

Harmony Hall



Celebrating June

Iced Tea Month

Zoo and Aquarium Month

Fireworks Safety Month

June 1–July 4

The Wicket World of Croquet Day

June 2

Yo-Yo Day

June 6

Flag Week

June 10–16

Father's Day (U.S.)

June 17

World Music Day

June 21

“Happy Birthday to You” Day

June 27

Rose-Colored History

This June, Rose Month, consider how a rose is more than just a mere flower. Roses are filled with symbolism and meanings that change depending on the color of the flower: red means love and passion, pink means gratitude and admiration, white means innocence, and yellow means friendship. These color-coded meanings, however, are relatively recent inventions. The symbolic importance of roses dates back to the ancient Greeks, Romans, and Persians.

Greeks told the myth of Chloris, goddess of the flowers, who transformed a woodland nymph into the “Queen of Flowers,” the most beautiful flower in all the world. Chloris’ husband, the West Wind, blew away the clouds so that Apollo, the god of the sun, could shine his divine light down on her. Aphrodite, the goddess of beauty, gave the flower its form. Dionysus, the god of wine, bestowed an intoxicating aroma. The three Graces gave the flower charm, joy, and splendor. It was Aphrodite who named the flower Rose, rearranging the letters of the name of her son, Eros, the god of love. The rose’s unparalleled beauty was used by Iris, the rainbow goddess, and Aurora, the goddess of the dawn, to paint the morning sky. Eros would eventually use a rose to bribe Harpocrates, the goddess of silence, to keep the many secrets of his mother, Aphrodite. In these ways, the rose became a symbol of beauty, love, and silence for Greeks and Romans.

Persian legends, too, hold the rose in high esteem. The rose has grown naturally for millennia throughout the Middle East and is associated with the creation of the world and mankind. In early June, the city of Kashan in Iran holds its centuries-old Rose Festival, an annual harvest of desert roses. The roses are distilled into fragrant rose water and pure rose oils. Roses were first carried back to Europe from these harvests. Indeed, much of our modern reverence for the rose stems from these ritual harvests in Persia.



Music Appreciation

June 6: Music Appreciation with David; Wolfgang Amadeus Mozart. Pt.1

June 13: Music Appreciation with Mike; Leif Ove Andsnes' Personal Collection of Encores.

June 20: Music Appreciation with David; TBA.

June 27: Music Appreciation with Mike: Tchaikovsky's 1812 Overture - Fact or Cr*p Edition.

Opera

June 1: Wolfgang Amadeus Mozart's "Magic Flute":
In this Mozartian fantasy, the mysterious Queen of the Night sends a Prince to rescue her daughter, abducted by the Queen's arch-nemesis.

June 8: Conclusion of Mozart's "Magic Flute.

June 15: Giuseppe Verdi's "Les Vepres Siciliennes.:"A hard-core anti French Sicilian revolutionary discovers that he is connected to the hated French puppet governor of occupied Sicily.

June 22: Peter Tchaikovsky's "Eugene Onegin."
Tchaikovsky's operatic rendering of Pushkin's all-verse of the same name in which the beautiful daughter of a once-wealthy family in the Russian steppes falls for a wealthy neighbor who pushes her away.

Fields of Joy

The first Saturday in June has been designated Prairie Day to recognize the vast grassland ecosystem that is vital to our planet. The Great Plains of North America once stretched from the Canadian prairies of Manitoba, Saskatchewan, and Alberta, throughout America's Midwest, all the way into northern Mexico. The chief component of the prairie is the tall undulating grass with a deep root system capable of withstanding everything from drought to torrential rain. This 170 million-acre ecosystem was one of the most fertile habitats on the planet, supporting a diverse array of plants, birds, insects, and iconic animals such as the bison. Alas, only one percent of this habitat remains. The prairie has largely been converted to farmland, becoming North America's "breadbasket." The South American *pampas* and Russian *steppe* have suffered similar fates, but as in North America, preservation efforts are building.

June Upcoming Events

June 1st
Q&A with Debbie, Cherie & Danny – 10:30am
2nd Floor

June 12th
Resident Association – 2:00pm Movie Theater

June 21st
Just Bead It – 10:30am 2nd Floor
Resident Trip – Bare Bones – 10:30am Lobby

June 27th
Dr. Lazris Discussion – 10:00am 2nd Floor
The Fabulous 50+ Players – 2:00pm Lobby

June 28th
Annual Luau –11:00am to 1:00pm Courtyard

June 29th
June Birthday Party – 2:00pm Lobby

Religious Services & Events:

Tuesdays & Thursdays: Rosary Communion Service - Located in the Parlor at 3:00pm

Sundays: Catholic Communion Service- Parlor at 9:00am

4th Wednesdays: Catholic Mass Services at 2:30- Located in the Parlor

Sundays: Grace Christian Church - Located on 3rd Floor at 11:00am

2nd Sundays: St. John's Baptist Church at 2:30pm - Located on 3rd Floor

2nd and 4th Fridays: Jewish Services with Rabbi Baron at 11:00am - Located in the Parlor

On our updated website you can find the month's activity calendar, newsletter, and movie listings!

www.liveharmonyhall.com

New Schedule for Trips

- **Giant Trips every Tuesday at 2pm (1 hour) and every Friday at 11am (30 minutes)**
- **Walmart/Target every Monday at 10:30am (1 hour) – at least 3 people must attend**
- **Recreational trips are subject to time changes and cancellations when deemed necessary by Transportation**
- **If you need to schedule a transportation appointment, ask the Front Desk for more information**

Health Concerns

For Questions regarding Audiology, Dental, Eye Care and Podiatry services – please call HEALTHDRIVE AT (888) 964-6681, Option 3. If you want to sign up for any of these services contact Claro or Gimly at ext. 4026/4032.

