

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>February 2018</p>				<p>1. Dark Chocolate Day 9:00 OJ Cart 3rd 9:45 Volleyball 2nd 10:00 Hand & Hand 3rd 10:00 Chocolate Jeopardy 2nd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:30 Music Therapy 3rd 12:00 Dining Harp Music 1st 1:00 Hand Massages upon request ext. 1414 1:30 Wockenfuss advance sign up 1:30 Zumba Chair 2nd 2:00 Harp Music 3rd 3:00 Comfort Visits 3rd 3:30 Chocolate Cart 3rd 4:00 Name That 3rd 6:00 Men's Club 2nd</p>	<p>2. Groundhog Day 7:30 Groundhog Day Handout to all 9:45 Stretch 2nd 10:00 Assisted Living Council 2nd 10:00 1:1 Fitness 3rd 10:30 Body Balance 2nd 11:00 Long Term Care Council 3rd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Happy Hour 1st 6:00 Groundhog Jeopardy 3rd</p>	<p>3. Feed The Birds Day 10:00 Weekend Work Out 2nd 10:30 New Covenant Bible Study 2nd 11:00 Bird Feeder Craft 2nd 2:00 Gospel Music 3rd 4:30 Comfort Visits 3rd 6:00 Saturday Night Movie "The Maltese Falcon" 2nd Please follow directions on television stand</p>

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4. Super Bowl 9:45 Stretch 2 nd 10:30 Saint Francis De Sales Catholic Church Service 2 nd 1:30 Pets on Wheels with Snickers 2:00 Super Bowl Party 3 rd 4:00 Comfort Visits 3 rd 6:30 Watch the Super Bowl (CBS)	5. Weatherman Day 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Weatherman Word Game 2 nd 10:00 Walmart advance sign up 10:30 Music & Movement 2 nd 11:00 Weatherman Trivia 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2 nd 2:00 Sax Time with Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 4:00 Story Visits 3 rd 6:00 Wheel of Fortune 3 rd	6. 9:00 Coffee Cart 3 rd 9:45 Basketball 3 rd 10:00 Hand & Hand 3 rd 10:00 Pets on Wheels with Jack 10:15 Magazine Cart 3 rd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:15 Color Therapy 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Zumba Chair 2 nd 2:00 Lynn Roxy Show 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 4:00 Name That 3 rd 6:00 Independent Games Please find games in activity rooms	7. Ballet Day 9:45 Stretch 2 nd 10:00 1:1 Fitness 3 rd 10:00 Bible Study 2 nd 10:30 Music & Movement 2 nd 11:15 Fettucine Alfredo advance sign up 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Ballet Performance 1 st 3:00 Comfort Visits 3 rd 3:30 Drink Cart 3 rd 4:00 Ballet Craft 3 rd 6:00 Bingo 3 rd 6:30 Pets on Wheels with Bethanie	8. 9:00 OJ Cart 3 rd 9:30 Perryville Casino advance sign up 9:45 Volleyball 2 nd 10:00 Hand & Hand 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request ext. 1414 1:30 Zumba Chair 2 nd 2:00 Name That Jingle/TV Show 3 rd 3:00 Comfort Visits 3 rd 3:30 Snack Cart 3 rd 4:00 Jokes 3 rd 6:00 Gospel Music 3 rd	9. 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Flower Visits 3 rd 10:30 Body Balance 2 nd 11:00 Flower Visits 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages upon request 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 6:00 Jeopardy 3 rd 6:30 Pets on Wheels with Gwynn & Rosible	10. Umbrella Day 10:00 Weekend Work Out 2 nd 10:30 Heaven Sent 2 nd 11:15 Umbrella Craft 2 nd 1:30 Comfort Visits 3 rd 3:30 Trinity Valentine Caroling 3 rd 6:00 Saturday Night Movie "Mary Poppins" 2 nd Please follow directions on television stand

