

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March 2018</p>				<p>1. Peanut Butter Lover's Day 9:00 OJ Cart 3rd 9:45 Volleyball 2nd 10:00 Senior Center sign up 10:00 Hand & Hand 3rd 10:00 Peanut Butter Jeopardy 2nd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:00 Making Peanut Butter Fudge 2nd 11:30 Music Therapy 3rd 12:00 Dining Harp Music 1st 1:00 Hand Messages upon request ext. 1414 1:30 Zumba Chair 2nd 2:00 Harp Music 3rd 2:30 Visits 3rd 3:00 Comfort Visits 3rd 3:30 Peanut Butter Snack 3rd 4:00 Name That 3rd 6:00 Men's Club 2nd</p>	<p>2. Banana Cream Pie Day 9:45 Stretch 2nd 10:00 Assisted Living Council 2nd 10:00 1:1 Fitness 3rd 10:30 Body Balance 2nd 11:00 Long Term Care Council 3rd 11:30 Music Therapy 3rd 1:00 Hand Messages upon request ext. 1414 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Happy Hour 1st 4:00 Nail Care 3rd 6:00 Making Banana Cream Pie 3rd</p>	<p>3. National Anthem Day 10:00 National Anthem 2nd 10:15 National Anthem Information 2nd 10:30 New Covenant Bible Study 2nd 11:00 Weekend Workout 2nd 2:00 Leitzer Brothers Performance 3rd 4:00 Comfort Visits 3rd 6:00 Saturday Night Movie 2nd Please follow directions on television stand</p>

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<p>4. 9:45 Stretch 2nd 10:30 Saint Francis De Sales Catholic Church Service 2nd 1:30 Pet Therapy With Snickers 3rd 2:00 The Mc Band Concert 3rd 4:00 Comfort Visits 3rd</p>	<p>5. 9:45 Stretch 2nd 10:00 1:1 Fitness 3rd 10:00 Crossword 2nd 10:00 Walmart advance sign up 10:30 Music & Movement 2nd 11:00 Wire Art 2nd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2nd 2:00 Ice Cream & Music with Banjo Jay 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 4:00 Story Visits 3rd 6:00 Wheel of Fortune 3rd</p>	<p>6. 9:00 Coffee Cart 3rd 9:45 Basketball 3rd 10:00 Hand & Hand 3rd 10:00 Pet Therapy With Jack 3rd 10:15 Magazine Cart 3rd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:15 Color Therapy 3rd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Zumba Chair 2nd 2:00 Sax Time 3rd 3:00 Comfort Visits 3rd 3:00 Bingo 2nd 4:00 Jokes 3rd 6:00 Independent Games Please find games in activity rooms</p>	<p>7. Cereal Day 9:45 Stretch 2nd 10:00 1:1 Fitness 3rd 10:00 Bible Study 2nd 10:30 Music & Movement 2nd 11:15 Pit Turkey advance sign up 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2nd 2:00 Acoustic Visits 3rd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:30 Cereal Snack Cart 3rd 4:00 Memory 3rd 6:00 Bingo 3rd 6:30 Pet Therapy With Bethanie 3rd</p>	<p>8. Popcorn Lover Day 9:00 OJ Cart 3rd 9:45 Volleyball 2nd 10:00 Hand & Hand 3rd 10:00 Popcorn Jeopardy 2nd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Regal Movies advance sign up 1:30 Zumba Chair 2nd 2:00 Jazz Guitar 3rd 2:30 Visits 3rd 3:00 Comfort Visits 3rd 3:30 Popcorn Cart 3rd 4:00 Name That 3rd 6:00 Gospel Music 3rd</p>	<p>9. 9:45 Stretch 3rd 10:00 1:1 Fitness 3rd 10:00 Flower Arranging 3rd 10:30 Body Balance 2nd 11:00 Flower Visits 3rd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 4:00 Nail Care 3rd 6:00 Jeopardy 3rd 6:30 Pet Therapy With Gwynn & Rosible 3rd</p>	<p>10. 10:00 Weekend Work Out 2nd 10:30 Heaven Sent 2nd 11:15 Mad Lib Story 2nd 2:00 Spreading Smiles Group from HCC Nursing Students 3rd 4:00 Comfort Visits 3rd 6:00 Saturday Night Movie 2nd Please follow directions on television stand</p>