Thank You

Please do not hesitate to call the Recreation Office at 410-531-6000 x 4022, and we will be happy to sign you up for the events you wish to attend.

Seeing What's Right

When Helen Keller was born on June 27, 1880, no one knew she would grow into a famous advocate of the blind and deaf. Her life story, nonetheless, has inspired countless people. Keller was not born deaf or blind. She lost these senses after contracting a childhood fever. She lived an isolated and frustrating childhood, imposed on her by her inability to communicate. It was a teacher, Anne Sullivan, who broke through this barrier. For 49 years, Sullivan and Keller worked as teacher and pupil. Keller became the first deaf and blind person to earn a college degree, thanks to Sullivan and friendships with author Mark Twain and oil executive Henry H. Rogers. Keller became an educator, lecturer, and activist, promoting political and social equality for women and the disabled. She helped found the American Civil Liberties Union in 1920. Helen Keller is often presented as one of the best examples of the triumph of the human will and spirit. Despite her many perceived disabilities, she dedicated her life to the betterment of others.

Tale of the Tape



June 14–16 heralds Duct Tape Days, and it is no coincidence that this celebration aligns with Father's Day on June 17. After all, duct tape is Dad's most versatile tool.

Duct tape was originally invented by Johnson & Johnson during World War II as a cloth-based waterproof tape used to seal ammunition boxes. It wasn't a man who invented it, but the mother of two Navy sailors, who believed so much in her idea she wrote a letter to President Franklin Delano Roosevelt touting her invention. The rest is history, and men have been obsessed with duct tape ever since. After all, duct tape can be used for everything from taping ducts to curing warts, removing pet hair, mending tubes of toothpaste, plugging leaky canoes, and catching insects. Of course, women use it, too. Some innovators have even gone so far as to create duct tape wallets, shoes, and dresses. Look no further for the perfect Father's Day gift.

Humans Smart, Phones Smarter



On June 29, 2007, the very first iPhone was released to the world, a debut that changed both the Apple corporation and the world. For the first time, humans held a smartphone in their hands, a device that did not just make phone calls, but browsed the Internet, sent and received email, played music, movies, and games, took pictures, had a GPS... all in a little pocket-sized box with a really cool touchscreen. It was like holding the future in the palm of your hands.

About a year after the iPhone's debut came another important innovation that made the smartphone even smarter: the so-called App Store. Applications, or apps, now allowed smartphones to become anything and everything users wanted them to be. These apps are mini-programs. Some apps are as simple as games. Others created an entirely new economy: cars can be summoned with Uber and Lyft, money transferred with Zelle, and pictures shared with Snapchat and Instagram.

Nowadays the iPhone isn't the only smartphone on the block. Following Apple's success, plenty of other tech companies quickly built their own smartphones. It seems that every man, woman, and child carries one, and in this manner smartphones have revolutionized society itself. We have access to more information now than we have had in the entirety of human history, and we can share this information in the blink of an eye. We no longer just share photos of our family vacations but of political coups and social injustice. But current research also tells a story of smartphone addiction. We have become so attached to our smartphones that we can't bear to live without them. People are sleeping with their phones within reach, checking their screens at all hours. Without downtime away from our phones, our nervous systems are in states of overload, making us both wired and tired all the time. No wonder young people today suffer anxiety when they are apart from their phones. So, have smartphones outsmarted us? Only time will tell.

June Birthdays

In astrology, those born between June 1–20 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends. Those born between June 21–30 are Crabs of Cancer. Guided by their hearts, Crabs are deeply emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle.

Jerry Mathers (actor) – June 2, 1948
Anderson Cooper (journalist) – June 3, 1967
Prince (musician) – June 7, 1958
Cole Porter (composer) – June 9, 1891
Gene Wilder (actor) – June 11, 1933
Donald Trump (president) – June 14, 1946
George Mallory (explorer) – June 18, 1886
Brian Wilson (musician) – June 20, 1942
John Dillinger (bank robber) – June 22, 1903
George Orwell (writer) – June 25, 1903
Richard Rodgers (composer) – June 28, 1902

The King Is Born



On June 5, 1956, a young and charismatic musician named Elvis Presley appeared on *The Milton Berle Show*. While this was not Elvis' first television appearance, and not even his first appearance with "Uncle Miltie," his rendition of *Hound Dog* became at once both famous and infamous. Before this performance, Elvis was often captured on camera playing his guitar from the waist up. However, for *Hound Dog*, the 21-year-old Elvis threw aside his guitar so that America could watch him gyrate his body from head to toe. For these scandalous gyrations, he was dubbed "Elvis the pelvis" and panned by critics as gross and inappropriate. The publicity for this performance put Elvis into the spotlight and launched his career into orbit to become the "King of Rock 'n' Roll."