Residents’ Corner …

March … another exciting time of the year for all of our spring weather fans. We had our share of snow this winter so let’s hear it for SPRING!!! Let’s hope that March comes in like a lion but goes out like a lamb. Now, let’s take a look at all of the awesome activities the month of March has to offer us …

Recognition Dates, March 2016

* National Long Term Care Administrators’ Week 3/13-19
* National Doctor’s Day 3/30
* National Social Worker Month

Church Services

The church groups that visit Lorien Riverside are open to anyone willing to listen to their spiritual messages of healing and hope. Please consider joining any or all of these services.

♦ Tuesday, March 1st at 10:30 A.M. J.W. Bible Study (MPR)

♦ Thursday, March 3rd (1st Floor) and Sunday, March 20th (2nd Floor) at 2:00 P.M. Riverside Gospel Hour

♦ Sunday, March 6th at 2:30 P.M. Mt. Zion Missionary Baptist Church (1st Floor)

Lorien Nursing & Rehabilitation Center — Riverside
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(410) 575-6400
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♦ Wednesday, March 9th and 23rd at 10:30 A.M. Women of Grace Bible Study (MPR)

♦ Saturday, March 12th at 10:30 A.M. Rooted Bible Fellowship and at 2:00 P.M. Ebenezer Baptist Church (1st Floor)

♦ Sunday, March 13th at 2:00 P.M. Word of Faith (1st Floor)

♦ Saturday, March 19th at 10:30 A.M. New Destiny & Temple of Salvation at 2 P.M (1st Floor)

♦ Tuesday, March 22nd at 6 P.M. Cokesbury United Methodist Church

**Deacon Dan from St. Joan of Arc Catholic Church visits us every other Friday morning at 11:00 a.m. in the main dining room. To receive Holy Communion please meet us there. Thank you.**

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Special Entertainers

- Larry Scott - Saturday, March 5th at 2:00 P.M. (2nd Floor)
- Just Having Fun Singers - Saturday, March 5th at 2:00 P.M. (1st Floor)
- Karaoke with Kathy - Monday, March 7th at 2:00 P.M. (1st Floor) (MPR)
- Music By Friends - Monday, March 7th at 10:30 A.M. (1st Floor) & Tuesday, March 15th at 10:30 A.M. (2nd Floor)
- Heart & Soul - Wednesday, March 9th at 2 P.M. (1st Floor)
- Harpist - Thursday, March 10th at 10:30 A.M. (2nd Floor)
- Lynn Roxy - Friday, March 11th at 2:00 p.m. (1st Floor)
- Hamilton Old Timey Gospel Hour - Monday, March 14th at 7:00 P.M. (1st Floor)
- Music with Al Buecker - Monday, March 21st at 10:30 A.M. (2nd Floor)
- Drum Circle - Wednesday mornings at 10:15 A.M. (2nd Floor)
- Tom Cooke - (Acoustic Guitarist & Vocalist) Room Visits Wednesday Mornings, 10 A.M. - 12 P.M.

Bingos

- Wednesday Night Bingos - from 6:30 - 7:30 P.M. (1st Floor)
- Thursday Morning Quarter Bingos - 10:00 - 11:00 A.M. (MPR) (1st Floor)
- Friday Afternoon Bingo - March 18th at 2 P.M. (2nd Floor)

Resident Council Meeting

This month, we will be meeting on Wednesday, March 30th at 2:00 P.M. on the 1st Floor. These meetings can be beneficial and informative to you whether you are a long-term resident, here for rehabilitation, or new to the facility. We meet once a month to offer an open forum to discuss any questions, concerns, policies, procedures, or upcoming special events.

Silver Reader

This month the Silver Reader visits us on Thursday, March 3rd and 24th at 1:00 P.M. (in the multipurpose room). Please have your returns ready to expedite their visit. If you have any special requests, please let us know, and we will contact our friendly librarians in advance. They carry a large variety of books (large print available), books on tape, CDs, and DVDs. They visit every three weeks. If you are not already a member of the Harford County Library, why not consider signing up?

Church at Riverside

March 3rd at 6:00 P.M. - Lip Sync
March 31st at 6:00 P.M. - Game Night
Donations are Needed for the Activities Department!

Please drop off with the front desk. Thank you in advance for your donation.

- Cotton balls, nail polish, remover
- Costume jewelry
- Purses, wallets, coin purses
- Large print word search
- Dollar Tree items

National Kidney Awareness Month

March is National Kidney Awareness Month. According to the American Cancer Society, more than 50,000 in the last year have been diagnosed with kidney cancer. Sometimes kidney cancer is called by its medical name, renal cell carcinoma. Renal is from the Latin word renalis for kidneys. Kidney cancer includes various forms, including clear cell, papillary, sarcomatoid, transitional cell, and others. Some patients are diagnosed before the cancer has spread to other parts of the body, while others have metastatic disease when their cancer is initially diagnosed. Surgery may be the first course of treatment, or systemic treatment. Some symptoms are blood in the urine, abdominal or flank pain, weight loss, low blood counts (anemia), tumor calcification or x-ray, symptoms of metastases, fever, high calcium in blood, high blood counts. The Kidney Cancer Association is available to assist you in many ways, including providing written information on the disease, treatment options, and resources.