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11. Daylight Saving Time Begins 9:00 Coffee Cart 3 rd 10:30 Girl Scout Bingo 3 rd 1:30 Comfort Visits 3 rd 3:00 Mountain Christian Church Service 2 nd	12. Plant a Flower Day 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Plant A Flower 2 nd 10:00 Wockenfuss <i>advance sign up</i> 10:30 Music & Movement 2 nd 11:00 Name That Flower 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Strength Training 2 nd 2:00 Open Cabinet & Ice Cream 1 st 2:30 Glamour Girls 3 rd 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 4:00 Stories Visits 3 rd 6:00 Wheel of Fortune 3 rd	13. 9:00 Coffee Cart 3 rd 9:45 Basketball 3 rd 10:00 Hand & Hand 3 rd 10:15 Magazine Cart 3 rd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:15 Color Therapy 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Redeemer Performance 1 st 2:30 Zumba Chair 2 nd 3:00 Bingo 2 nd 3:00 Pet Therapy With Ava 3 rd 3:30 Comfort Visits 3 rd 4:00 Jokes 3 rd 6:00 Independent Games <i>Please find games in activity rooms</i>	14. Dietitian Day 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Bible Study 2 nd 10:00 Pet Therapy With Taz 3 rd 10:30 Music & Movement 2 nd 11:15 Healthy Salad Lunch In <i>advance sign up</i> 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:30 Healthy Snack Cart 3 rd 4:00 Memory Game 3 rd 6:00 Bingo 3 rd	15. 9:00 OJ Cart 3 rd 9:45 Volleyball 2 nd 10:00 Hand & Hand 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:30 Music Therapy 3 rd 12:00 Piano Dining Music 1 st 1:00 Balance Screen 2 nd 1:00 Casino Trip <i>advance sign up</i> 1:30 Zumba Chair 2 nd 2:00 Shamrock Craft 3 rd 2:30 Visits 3 rd 3:00 Comfort Visits 3 rd 3:30 Drink Cart 3 rd 4:00 Name That 3 rd 6:00 Men's Club 2 nd	16. 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Bagpipes 3 rd 10:30 Body Balance 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request</i> 1:30 Joint Therapy 2 nd 1:30 Silver Reader Van 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 4:00 Nail Care 3 rd 6:00 Saint Patty's Day Painting 3 rd	17. St. Patrick's Day 10:00 Weekend Work Out 2 nd 10:30 Eternal Joy Bible Study 2 nd 11:00 Shamrock Pretzel Pops 2 nd 12:00 Corn Beef and Cabbage Lunch 2:00 Saint Patty's Party with Gary 3 rd 4:00 Comfort Visits 3 rd 6:00 Saturday Night Movie 2 nd <i>Please follow directions on television stand</i>

