Television’s Fall Feast

It’s September, and that means it’s time to ring in another new season of television. Why does the television season begin in September? This harkens back to the days of radio, when new radio shows would begin their runs in September, continue through the winter into the spring, and then take the summer off when most people spend time outside away from their radios and televisions.

September is also an important time for television networks because the Nielsen Company begins its measurement of television audiences and ratings. The better the ratings for a television show, the easier it is for a network to sell advertising. So September marks a frantic time for television makers, raters, and advertisers, not to mention fans awaiting the return of their favorite shows like NBC’s *This Is Us* and the premieres of new ones such as CBS’s *Young Sheldon*, a spin-off of the wildly successful comedy hit *The Big Bang Theory*.

Great classics like *Cheers, M*A*S*H, All in the Family, The West Wing, and Seinfeld* adhered strictly to the September schedule. However, cable now competes with network TV for dominance. Cable channels HBO, Showtime, and Starz all draw Hollywood talent for their small-screen gems, such as *The Young Pope, American Gods, and Game of Thrones*. And cable shows do not have to air in September. They can premiere new shows whenever they want.

Even more disruptive of television is streaming video. Netflix, Hulu, and Amazon Prime all offer shows that can be accessed only by paying for their particular service. The advantage is that you no longer have to pay for cable to watch popular shows like *House of Cards, The Handmaid’s Tale*, and *Mr. Robot*. Viewers can watch them whenever they like directly from a computer, smartphone, or Internet-connected television. September may offer a bonanza of new network television, but there are countless ways to watch new shows all year long.
Music Appreciation

**Sept. 6:** Music Appreciation with David: Two Giants of Jazz; Tony Bennett and Miles Davis

**Sept. 13:** Music Appreciation with Mike: Tribute to Herman Meyer's "Armchair Traveler Programs: "Exotic Ports of Call."

**Sept. 20:** Music Appreciation with David: Johan Svendsen "Norwegian Rhapsodies."

**Sept. 27:** Music Appreciation with Mike: Exotic Dancing with the Opera Stars

Opera

**Sept. 1:** Camille Saint Saens "Samson et Dalila"

**Sept. 8:** Conclusion of Saint Saens' "Samson et Dalila."

**Sept. 15:** Charles Gounod's "Faust."

**Sept. 22:** Conclusion of Gounod's "Faust."

**Sept. 29:** Opera Gala 2007 from Baden Baden with Elina Garanca, Anna Netrebko, Ramon Vargas and Ludovic Tezier

Calling All Rock Hounds

September 16 offers a holiday for all the rock hounds, from the professional geologist to the casual collector at the beach. It’s Collect Rocks Day! What’s the attraction to collecting rocks? For many, it’s the incredible diversity of rocks in the natural world. Not only do many rocks look different but they are formed by different geological processes that give us clues to the geologic history of the area they are found in. Half the fun of rock collecting is identifying and cataloging your rocks by kind, where you found them, and why they’re special to you. Minerals, crystals, and gemstones are often admired for their brilliant colors, shapes, and structures. But many of the best rocks in a collection are judged valuable not because they are gemstones or minerals but because they were found someplace meaningful: on a vacation, perhaps, or on a trip with someone special. Whether you adore igneous, sedimentary, or metamorphic, you’ll never grow tired of the amazing diversity of rocks out there just waiting to be found.

September Upcoming Events

**September 1:** Crab Feast – Fountain Courtyard 11:00am to 1:00pm

**September 8:** Resident Association Meeting – Movie Theater at 2:00pm

**September 14:** Alice Roosevelt Longworth Presents: A Talk of the Town – Lobby at 10:30am

**September 20:** First Night Rosh Hashanah Dinner – 2nd Floor at 5:00pm

**September 21:** Just Bead It – 2nd Floor at 10:30am

**September 27:** Dr. Lazris Discussion – 2nd Floor at 10:00am

**September 27:** Catholic Mass Service with Father Gene – Parlor at 2:30pm

**September 28:** Resident Trip – TBD

**September 29:** September Birthday Party/Happy Hour with John Oliver – Lobby at 2:00pm
**Religious Services & Events:**

**Tuesdays & Thursdays:** Rosary Communion Service - Located in the Parlor at 3:00pm

**Sundays:** Catholic Communion Service - Parlor at 9:00am Canceled until September

**4th Wednesdays:** Catholic Mass Services at 2:30 - Located in the Parlor

**Sundays:** Grace Christian Church - Located on 3rd Floor at 11:00am

**2nd Sundays:** St. John's Baptist Church at 2:30pm - Located on 3rd Floor

**2nd and 4th Fridays:** Jewish Services with Rabbi Baron at 11:00am - Located in the Parlor

*On our updated website you can find the month’s activity calendar, newsletter, and movie listings!*