Orange and green are the signature colors for kidney cancer.

Resident of the Month, Addie B. Cotton

Addie was born in Badin, North Carolina, on January 8, 1923. Addie has 3 brothers and 2 sisters. She has lived most of her life in Philadelphia, PA. Addie married Bernard Cotton in July, 1955. They had 6 children, 2 girls and 4 boys. She has 20 grandchildren and 18 great-grandchildren. Addie worked at Hancock Paper Company in Philadelphia, PA.

The best words that describe Addie are loving, thoughtful and faithful. She loves gospel music and going to church, she is proudest of her strong faith in Jesus Christ. Addie took great pride in teaching her children to be honest and treat others with respect.

Addie’s favorite foods are “KFC” and hot dogs. Her favorite place to be would be in New Orleans; she loves to travel and her favorite color is white. She doesn’t like wearing pants, however she loves to sing. Addie’s advice for a young person today would be to make God #1 and everything you need in life will follow.

Beauty Shop

Our beauty shop is open each Wednesday from 9:30 a.m. - 3:30 p.m. If you would like to schedule an appointment, please see the front desk. Our list is on a first come, first serve basis. When our list is full, you will be added to the following week’s list. Payment must be made before we can add you on our list.

We have a limit of 2 perms per week, so sign up early in advance.

Thank you,

Beauty Shop
Resident Birthdays

Agnes Fear        3/04
Blanche Finley    3/15
Sarah Dickerson   3/19
Donald Peterson   3/19
Johnnie Horton    3/25
Junior McGrady    3/25
Bettie Elledge    3/28

Employee Birthdays

Kimberly Bull     3/02
Christopher Cannon 3/05
Julie Galata      3/05
Dawn Pencek       3/07
Yolanda Cox       3/09
Sheila Grace      3/09
Virginia Smith    3/18
Deborah Stansbury 3/19
Joshua White      3/21
Jason Carrothers  3/22
Brian Hardy       3/23
Vonnika Kenner    3/27
Brittany Mason    3/28
Michele Lewis     3/30

Employee Anniversaries

Kimberly Bull     1 Year
Neneh Leigh       1 Year
Louise Barnes     2 Years
Brian Hardy       2 Years
Ginikachuku Iwuchukwu 2 Years
Kathleen Norman   2 Years
Chelsea Sadler    2 Years
Richelle Wallace  3 Years
Donna Mitchell    5 Years
Barbara Walton    5 Years
Christopher Bratton 6 Years
Latisha Fleet     6 Years
Michelle Davis    7 Years
Michelle Woodman  7 Years
Tina McCoy        9 Years
Loretta Atchison  12 Years

Please Welcome

Our New Hires!

Victoria Krysiak, RN
Gloria Belmonte, LPN
Donna Baran-Thomas, LPN
Janice Martinez, GNA
Amber Gelvar, CMA
Robin Coleman, RN
**St. Patrick’s Day**

Every year on March 17th, the Irish and the Irish-at-heart across the globe observe St. Patrick’s Day. What began as a religious feast day for the patron saint of Ireland has become an international festival celebrating Irish culture with parades, dancing, special foods and a whole lot of green.

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**Ah, Spring!**

The vernal equinox is the first day of the year when we have twelve hours of daylight and twelve hours of night.

If you stand at the equator on the first day of spring, you will see the sun pass directly overhead. This only happens twice a year: the first day of spring and the first day of autumn.

Baby birds learn to sing during spring. Although they are born with the ability to sing, they must learn the specific songs of their species. They often learn their songs within two months of being born.

Arizona and Hawaii do not follow daylight savings. They already have enough sunlight and hot weather, so it doesn’t make sense to confuse the sleeping cycle of their residents.

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**Early Easter this Year!**

This year is unusual as Palm Sunday, Good Friday and Easter are all in March, rather than April. In 325CE the Council of Nicaea decreed that Easter would be held on the first Sunday after the first full moon occurring on or after the vernal equinox.

The traditions for this most sacred of Christian holidays will remain the same, with worship and church at the forefront.
March Search-A-Word

K Q K D R O W A H C R A E S F A
D C I R E L A N D F K Q X L E S
U E I S O S I X Z S R E O A S D
B A S R H M J E L E V U T U T Q
L F V I T L D U T Q D W I T I J
I S S O N A A E M W A I R I V E
N E U E E P P Z R A H N R R A V
Z K S L E A T T K U R D E I L A
Q A E I R E S U N D A Y J P S U
E N J A G D E L B I B T D S K H
T S D C H R I S T I A N D D R H
A E X F K C O R M A H S Z Q U J
S O D H O U S E S S O H H C R A M
O J T S I L D R O W N V X O A I
K F H R L F T D R I H T S E H L
D S Y A D E N O Y T R I H T R J

MARCH WORD LIST

SAINT PATRICK
ERIE
SHAMROCK
PARADES
GREEN
IRELAND
DUBLIN
SNAKES

SOD HOUSES
PALM
SUNDAY
LENT
BIBLE
WINDY
MARCH
MUDDY

IRISH
THIRD
MONTH
THIRTY ONE
DAYS
FESTIVALS
SPIRITUAL
CHRISTIAN