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18. 9:45 Stretch 3 rd 10:30 Bingo 3 rd 1:30 Comfort Visits 3 rd 1:30 Pet Therapy With Snickers 3:00 Emmorton Baptist 2 nd	19. Birthday Party 9:45 Stretch 2 nd 10:00 Catholic Communion 2 nd 10:00 Target <i>advance sign up</i> 10:00 1:1 Fitness 3 rd 10:30 Music & Movement 2 nd 11:00 Butterfly Craft 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Strength Training 2 nd 2:00 Birthday Party with J & J 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 4:00 Story Visits 3 rd 6:00 Wheel of Fortune 3 rd	20. Spring Begins 9:00 Coffee Cart 3 rd 9:45 Basketball 3 rd 10:00 Hand & Hand 3 rd 10:00 Pet Therapy With Jack 3 rd 10:15 Magazine Cart 3 rd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:15 Spring Color Therapy 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Zumba Chair 2 nd 2:00 Accordion Show 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 4:00 Spring Jokes 3 rd 6:00 Independent Games <i>Please find games in activity rooms</i>	21. Poetry Day 9:45 Stretch 2 nd 10:00 Bible Study 2 nd 10:00 1:1 Fitness 3 rd 10:30 Music & Movement 2 nd 11:15 Pizza <i>advance sign up</i> 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:30 Drink Cart 3 rd 4:00 Poetry Visits 3 rd 6:00 Bingo 3 rd	22. 9:00 OJ Cart 3 rd 9:45 Volleyball 2 nd 10:00 Hand & Hand 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Zumba Chair 2 nd 2:00 Travel Time 3 rd 2:30 Visits 3 rd 3:00 Comfort Visits 3 rd 3:30 Snack Cart 3 rd 4:00 Name That 3 rd 4:30 Dinner Out <i>advance sign up</i>	23. 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Irish Adventure 3 rd 10:30 Body Balance 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request</i> 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 4:00 Nail Care 3 rd 6:00 Jeopardy 3 rd	24. 10:00 Weekend Work Out 2 nd 10:30 Mount Zion Bible Study 2 nd 11:00 Flower Candy 2 nd 2:00 Ageless Games with Roy 3 rd 4:00 Comfort Visits 3 rd 6:00 Saturday Night Movie 2 nd <i>Please follow directions on television stand</i>

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25. Palm Sunday 9:00 Coffee Cart 3 rd 10:30 Palm Sunday Service with Mount Zion Baptist Church 2 nd 2:00 Bingo 3 rd 4:00 Comfort Visits 3 rd	26. Maryland Day 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Best Things About Maryland 2 nd 10:00 Dollar Tree advance sign up 10:30 Music & Movement 2 nd 11:00 Maryland Craft 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 4:00 Story Visits 3 rd 6:00 Wheel of Fortune 3 rd	27. 9:00 Coffee Cart 3 rd 9:45 Basketball 3 rd 10:00 Hand & Hand 3 rd 10:15 Magazine Cart 3 rd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:15 Color Therapy 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Zumba Chair 2 nd 2:00 Lynn Roxy 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 3:00 Pet Therapy With Ava 3 rd 4:00 Jokes 3 rd 6:00 Independent Games Please find games in activity rooms	28. 9:45 Stretch 2 nd 10:00 Bible Study 2 nd 10:00 1:1 Fitness 3 rd 10:00 Pet Therapy With Taz 3 rd 10:30 Music & Movement 2 nd 11:15 Burgers advance sign up 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:30 Drink Cart 3 rd 4:00 Memory Game 3 rd 6:00 Bingo 3 rd	29. Baseball Opening Day 9:00 OJ Cart 3 rd 9:45 Baseball Catch 2 nd 10:00 Hand & Hand 3 rd 10:00 Baseball Jeopardy 2 nd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Ripken Stadium Scenic Trip advance sign up 1:30 Zumba Chair 2 nd 2:00 Baseball Craft 3 rd 2:30 Visits 3 rd 3:00 Comfort Visits 3 rd 3:30 Cracker Jack Snack Cart 3 rd 4:00 Name That Baseball Player 3 rd 6:00 Men's Club Baseball Tribute 2 nd	30. Good Friday 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Good Friday Program 3 rd 10:30 Body Balance 2 nd 11:00 Bunny Cupcakes 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request 1:30 Joint Therapy 2 nd 2:00 Ice Cream With The Oriole Bird 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 4:00 Nail Care 3 rd 6:00 Jeopardy 3 rd	31. 10:00 Weekend Work Out 2 nd 10:30 Easter Craft 2 nd 2:00 Bingo 3 rd 4:00 Comfort Visits 3 rd 6:00 Saturday Night Movie 2 nd Please follow directions on television stand

