McHenry, which guarded the harbor and city of Baltimore.

He watched the bombardment of the fort from the ship. The next morning, he was ecstatic to see that the American flag was still flying over Fort McHenry. This historic event inspired Francis Scott Key to write "The Star-Spangled Banner" the following day (September 14, 1814).

<http://www.holidayinsights.com/moreholidays/March/nationalanthemday.htm>