**Plenty to Appreciate**

Flowers. Perfume. Jewelry. Clothing. These are just some of the ways you can show your wife you love her on Wife Appreciation Day, the third Sunday in September. But what do wives really want? Romance doesn’t necessarily have to mean a $100 bouquet. A surprise $10 bouquet of flowers from the supermarket on a weeknight can sometimes be even more romantic. Another show of appreciation is to create a sweet routine. Does your wife like a cup of coffee in the morning? Prepare it just the way she likes it and bring it to her. The advantage of being her husband is that you know things about her that no one else does. Is her cell phone on the verge of becoming obsolete? Get her a new one. Does she hate doing the dishes? Step up and empty the dishwasher and then load all the dirty dishes. Not only are you being helpful but you’re showing her that you are paying attention to her needs. Of course, if all else fails, there is absolutely nothing wrong with getting your wife jewelry and shoes. Just make sure it’s jewelry and shoes that she wants, not that you want her to have.

**Septemberfest**

The confusing thing about the German celebration of Oktoberfest is that it begins in September! Five o’clock in the morning in Germany on September 16, to be exact. While many consider Oktoberfest to be a 16-day-long beer festival, its roots have nothing to do with beer. The first Oktoberfest was held in Bavaria on October 12, 1810, on the occasion of the marriage of Crown Prince Ludwig to Princess Therese von Sachsen-Hildburghausen. It was so much fun that Oktoberfest became an annual celebration, yet it wasn’t until 1818 that beer halls were added to the live music and horse racing. Then, in order to extend the celebration and take advantage of better weather, Oktoberfest was moved to September.
Appleseed Fact and Fiction

On September 26, 1774, John Chapman was born, yet the world would come to know him as Johnny Appleseed and memorialize his life work in fantastic tales. For this reason, September 26 is Johnny Appleseed Day.

Unlike the fictional tall-tale characters Paul Bunyan and John Henry, Johnny Appleseed was a real man. His passion for apple trees began in his teenage years, when he got a job working in an apple orchard. While the popular image of Johnny Appleseed is that of a man wandering the continent spreading handfuls of apple seeds, Johnny Appleseed was far more deliberate in his plantings. The law of the frontier granted land rights to anyone who developed a homestead, and a nursery of 50 trees fit that definition. In this way, Johnny would raise his nursery and then sell the land to settlers. In this manner, Johnny Appleseed came to own over 1,200 acres over 100,000 square miles of frontier wilderness.

Furthermore, Johnny’s apples weren’t for eating. He planted the small, tart varieties of apples known as “spitters,” because that’s what you did when you tasted them. These were the perfect apples for making hard cider, which in Revolutionary America was a far more valuable commodity than edible apples. Water was considered unsafe for drinking due to harmful bacteria, whereas fermented, alcoholic cider was far safer. Sadly, during the Prohibition Era of the 1920s, many of Johnny Appleseed’s original nurseries were axed, and the American tradition of cider making was decimated.

Despite the government’s best efforts during Prohibition, the legacy of Johnny Appleseed lives on. The image of Johnny, barefoot and wearing threadbare clothes, is not fiction but fact. As a member of the New Church, he preached that nature and God were intertwined. As such, he lived a spare, nomadic life, loved animals, and was a vegetarian. But that tin pot on his head? It most likely sprang from the rumor that he wore a tin cloth hat that he used as a dinner plate.

September Birthdays

In astrology, those born from September 1–22 are Virgos. Detail-oriented Virgos have a deep sense of humanity, a trait that makes them careful, tender, and practical. Since all that attention to detail is put into the service of others, Virgos make perfect humanitarians. Those born between September 23–30 balance the scales of Libra. Libra epitomizes fairness and harmony in all dealings large and small. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm.

Lily Tomlin (comedienne) – September 1, 1939
Buddy Holly (musician) – September 7, 1936
Sid Caesar (comedian) – September 8, 1922
Jesse Owens (Olympian) – September 12, 1913
Prince Harry of Wales – September 15, 1984
Greta Garbo (actress) – September 18, 1905
Stephen King (writer) – September 21, 1947
Phil Rizzuto (ballplayer) – September 25, 1917
Enrico Fermi (scientist) – September 29, 1901
Johnny Mathis (singer) – September 30, 1935

Slovenian Cow Belles

In Slovenia’s Bohinj Valley, cows are the real belles of the ball on the third Sunday in September. After spending the summer eating their fill in the fertile upland pastures, the cows return to their winter homes in the valley below with great fanfare known as the Cows’ Ball. The cows are decked out in beautiful wreaths and paraded through the village by local herders, cheese makers, and milkmaids. The cows don’t have all the fun—humans enjoy live Slovenian folk music and dancing, as well as competitions in log sawing, horseshoe-throwing, and shooting. The entire celebration is laid out at the edge of Lake Bohinj, a beautiful alpine lake surrounded by snow-capped mountain peaks reminiscent of The Sound of Music. These hills, too, are alive, but with the sound of mooing.