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<p>11. 9:00 Coffee Cart 3rd 10:30 Bingo 3rd 1:30 Comfort Visits 3rd 3:00 Mountain Christian Church Service 2nd</p>	<p>12. 9:45 Stretch 2nd 10:00 1:1 Fitness 3rd 10:00 Crossword 2nd 10:00 Dunkin advance sign up 10:30 Music & Movement 2nd 11:00 Flower Valentine Craft 2nd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2nd 2:00 Open Cabinet & Ice Cream 1st 2:30 Glamour Girls 3rd 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 4:00 Stories 3rd 6:00 Wheel of Fortune 3rd</p>	<p>13. Mardi Gras 9:00 Coffee Cart 3rd 9:45 Basketball 3rd 10:00 Hand & Hand 3rd 10:15 Mardi Gras Handout 3rd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:15 Mardi Gras Color Therapy 3rd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Zumba Chair 2nd 2:00 Mardi Gras Party With Banjo Jay 3rd 3:00 Comfort Visits 3rd 3:00 Pets on Wheels with Ava 3:00 Bingo 2nd 4:00 Jokes 3rd 6:00 Independent Games Please find games in activity rooms</p>	<p>14. Valentine's Day 9:45 Stretch 2nd 10:00 1:1 Fitness 3rd 10:00 Bible Study 2nd 10:00 Pets on Wheels with Taz 10:30 Music & Movement 2nd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2nd 1:30 Pet Therapy w/Snickers 3rd 2:00 Acoustic Visits 3rd 3:00 Comfort Visits 3rd 3:30 Drink Cart 3rd 4:00 Memory Game 3rd 5:00 Candlelight Dinner 1st advance sign up</p>	<p>15. 9:00 OJ Cart 3rd 9:45 Volleyball 2nd 10:00 Senior Center advance sign up 10:00 Hand & Hand 3rd 10:00 Jeopardy 2nd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:30 Music Therapy 3rd 12:00 Piano Dining Music 1st 1:00 Balance Screen 2nd 1:30 Zumba Chair 2nd 2:00 J & J Entertainment 3rd 3:00 Comfort Visits 3rd 3:30 Snack Cart 3rd 4:00 Name That 3rd 6:00 Men's Club 2nd</p>	<p>16. Chinese New Year 9:45 Stretch 3rd 10:00 1:1 Fitness 3rd 10:00 Chinese Fan Craft 3rd 10:30 Body Balance 2nd 11:00 Trip To China 3rd 11:30 Music Therapy 3rd 12:00 Chinese Lunch (all floors) 1:00 Hand Massages upon request 1:30 Joint Therapy 2nd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:15 Grand Piano Happy Hour 1st 6:00 Chinese New Year Jeopardy 3rd</p>	<p>17. 10:00 Weekend Work Out 2nd 10:30 Eternal Joy Bible Study 2nd 11:00 Current Events 2nd 1:30 Bingo 3rd 4:00 Comfort Visits 3rd 6:00 Saturday Night Movie 2nd Please follow directions on television stand</p>

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18. 9:45 Stretch 3 rd 10:30 Bingo 3 rd 1:30 Comfort Visits 3 rd 3:00 Emmorton Baptist 2 nd	19. President's Day 9:45 Stretch 2 nd 10:00 Catholic Communion 2 nd 10:00 Dollar Tree <i>advance sign up</i> 10:00 1:1 Fitness 3 rd 10:30 Music & Movement 2 nd 11:00 Presidents Day Trivia 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Strength Training 2 nd 2:00 Cherry Pie & Ice Cream with Gary 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 4:00 Presidential Stories 3 rd 6:00 Wheel of Fortune 3 rd	20. 