

SEPTEMBER 2018

Harmony Hall



Celebrating September

Sewing Month

World Alzheimer's Month

Classical Music Month

Labor Day: U.S.

September 3

Grandparents Day

September 9

Line Dance Week

September 10–15

Online Learning Day

September 15

Museum Day

September 22

Johnny Appleseed Day

September 26

Newsworthy

Perhaps we take for granted the convenience of finding our daily newspapers on the front stoop or in the mailbox. On September 4, give extra thanks to our delivery boys and girls on Newspaper Carrier Day, for it was on this day in 1833 that New York City news publisher Benjamin Day hired the very first paperboy, 10-year-old Barney Flaherty. Day's advertisement looking for help requested "steady men" for the job, but Flaherty proved a sincere and hardworking lad. Soon, boys and girls could be found manning the city's street corners yelling, "Extra! Extra! Read all about it!"

Nowadays, newspaper carriers are a rare breed. A 2016 study showed that in the United States, only two out of 10 adults get their news from an actual paper. More than half of us watch the news on television. But a recent 2017 survey showed that 67% of all Americans now get the latest news through social media outlets like Facebook and Twitter. Cell phones have dramatically contributed to this change, with 72% of Americans using their phones to find out the latest headlines. While many lament that print newspapers are going obsolete, there is some good news: journalism is actually getting better.

The world is better informed today than it has ever been. Thanks to cell phones, people can follow the news with a few quick swipes of the finger. Moreover, journalists have better access to the technology that allows them to uncover facts and stories, as well as to widely distribute those facts. So, the good news is that there is a lot of good news out there. However, with so much news out there competing for our attention, it has never been more important to check the news for ourselves and get our facts straight. While those printed newspapers delivered by our celebrated newspaper carriers undergo rigorous editorial processes, sometimes online outlets do not. Reading the news is a responsibility we should all take seriously.



Music Appreciation

Sept 5th Music Appreciation with David: Claude Debussy: String Quintet in G minor

Sept 12th Music Appreciation with Mike: Piano works by Edvard Grieg as played by Leif Ove Andsnes.

Sept 19th; Music Appreciation with David: Ferdinand Ries: Piano Concerto No. 9, introduction and Polonaise.

Sept 26th Music Appreciation with Mike: Camille Saint Saens: the piano concerti.

Opera

Sept 7th Jacques Offenbach's "Orphee aux Enfers" ("Orpheus in the Underworld."
After his wife's abduction by her lover, Pluto, the god of the underworld, troubadour Orpheus must travel to hell to bring her back.

Sept 14th Jules Massenet's "Cendrillon."
The original French version of the Cinderella story.

Sept 21st: Gioachino Rossini's "Matilde di Shabran."
Warrior prince Corradino is bound by chivalry to abide by the wish of his deceased greatest enemy, Shabran to undertake the care of Shabran's daughter, who turns out to be a hellion in a dress.

Sept 28th Conclusion of Rossini's "Matilde di Shabran."

No Greetings from Seattle

Residents of Seattle, Washington, in America's Pacific Northwest, claim to be some of the friendliest people in the country, yet they proudly celebrate September 16 as Stay Away from Seattle Day. You can even find Hallmark cards for the holiday. Is this how Seattleites thank the thousands of tourists who travel to Seattle each year? The truth is that Seattle was not responsible for creating the holiday. Tom Roy, a former radio personality, came up with the idea while working on a talk show in Lancaster, Pennsylvania. While flipping through *Chase's Calendar of Events*, a guide to holidays both popular and obscure, he discovered an entry form. Roy went on to create 80 holidays, including Stay Away from Seattle Day, and he admits that he had never even visited Seattle. While residents of the Emerald City have embraced the strange holiday, the Seattle Metropolitan Chamber of Commerce does not endorse it.

On the Road Again



September 13 is Roald Dahl Day in honor of the British writer's birthday. Dahl is best-known for his children's books, including *Charlie and the Chocolate Factory* and *James and the Giant Peach*. But aside from his writing, Dahl was a born explorer. During the 1930s, he joined oil exploration expeditions to Newfoundland, Canada, and Tanzania, Africa. In 1939, he joined the Royal Air Force and became a World War II fighter pilot. It was during this time that he crash-landed in the Egyptian desert. The injuries he sustained kept him from flying, so the British government sent him to Washington, D.C., as a diplomat. The truth, however, was that he was a spy and his task was to rally America to join in the war effort. Dahl proved both as charming and shrewd as fictional spy James Bond and even spent a weekend in 1943 with then-president Franklin D. Roosevelt. Perhaps it is fitting that Dahl, in 1967, adapted Ian Fleming's James Bond story *You Only Live Twice* into a movie.

Religious Services & Events:

Tuesdays & Thursdays: Rosary Communion Service - Located in the Parlor at 3:00pm

Sundays: Catholic Communion Service- Parlor at 9:00am

4th Wednesdays: Catholic Mass Services at 2:30- Located in the Parlor

Sundays: Grace Christian Church - Located on 3rd Floor at 11:00am

2nd Sundays: St. John's Baptist Church at 2:30pm - Located on 3rd Floor

2nd and 4th Fridays: Jewish Services with Rabbi Baron at 11:00am - Located in the Parlor

On our updated website you can find the month's activity calendar, newsletter, and movie listings!

www.liveharmonyhall.com

New Schedule for Trips

- **Giant Trips every Tuesday at 2pm (1 hour) and every Friday at 11am (30 minutes)**
- **Walmart/Target every Monday at 10:30am (1 hour) – at least 3 people must attend**
- **Recreational trips are subject to time changes and cancellations when deemed necessary by Transportation**
- **If you need to schedule a transportation appointment, ask the Front Desk for more information**

Health Concerns

For Questions regarding Audiology, Dental, Eye Care and Podiatry services – please call HEALTHDRIVE AT (888) 964-6681, Option 3. If you want to sign up for any of these services contact Claro or Gimly at ext. 4026/4032.