9:00 Coffee Cart 3 rd 9:45 Basketball 3 rd 10:00 Hand & Hand 3 rd 10:00 Pets on Wheels with Jack 10:15 Magazine Cart 3 rd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:15 Color Therapy 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Zumba Chair 2 nd 2:00 Accordion Show 3 rd 3:00 Comfort Visits 3 rd 3:00 Bingo 2 nd 4:00 Jokes 3 rd 6:00 Independent Games <i>Please find games in activity rooms</i>	21. Sticky Bun Day 9:45 Stretch 2 nd 10:00 Bible Study 2 nd 10:00 1:1 Fitness 3 rd 10:30 Music & Movement 2 nd 11:15 Panera <i>advance sign up</i> 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Strength Training 2 nd 2:00 Acoustic Visits 3 rd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:00 Bowling 2 nd 3:30 Sticky Bun Cart 3 rd 4:00 Memory Game 3 rd 6:00 Bingo 3 rd	22. 9:00 OJ Cart 3 rd 9:45 Volleyball 2 nd 10:00 Hand & Hand 3 rd 10:00 Jeopardy 2 nd 10:30 Stability Stamina 2 nd 11:00 ADL Exercise 3 rd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request ext. 1414</i> 1:30 Regal Movies <i>advance sign up</i> 1:30 Zumba Chair 2 nd 2:00 Travel Time 3 rd 3:00 Comfort Visits 3 rd 3:30 Snack Cart 3 rd 4:00 Name That 3 rd 6:00 Heart Painting 3 rd	23. 9:45 Stretch 3 rd 10:00 1:1 Fitness 3 rd 10:00 Garden Club 3 rd 10:30 Body Balance 2 nd 11:30 Music Therapy 3 rd 1:00 Hand Massages <i>upon request</i> 1:30 Joint Therapy 2 nd 2:00 Open Cabinet & Ice Cream 1 st 3:00 Comfort Visits 3 rd 3:15 Grand Piano Happy Hour 1 st 6:00 Jeopardy 3 rd	24. Birthday Party 10:00 Weekend Work Out 2 nd 10:30 Mount Zion Bible Study 2 nd 11:00 Birthday Party Hat Craft 2 nd 2:00 February Birthday Party with Roy 3 rd 4:00 Comfort Visits 3 rd 6:00 Saturday Night Movie 2 nd <i>Please follow directions on television stand</i>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>25. 9:00 Coffee Cart 3rd 10:30 Mount Zion Baptist Church 2nd 1:30 Bingo 3rd 3:30 Comfort Visits 3rd</p>	<p>26. Carnival Day 9:45 Stretch 2nd 10:00 1:1 Fitness 3rd 10:00 Crossword 2nd 10:00 Target advance sign up 10:30 Music & Movement 2nd 11:00 Carnival Craft 2nd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2nd 2:00 Carnival Day Extravaganza 1st 2:30 Glamour Girls 3rd 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 4:00 Stories 3rd 6:00 Wheel of Fortune 3rd</p>	<p>27. 9:00 Coffee Cart 3rd 9:45 Basketball 3rd 10:00 Hand & Hand 3rd 10:15 Magazine Cart 3rd 10:30 Stability Stamina 2nd 11:00 ADL Exercise 3rd 11:15 Color Therapy 3rd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Zumba Chair 2nd 2:00 Snowman Snack 3rd 3:00 Comfort Visits 3rd 3:00 Bingo 2nd 3:00 Pets on Wheels with Ava 4:00 Jokes 3rd 6:00 Independent Games Please find games in activity rooms</p>	<p>28. 9:45 Stretch 2nd 10:00 Bible Study 2nd 10:00 Pets on Wheels with Taz 10:00 1:1 Fitness 3rd 10:30 Music & Movement 2nd 11:30 Music Therapy 3rd 1:00 Hand Massages upon request ext. 1414 1:30 Strength Training 2nd 2:00 Acoustic Visits 3rd 2:00 Open Cabinet & Ice Cream 1st 3:00 Comfort Visits 3rd 3:00 Bowling 2nd 3:30 Drink Cart 3rd 4:00 Memory Game 3rd 4:30 Dinner Out advance sign up</p>			