Thank You

Please do not hesitate to call the Recreation Office at 410-531-6000 x 4022, and we will be happy to sign you up for the events you wish to attend.

Yes, Virginia

On September 21, 1897, the *New York Sun* newspaper published an editorial called “Is There a Santa Claus?” It was during that year that eight-year-old Virginia O’Hanlon asked her father if Santa Claus existed. He suggested that she write her question to the local paper. Francis Pharcellus Church, one of the newspaper’s editors, had no idea that his reply to Virginia’s query would be one of the most reprinted editorials in the world.

Church was a war correspondent during the Civil War. His experiences had made him cynical and an atheist. He had not wanted to write the editorial and refused to have his name attached to the reply. But he did write it, and rather than give a straight and simple answer, he wrote philosophically about the existence of fairytale-like figures and how they should give us all faith and joy in the profound innocence of childhood, and, as Church put it, in the existence of “love and generosity and devotion.” When he wrote, “Yes, Virginia, there is a Santa Claus,” he was arguing that, despite all he had seen during wartime, humanity was still decent and good.

A Hummer of a Bird



September 7–9 brings the Hummingbird Migration and Nature Celebration as these tiny winged marvels make their way back to warmer southern climates. Hummingbirds, sometimes called hummerbirds, get their name from the sound their wings make. These birds flap their wings so fast—about 80 times per second—that they make a humming sound. Hummingbirds exist only in the western hemisphere; they range from southern Alaska to northern Chile and stop everywhere in between. Although they weigh less than a nickel, these tiny birds can fly up to 500 miles without stopping. So why not help them on their journey by putting out specially designed hummingbird feeders? These brightly colored feeders provide the sugary, high-energy nectar hummingbirds need to maintain their metabolism.

Messages of Love

How does one write the perfect love note? Let me count the ways on September 26, Love Note Day. Whether you pen a love note to make an ordinary day extraordinary or jot some loving words down in a greeting card, penning a heartfelt love note takes some practice.



The sonnet was the preferable form for a love note for hundreds of years. It was invented by the Italian Giacomo de Lentini in the 13th century. The word *sonnet* means “little song,” and it is a 14-line poem with a variable rhyming scheme that always

ends with a turn of thought or sentiment. As you can see, a sonnet is a highly technical piece of writing, perhaps better left to poets like Dante or William Shakespeare. However, if you truly wish to woo your love, then a sonnet is the traditional choice.

Modern times, however, may require modern methods. A greeting card, a poem, or a note on a napkin must all be sincere. It is important to speak from your heart. And don't just write “I love you” or “You're beautiful.” These generic phrases, while true, are uninteresting. It is of utmost importance to be particular. Mention details and things you love: the smell of hair, the way she likes her coffee, his obsession with crossword puzzles. Show that you've noticed things that no one else but a true love could have possibly noticed. That is love.

Why is it important to a relationship to write love notes? Writing down your thoughts and feelings makes them permanent. Also, it is often easier to describe your heart in writing when you are alone and thoughtful than to express your truest thoughts and feelings on the spot in front of another person. Perhaps you'd like to start by writing a letter and not sharing it? The simple act of writing about your love for your beloved is a way to rejuvenate your feelings for them. So let your love flow from your pen. And if you're feeling really ambitious, try to make it rhyme!

September Birthdays

In astrology, Virgo's Virgins are those born between September 1–22. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice. Those born from September 23–30 balance the scales of Libra. Libras strive for balance, avoid conflict, and desire fairness for everyone. To achieve this, they are sociable, strategic, charming, and diplomatic.

Boxcar Willie (singer) – September 1, 1931
Mort Walker (cartoonist) – September 3, 1923
Grandma Moses (painter) – September 7, 1860
Otis Redding (singer) – September 9, 1941
Arnold Palmer (golfer) – September 10, 1929
Agatha Christie (writer) – September 15, 1890
Peter Falk (actor) – September 16, 1927
H.G. Wells (writer) – September 21, 1866
Jim Henson (puppeteer) – September 24, 1936
Linda Hamilton (actress) – September 26, 1956
Ed Sullivan (TV host) – September 28, 1901
Johnny Mathis (singer) – September 30, 1935

In the Zone



Without the ozone layer to protect Earth from the sun's harmful ultraviolet radiation, we would all be toast, which is why September 16 is the International Day for the

Preservation of the Ozone Layer. In 1985, scientists discovered that the use of harmful chemicals was creating a hole in our ozone layer over Antarctica. Two years later, countries all over the world signed the Montreal Protocol, promising to end using such harmful chemicals. So the good news is that this holiday has been a success! The harmful chemicals that destroyed the ozone layer were banned, stopping further depletion of the ozone layer. Scientists now expect that the hole in the ozone layer could be entirely healed by the year 2060, as long as countries adhere to the ban—which means we get to keep on celebrating!